



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

JUNE 2020



PRINCIPAL'S MESSAGE

Dear Children,

This edition of EPICS is so special as this is the first time we are publishing our monthly magazine during the summer vacation. It is just to make you more happy and

to provide a creative platform to develop your reading and creative writing skills. I am sure you must have enjoyed the online classes. In this summer vacation too we are planning some online activities to make you more happy. Will intimate you about it shortly.

Covid 19 has taught us many things in our life. Just trust the here and now; everything else can change in a matter of minutes! So, live in the present and do not take experiences for granted. Every cloud has a silver lining – we are getting a lot of time to ourselves. Use that time as best as you can. Take time out to cultivate hobbies, interests and passions. Think of the worst that can happen and plan for it. Learn from experience and grow confidence. At this point of time, I wish to remind you of one thing- gratitude. Be grateful in life for all the positives that you have.. Let's discuss about the benefits of being grateful in this edition.

1. It gives you a more positive outlook

Being grateful can make you a far more positive and optimistic person. According to a study from the University of Miami, people who wrote down things they were thankful for, were proven to have a more optimistic outlook on life, than those who only wrote down only negatives or neutral things who were significantly less optimistic.

2. It improves your sleep

When you doubt yourself or have negative thoughts, you might often find it hard to get to sleep. It is no surprise that focusing on the positives in your life will have a positive impact on the quality of your sleep. Simply jot down a list of things you're thankful for before you hit the sack, and get ready to experience a good night's sleep.

3. It helps you love yourself

Nowadays, people have a major tendency to compare themselves to others in every possible way. However, a grateful person will drastically reduce the harmful

effects that making such comparisons can have. In fact, a study from Indonesia's Bina Nusantara University proved that grateful people are more satisfied with their own lives and made fewer comparisons to others, than ungrateful people are.

4. It helps you make friends

Researchers from the University of New South Wales have found that people are more likely to want to become friends with you if you thank them for something. This is because expressing gratitude is a valuable signal that you are someone with whom a high-quality relationship could be formed.

5. It makes you less materialistic

If you find yourself pursuing money and possessions, over your well-being and relationships, then you could be heading down a very dark and slippery path. Luckily, adding a bit of gratitude into the mix can help turn your life around by making you more positive and willing to appreciate what you have, instead of yearning for what you want.

6. It boosts your willpower

In order to successfully resist temptation, you need to start by being grateful. This is because gratefulness and patience go hand in hand, which helps to explain why grateful people are a lot more patient in social situations. It optimises one's will power and self-control and saves you from triggers and sudden reactions .For instance, you become strong enough to avoid impulse- buying , thus being able to curb cravings to a greater extent.

7. It gives you a healthy heart

A grateful heart is a healthy heart. The researchers found that higher levels of gratitude resulted in lower levels of cardiac inflammation, and were also able to produce healthier heart rhythms in patients with heart failure.

My dear Children, let me trust that everything is fine at your end. Be positive always. Remember that everything in the world is transitory. Nothing can exist forever, even the COVID 19. It will also pass over and we will overcome all these difficult days, as we have done in the past. Though you are in vacation, don't forget to positively engage your mind and body and make yourself happy. Wishing You a HAPPY SUMMER VACATION!!!

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ICSK ON FACEBOOK AND YOUTUBE

For enhancing our communication with parents, and for updating campus activities via our social media ie Facebook and YouTube, requesting the support of all stakeholders of ICSK in this regard.

Like & Subscribe ICSK in Face book and Youtube



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EDITORS' NOTE

Greetings from the Editorial Board.

Dear Children,

Welcome to the first edition of EPICS 2020-21. This year's editorial team is stepping in and we expect the whole hearted support and cooperation from the readers. Your suggestions and contributions are always welcome.

Covid-19 pandemic has brought the entire world to a complete halt. Amidst these testing times we at ICSK are marching forward with renewed hope and enthusiasm. This is the time, when we should be patient, cooperative and stand united. Patience is a wonderful tool of solving the problems in our life.

Patience is even more of a passive virtue than courage. You know the proverb, "Haste makes waste."

A hasty man or woman can never find out the truth of things. They look only at the surface. They are easily carried away by the appearance of things. When a hasty person makes a mistake he naturally feels for it afterwards, but he cannot undo the consequences of his hasty conduct.

An old proverb says, "The patient man will rule the world." Patience is the greatest ally of courage. So, this is the apt time for all of us to show patience and courage.

This is the best time to be creative. Your thoughts and ideas can be given an outlet by pursuing your field of choice. Be it reading, writing, drawing, cooking or even learning a new skill. Fruitfully utilize this period of lockdown so that our spirits are still high. Take time to learn something new. Where your thought directs, it will reflect your attitude and control your situations. Be happy in adverse situations. It makes us relax our mind, body and brain. Be patient and surrender to the Almighty.

Also exams are round the corner dear students. Face the examination with confidence. Do not procrastinate and regret about it later. Focus on your goals and emerge victorious.

Dear children we look forward to more contributions from you this year.

Send your valuable contributions to epicseditor@icsk-kw.com



Mrs. Susan George



Mrs. Tintu Wilson



Mrs. Sona Sunish

The Coral Triangle



Nature abounds in beauty. Its scintillating attractions makes us explore and unravel the secrets of the same. In this article, I would like to tell you about the Coral Triangle which has one of the most diverse and beautiful marine ecosystems.



JESWIN SUJJU
- 11A

The Coral Triangle is a roughly triangular area of the tropical marine waters of Indonesia, Malaysia, Papua New Guinea, Philippines, Solomon Islands and Timor-Leste that contain at least 500 species of reef-building corals in each region. This region encompasses portions of two biogeographic regions- the Indonesian-Philippines region and the far Southwestern Pacific Region. The Coral Triangle is recognized as the global center of marine biodiversity and a global priority for conservation. It is also called the "Amazon of the seas" and covers 5.7 million square kilometers of ocean waters. Its biological resources sustain the lives of over 120 million people. According to the Coral Triangle Knowledge Network, about 3 billion dollars in fisheries exports and another 3 billion dollars in coastal tourism revenues are derived as annual foreign exchange income in the region.

The WWF considers the region a top priority for marine conservation and the organization is addressing the threats it faces through its Coral Triangle Program, launched in 2007. The center of biodiversity in the Triangle is the Verde Island Passage in the Philippines, while the only coral reef site declared as a UNESCO World Heritage Site in the region is the Tubbataha Reef Natural Park, also in the Philippines.

While only covering 1.6% of the planet's oceanic area, the region has 76% of all known coral species in the world, As a habitat for 52% of Indo-Pacific Reef fishes and 37% of the world's reef fishes, it encompasses the highest diversity of coral reef fishes in the world. More than 3000 species of fish live in the Coral Triangle, including the largest fish - the whale shark and the coelacanth. It also provides habitat to six out of the world's seven marine turtle species. The Coral Triangle also has the greatest extent of mangrove forests in the world.

The Coral Triangle is the subject of high-level conservation efforts by nature conservation organizations such as the World Wide Fund for Nature, the Nature Conservancy and Conservation International, and donor agencies such as the Asian Development Bank and the Global Environmental Facility.



ICSK SENIOR REACHES ANOTHER MILESTONE BY ORGANIZING ONLINE SENATE ELECTION AND VIRTUAL INVESTITURE CEREMONY.

The Indian Community School Senior, organized a virtual investiture ceremony on 16th May 2020, in order to officially declare the newly elected student members of the school senate. ICSK Senior consists of a judicial core senate of student members and senate advisors also.



administered the oath to the Senate members and Prefects. As a symbolic gesture the symbolic office badges were invested upon the office bearers for the current year. This was indeed a proud moment for the children as the badges were invested upon them by their parents.

The Chief Guest for the occasion Lieutenant Colonel Sir Jason Belknap the Army Attache, Embassy of USA also addressed the gathering. He enthralled the children and teachers with his words of wisdom.

In order to select new members of the senate for the academic year 2020-2021, the ICSK Senior School, introduced a very distinctive rostrum to the children for the wise selection of members for the senate through systematic election procedures.

Joint Secretary and Mr. S. N Raju, Honorary Treasurer. The Principals of ICSK branch schools, and the Vice principals were also present to witness the virtual Investiture Ceremony. Dr. V Binumon, Principal and Senior Administrator ICSK Senior,



An online election was organized through the ICSK mobile application for the children from the grass root level and the members of the senate and, prefects were chosen wisely and unanimously.

A virtual investiture ceremony was organized on 16th May 2020, by the ICSK Senior School team. Lieutenant Colonel Sir Jason M. Belknap, the Army Attache, Embassy of USA was the chief guest for the occasion. The other dignified dignitaries were the members of the Board of Trustees Mr. Shaik Abdul Rahiman, the Honorary Chairman, Mr. Vinukumar Nair, the Honorary Vice Chairman, Mr. Azharuddin Amer Mohammed, Honorary Secretary, Mr. Agnello Fernandes, Honorary



Birthday Arcade - May



KANCHI SHANMUKHA
8F - MAY 1



ETHAN EMMANUEL
12E - MAY 1



EMIL CATHERINE
11A - MAY 1



SANIYA SHAJAN
8B - MAY 1



VARAD NITIN
8D - MAY 1



HARSHITA
7C - MAY 1



SHREYA SUNIL
12H - MAY 2



MASRURAH NAFEES
11E - MAY 2



AGNEY SAJEEV
8A - MAY 2



ANDREA ANTHONY
12A - MAY 3



NEHA NIDHEESH
11A - MAY 3



ANUGRAHA MATHEV
11F - MAY 3



SAKINA ALI ASGAR
11G - MAY 3



FATEMA HYDER ALI
10C - MAY 3



SURABHI VAIBHAV
10E - MAY 3



AMIN NISAR AHMED
8D - MAY 3



MOHAMED FAYAZ
9A - MAY 3



SNEHA RACHEL
9C - MAY 3



NESRIN NIYAS
8D - MAY 3



RICK EMMANUEL
7B - MAY 3



VAMSHIKA SUDHIR
11I - MAY 4



VAISHNAVI YOGESH
12A - MAY 4



ISHRAT FATIMA
12B - MAY 4



VYNORA GRACIA
12H - MAY 4



YUKTA MENON
10E - MAY 4



KARTHICK RAMANATHAN
7A - MAY 4



ANLYN MARIA JOPHY
7C - MAY 4



BENISH MATHEV
12K - MAY 5



HANI ABDUL HAFEEZ
12E - MAY 5



BHARGAVEE DAS
11D - MAY 5



UMMEAYMAN
11E - MAY 5



HANA THOMAS
9A - MAY 5



JUSTIN SAMUEL SAJI
9B - MAY 5



HARDIK PANCHAL
9E - MAY 5



ASHWIN RAJESH
7A - MAY 5



G.V.N.S.L.S.VAISHNAVI
12A - MAY 6



SHAIK ISHAAQ
11B - MAY 6



STALIN WILSON
11F - MAY 6



MAHMOOD MAZHAR
8A - MAY 6



LABIBA AMIR
12E - MAY 7



ARNOLD JEROME
12D - MAY 7



ASHLIN SARA
11B - MAY 7



MABEL EMILIE
10D - MAY 7



HANNA THRESIA BIJU
9D - MAY 7



MOHAMMED SAAD
11C - MAY 8



FATHIMA HASHIM
12F - MAY 8



SIDHARTH SANTOSH
9A - MAY 8



ROSHNA BINDHU
8A - MAY 8



EBEN BAJJU KOSHY
8C - MAY 8



HANNAH MARIA
7A - MAY 8



IBRAHIM FAISAL
6A - MAY 8



ANTONY JAISON
8F - MAY 9



MUSTAFA AKIL
11I - MAY 9



AARON THOMAS
12A - MAY 9



DANAH ABDUL RAHIM
10B - MAY 9



FATHIMA FARZANA
12J - MAY 10



ABDUL SAMAD
10G - MAY 10



FATEMA BHUKIYAWALA
11G - MAY 10



BRITTO HAGGAI
9A - MAY 10



AKSHITA CHARUDATH
7F - MAY 10



SUHEERA MUJEEB
11B - MAY 10



ZUHAIR ABBAS
7F - MAY 10



MOHAMMED FAZIL H.
12C - MAY 11



ARWA MOHAMMEDI
12C - MAY 11



ALENA SANTHOSH
11A - MAY 11



DITZA ANN SHIBU
10D - MAY 11



MUHAMMED HAYAN
9B - MAY 11



MOHAMMED FAWAZ
7B - MAY 11



ROSE MARIA HENRY
7B - MAY 11



SOHA SALEEM
10G - MAY 12



KATHRINA
8D - MAY 12



RESHMA JERLIN
7C - MAY 12



OMAIRA FARHAN
11F - MAY 13



QASAM HAKIM AZIZ
12G - MAY 14



BENJAMIN THEODORE
11F - MAY 14



HUDA FATHIMA
10C - MAY 14



SUAD KHALID
10D - MAY 14



AMEENA ABDUL
7E - MAY 14



AYUSH
8F - MAY 15



ALDRIN IYPE ABY
11C - MAY 15



NISHANTH SUBBU
8B - MAY 15



FATHIMATHUL FARSAANA
12A - MAY 16



ASHISH REJI
11E - MAY 16



SHAUN JACOB
8A - MAY 16



AALIYA KADIRI
8C - MAY 16



ZAHARA KOLYARIWALA
8E - MAY 16



SURYA PRAKASH
9D - MAY 16



FATHIMA HASEER
11J - MAY 17



RACHEL PATRICIA
12G - MAY 17



SAHAD T. SALEEM
8B - MAY 17





JOANN SHERLYN
8C - MAY 17



SRI RAM THAMARAI
7B - MAY 17



VAISHNAV ANIL
11D - MAY 18



PRIYA GOPAL
8E - MAY 18



ANGELA SARA S.
8B - MAY 18



PRAISAL M. PRINCE
11D - MAY 18



K. A. ROHIT RUSHI
8D - MAY 18



CHARMAINE ARANHA
12A - MAY 19



SAFIR SHERIFF
12C - MAY 19



TASNEEM
12E - MAY 19



RAGHAV UDAY
9A - MAY 19



VIVAAN RAHUL
8B - MAY 19



SUHAAN RAHUL
8C - MAY 19



TRIMONA CHRISTY
7E - MAY 19



MOHAMED THOUFIQ
11J - MAY 20



IMAD IMTIAZ
12I - MAY 20



JITESH SESHAN
12E - MAY 20



JESWIN SUJU
11A - MAY 20



BURHANUDDIN TAHA
11B - MAY 20



GEORGE NIXON
10A - MAY 20



ALAIN MATHEW
9B - MAY 20



MOHAMMED REYAN
9D - MAY 20



MUHAMMAD ZAID
8D - MAY 20



SAKSHI VAIRAMUTHU
12K - MAY 21



STEPHEN JOSEPH
12K - MAY 21



SREE LEKSHMI
11E - MAY 21



FATEMA ALI ASGAR
11F - MAY 21



FRANLY BINU
8A - MAY 21



RIDA FAISAL KHAN
8E - MAY 21



MOHAMMED HOZEFA
7E - MAY 21



TARANJOT KAUR
6A - MAY 21



MOHAMMED AL HABIB
12I - MAY 22



AMARDEEP SINGH
12K - MAY 22



ANFAL ASHRAF
12F - MAY 22



CELINE SARA SIBU
12H - MAY 22



ADRIN MATHEW
11B - MAY 22



MOHAMMED MUJEEBUDDIN
11G - MAY 22



ANKITHA MENON
10C - MAY 22



NADIRA NOORUL
8C - MAY 22



HIBA HABIBULLA
7D - MAY 22



TULIKA UPPAL
10G - MAY 23



ALEENA BINOJ
12B - MAY 23



UMMEHANI MUSTAFA
11B - MAY 23



SAUOD MOHAMMED
11E - MAY 23



MANHA MANZOOR
7B - MAY 23



REEM MASTAN
7F - MAY 23



ZAHRA MUFASIR
12B - MAY 24



ZINIYA AFROZ
8B - MAY 24



ANJALI DILEEP
7E - MAY 24



HARSHANTH RAJA
11D - MAY 25



VYSHNAVI M.
11E - MAY 25



KHALID SHAFI
10C - MAY 25



MUJTABA DILAWAR
6A - MAY 25



SAKINA MUSTAFA
12F - MAY 26



SIMON GLADWIN
10A - MAY 26



APEKSHA ASHOK
9C - MAY 26



JEROME VETHA SAM
12A - MAY 27



ASHISH V. ABRAHAM
12B - MAY 27



DARIUS LAL
11D - MAY 27



RACHEL ANNAMALAI
10A - MAY 27



NIHAL SAYAN
9B - MAY 27



ABEL KOSHY
12D - MAY 28



NIHAL JAYAKUMAR
11B - MAY 28



ADITYA RAMAKRISHNAN
11D - MAY 28



NABAA KHAN
9D - MAY 28



ALLEN MATHEW
11B - MAY 29



AMAL AAMIR
9B - MAY 29



HUZAIFA MUSTANSIR
9D - MAY 29



ROSHINI CHELLUBOINA
8D - MAY 29



ALEENA REGI
12I - MAY 30



ALIYA ASIF
11G - MAY 30



VIJAY KUMAR
8D - MAY 30



NANDANA RAKESH
9A - MAY 30



RYAN RONY
7B - MAY 30



RAIYAN SARFARAZ
7E - MAY 30



DEVATHEERTHA S.
8F - MAY 31



NIZZAR K. NAUSHAD
12C - MAY 31



NAKSHATRA RAMESH
11G - MAY 31



AMATULLAH AKBAR
9F - MAY 31



SUPRAJA G.
9E - MAY 31



ABDULLAH NEZAM
7F - MAY 31

Birthday Arcade - May



MR. MANUEL JUSTIN
- 1 MAY



MR. DEVASSY
2 MAY



MRS. PRIYA ASHOK
KURUP - 3 MAY



MR. SREEKUMAR.
S - 5 MAY



MRS. JOLLY KUTTY
- 5 MAY



MRS SHEHNAZ
HAKIM - 8 MAY



MR. A. GEORGE
SWAMY - 11 MAY



MRS. USHA T.P.
- 11 MAY



MRS. JAYALEE ANNE
GERALD - 14 MAY



MRS. NIVA ELNA
VARGHIS - 14 MAY



MRS. MINI SHAJI
JOSEPH - 14 MAY



MR. MADHU
15 MAY



MR. CHERIAN
MATHEW - 15 MAY



MR. SUNISH T.
15 MAY



MRS. BINU JACOB
18 MAY



MRS. MARIAM SAM
20 MAY



MRS. RUKSANA
NAHID - 25 MAY



MR. MUNIR
MUHAMMED - 25 MAY



MR. MOHAMMED
HARIS - 30 MAY



MRS. BINDU MADHU
31 MAY



MR. MOHD. SALIM
31 MAY

EPITOME OF SUCCESS J K ROWLING



Joanne Rowling, or known more with her pen name J.K. Rowling, received the OBE (Order of The British Empire) award from His Royal Highness, the Prince of Wales in 2001, for her remarkable contribution to children's literature. She was named as the UK's best-selling living author and one of the world's top earning authors in 2014. Rowling also appeared on the Opera show, delivered a speech at 2008 Harvard University commencement and was a guest character in an episode of The Simpsons. She is the person behind the world-famous Harry Potter.

The Harry Potter books were translated into 73 languages, sold more than 450 million copies globally and gained over \$20 billion from sponsorships and movie adaptations. Harry Potter has now become a global brand. It was on July 31, 2016, that Harry Potter and the Cursed Child was released

worldwide. Harry Potter and the Cursed Child becomes the most pre-ordered book in 2006 on Amazon and the most pre-ordered book on Barnes & Noble since 2007, when the last book, Harry Potter and the Deathly Hallows was released.

It is indeed a huge achievement for someone who was once jobless, living on government's fund, depressed and suicidal. J.K. Rowling's success story is phenomenal. She had shifted from being a very poor person to a world billionaire in less than 10 years.

J.K. Rowling is goal oriented, resilient, disciplined, active towards ideas and strong willed. She has dreamt of being a novel writer since she knew what writers were and dared to dream and never gave up on it. She focused on her goal to become a writer through all the adversities she experienced in her life and used to spend her time writing

back when she was jobless. She maintained it by writing in her spare time when she had a job. She's been through difficult times in her life, but she always managed to rise and move forward. The manuscript of the first Harry Potter book was rejected by 12 publishers before finally, a small publisher agreed to publish it. She mentioned that she wouldn't stop until every single publisher turned her down. She is a disciplined writer and sets a schedule on when she does her writing and commits to it.

The idea about Harry Potter came when she was on a delayed train journey from Manchester to King's Cross station in London. It was then, when the main characters of the story, Harry Potter, Ronald Weasley and Hermione Granger, formed clearly in her mind. But it wasn't until the next 6 years that she finally finished and published the first book of the Harry Potter series. She didn't stop merely on having ideas, she took action towards them. She spent 6 years creating the entire plot of the Harry Potter story before coming up with the first manuscript, Harry Potter and the Philosopher's Stone. She was determined to work on her ideas despite her personal and financial issues at the time. Despite being wealthy right now, J.K. Rowling is still humble and a caring person as she used to be. Her hefty donation to charity apparently not only has won her many philanthropist awards, but has made her expelled from Forbes list of the world's billionaire in 2012 as well. It didn't stop her from giving to charity, though. Her humble beginning has made her the way she is today.



TRAINING PROGRAMME FOR TEACHERS ON TEACHING EFFECTIVENESS by Mr. Cherian Varghese



WHO DARES TO TEACH MUST NEVER CEASE TO LEARN.

The Indian Community School had organized a teacher's professional development programme on 21st May 2020, through a virtual online platform for around 400 teachers of ICSK. The training session was arranged in two separate sessions. The first session was taken by a most notable resource person from India, Mr. Cherian Varghese and the topic was –'REBOOT TO RESTART'.

The training programme was witnessed by Honourable Secretary to the Board of Trustees Mr. Azharuddin Amer Mohammed, Principals, Vice Principal and the Deputy Vice Principal of ICSK. The first session was presented by Mr. Cherian Varghese, a corporate trainer, motivational speaker

who is and excel graduate of JCI University Florida, USA. The subject for the session was 'REBOOT TO RESTART'.

The session commenced with an energizing array of questions and tasks given to the teachers. He said that teaching is both a skill and an art and that is why many people are not able to do it. Some do it for a while and some do it forever. He reminded the teachers about the current pandemic crisis the world is going through and the ways to overcome it. He enlightened the teachers about developing a facility to meet the crisis and also about an era where humans would

come back with more positive energy in them. Invention, Innovation and Disruption is something we must focus upon. He educated the teachers about the vital difference between React and Response. The teachers were exposed to various new methods that could be followed in online classes. Adaptability and flexibility were the watch words in the entire session. The session was wound up with sharing a few tips by Mr. Cherian.

Later on an interactive session was also arranged wherein the queries of the teachers were entertained.

Positivity and practicality: TWO SIDES OF THE SAME COIN



Positive thinking is a mental and emotional attitude that focuses on bright side of life and expects positive results. A person with positive thinking mentality anticipates happiness, health and success and believes that she or he can overcome any obstacle. To use it in your life, you need more than just to be aware of its existence. You need to adopt the attitude

of positive thinking in everything you do.

On the other hand, we have the word 'practical' which does not put a ban on limits like dreams. In, simple words it just means; being concerned with the actual doing in life. Some people think 'being practical' is a dumb way of living and is an under rated way of life.

While some others take it as enjoying what you have and not regretting on what you don't. From my point of view, I would suggest everyone to be practical.



AABIDA CHIKTE
-8A

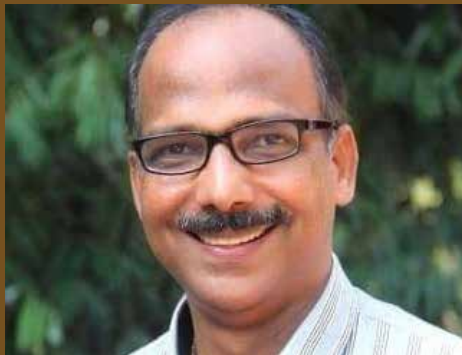
The question of practical value to you may be, "Why should we be so practical?" It is my foundational belief that the more practical you are, the more good you do to yourself and others.

Before you see today's number of cases of coronavirus, be positive and practical at the same time.

"You can't have a positive life and negative mind in your practicality"



ICSK ORGANIZED TEACHERS TRAINING PROGRAMME ON 'EMOTIONAL INTELLIGENCE' By Mr. George Karunackal



The resource person for the second session of teachers training was Mr. George Karunackal, an eminent corporate trainer and motivational speaker from India. He is a consultant trainer in HR Department and also a Master Practitioner in Neuro Linguistic Programming and Hypnotherapy.

The subject for the session was Emotional Intelligence. This entire session was full of questions and answers. He said that according to Daniel Goleman, a teacher requires only 15% of IQ and rest 85% is Emotional Intelligence [EQ]. He explained the true meaning of TEACHER. T stands for Tactile,



E stands for Empowerment, A stands for Appreciation, C stands for Connect, H stands for Hearing/ Listen, E stands for Empathy and R stands for Resolve. A teacher needs to be tactile for the physical, intellectual, emotional and social growth of a child. A teacher must know to appreciate her children. A teacher with a good emotional quotient always listens, mentors, associates and relates to her

children in a very positive way. The session ended with an apt quote, "If you want to leave footprints in the sands, then don't drag your feet." Become a teacher with a good EQ. In the interactive session, all the teachers along with clarifying their doubts, also expressed their gratitude for having received the opportunity to be a part of the wonderful session.

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ANNAPOORNA



VIGNESH NITHYANANDAM

Quote Garden

- "Do what you can, with what you have, where you are" – Theodore Roosevelt
- "If you cannot do great things, do small things in a great way" – Napoleon Hill
- "Don't judge each day by the harvest you reap but by the seeds that you plant"
- -Robert Louis Stevenson
- "It is during our darkest moments that we must focus to see the light" -Aristotle
- "When everything seems to be going against you, remember that the airplane takes off against the wind, not with it" -Henry Ford

ICSK, SENIOR SCHOOL SENATE 2020-21



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HOUSE MENTORS

LEADERS



MR. JACOB GEORGE



MRS. CHANDRIKA
RAVIKUMAR



MRS. BINDHU MADHU

WINNERS



MR. RIYAS MOHIDEEN



MRS. BINU JACOB



MRS. HAWA DALWAI

VICTORS



MR. ANURAG NARAIN
SINGH



MRS. ANUPAMA



MRS. NAGMA AHMED

ACHIEVERS



MR. YUSUF SHABEER



MRS. ANITHA M



MRS. DEEPA BIJU

CAPTAINS & VICE CAPTAINS - MAY

CLASS 12A

MAHILLYAA MOHAN



CHARMAINE



SRILAKSHMI ANNAPURNA



AMIR MUHAMMED



BLESSY KAVUTURU



ASHWIN THOMAS



GAYATHRI HARI



ARNOLD JEROME



JESSICA ANN LEJO



ASHISH QUINTUS

CLASS 12F

ALEFIYA ABBAS



KEVIN MANOJ



KAVYA VAIDYANATHAN



EMIL MATHEW



SHREYA SUNIL



BENAZEER SHARIFF



MUHSEENA



ALEENA



FATHIMA FARZANA



ASHISH QUINTUS

CLASS 12K

SHARVANI



K. ROSAIAH



FUAD FARHAN



MANASA MANOJ



JAY AJIT BAROT



AISWARYA SUNIL



ASHTON AFFOS



ANNISHA RACHEL



HARSHANTH RAJA



ADITYA RAMAKRISHNAN

CLASS 11E

VYSHNAVI



MUNIRA ABBAS



ASAD HAKIM



JAMILA MUFFAZAL



IQRA MOHAMMED



CHRISTINA SHIJU



LYDIA ROY



ABEL GEORGE



ELISHA ANN



NITHYA P.

CLASS 10B

VIDHYA LAKSHMI



SUDEV VAZHAKKAD



DEENA MUSHTAK



KEVIN BAJJU



LAMIAH



ISAAC THOMAS



AARON SAM ABRAHAM



RITHIKA RAJ



MOHAMMED RAASHIQ



FARWAH

CLASS 10G

STACY MARIA



MOHAMMED ALEEM



RUTH GLADWIN



NEHA ANN MANOJ



ATHER YOUNUS



SHAREN PAUL



AYAAN SYED



ARSHYA SUNIL



AURELIA SHABI



RISHITH SHARMA

CLASS 9E

ASHLYN



MOHAMMAD RAYYAN



ABEERH SHEHZAD



SUNNY THOMAS



AARON BOBBY



PURVA JAIN



AARON VARGHESE



SWANTHANA



VARAD NITIN



AVNI SRINIVAS

CLASS 8E

MIDHAT



GUNET



MADHAV



KRIPA REJI



JOHAN JACOB



ATIFA SHABBIR



ATHISH KRISHNA



ARAINA D SOUZA



REMAS FATHIMA



IBRAHIM HUSAIN

CLASS 12B**CLASS 12C****CLASS 12D****CLASS 12E****CLASS 12G****CLASS 12H****CLASS 12I****CLASS 12J****CLASS 11A****CLASS 11B****CLASS 11C****CLASS 11D****CLASS 11F****CLASS 11G****CLASS 11H****CLASS 10A****CLASS 10C****CLASS 10D****CLASS 10E****CLASS 10F****CLASS 9A****CLASS 9B****CLASS 9C****CLASS 9D****CLASS 8A****CLASS 8B****CLASS 8C****CLASS 8D****CLASS 7A****CLASS 7B****CLASS 7C****CLASS 7D**



RAIYAN SARFRAZ



CHRISTEENA



HIBA AHMED



AKSHAJ ANIL



MOHAMMAD FOUAD



ANUGRAHA MARY

EPItainment



The Joker is a super villain created by Bill Finger, Bob Kane, and Jerry Robinson who first appeared in the debut issue of the comic book Batman, published by DC Comics. Although the Joker was planned to be killed off during his initial appearance, he was spared by editorial intervention, allowing the character to endure as the archenemy of the superhero Batman.

This year we are introducing a new and interesting segment in our EPICS named "EPITAINMENT". This segment is designed exclusively for articles on entertainment. Articles on your favourite movies, music, musicians, music bands, actors, TV shows, video games and cartoons are welcomed. Please send your EPITAINMENT articles to the mail ID

johann.editorial@gmail.com

defining stories, including the murder of Jason Todd-the second Robin and Batman's ward-and the paralysis of one of Batman's allies, Barbara Gordon. The Joker has had various possible origin stories during his decades of appearances. The most common story involves him falling into a tank of chemical waste that bleaches his skin white and turns his hair green and lips bright red, a permanent smile, and the resulting disfigurement drives him insane.

The Joker possesses no superhuman abilities, instead using his expertise in chemical engineering to develop poisonous or lethal concoctions and thematic weaponry, including razor-tipped playing cards, deadly joy buzzers, and acid-spraying lapel flowers.

One of the most iconic characters in, the Joker has been listed among the greatest comic book villains and fictional characters ever created. The character's popularity has seen him appear on a variety of merchandise,

such as clothing and collectible items, inspire real-world structures (such as theme park attractions). The Joker has been adapted to serve as Batman's adversary in live-action, animated, and video game incarnations, including the Batman television series played by Cesar Romero and in films by Jack Nicholson in Batman, Heath Ledger in The Dark Knight, and Joaquin Phoenix in Joker. Ledger and Phoenix each earned an Academy Award for their portrayals. Renowned as Batman's greatest enemy, The Joker is known by a number of nicknames, including the Clown Prince of Crime, the Harlequin of Hate, the Ace of Knaves, and the Jester of Genocide. The Joker is typically seen in a purple suit with a long-tailed, padded-shoulder jacket, a string tie, gloves, striped pants and spats on pointed-toe shoes and sometimes with a wide-brim. The character's arsenal is inspired by his nemesis' weaponry, such as batarangs. In "The Joker's Utility Belt", he mimicked Batman's utility belt with non-lethal items, such as Mexican jumping beans and sneezing powder. The Jokermobile lasted for several decades, evolving with the Batmobile. He is talented with firearms, although even his guns are theatrical; his long-barreled revolver often releases a flag reading «Bang», and a second trigger-pull launches the flag to skewer its target. Although formidable in combat, the Joker's chief asset is his mind. The Joker's unpredictable, homicidal nature makes him one of the most feared super villains in the DC Universe. Gotham's villains also feel threatened by the character; depending on the circumstances, he is as likely to fight with his rivals for control of the city as he is to join them for an entertaining outcome.

JOHANN PREMJITH
IX-E

In his comic book appearances, the Joker is portrayed as a criminal mastermind. Introduced as a psychopath with a warped, sadistic sense of humor, the character became a goofy prankster in the late 1950s, before returning to his darker roots during the early 1970s. As Batman's nemesis, the Joker has been part of the superhero's



STUDENTS' TRAINING PROGRAMME FOR CLASSES 11 AND 12



A virtual student training programme was organized on 27th May 2020, for the children of class 11 and 12. The resource person for the unique training session was Adv. A.V Vaman Kumar, who is a qualified Excel Graduate trainer from JCI. He has conducted more than 3000 HRD training workshops inside and outside India.

members of Board of Trustees of ICSK, Principals, Vice Principals and Deputy Vice Principal of ICSK Amman, Khaitan, Senior and Junior. Adv. Vaman Kumar spoke about self motivation and self empowerment. He said that no one other than oneself can push one's limit. He advised them to push themselves towards their own goals. Some of the best motivators are, inspiration, fear of failure, power of rejection, passion, self assertion,

being calm and visionary. He made the children realize how important it was for the children to keep themselves self motivated. He said that parents play a very crucial role in the self-development of children. They also act as mentors apart from the teachers. Various interesting slides were presented during the session which proved to be a visual treat to the children and helped them to retain their attention throughout the session.

The session was witnessed by the honourable

TRAINING PROGRAMME FOR CLASSES 9 AND 10



The Indian Community School organized a session of counseling "Design Your Destiny" exclusively for students of classes 9 and 10 on 27th May, 2020. The motivational speaker and trainer was Mr. Harish Kumar who had put in 15 years of experience in various fields including the Junior Chamber International. Dr. V Binumon Principal ICSK Senior, welcomed the dignitaries and delivered the welcome address.

weakness, opportunities, threats], the importance of the three Es [environment, education, experience] and other acronyms and its expression which would ultimately direct students to a self analysis and identification of ones' own talents which alone would lead to success and happiness in life.



Mr. Harish Kumar initiated the session by focusing on the secrets to success. He stressed on the SWOT analysis [strength,

The session was quite interesting in which an interactive session was also organized which was quite educative.



Puppies for Sale

A shop owner placed a sign above his door that said: "Puppies for Sale."

Signs like this always have a way of attracting young children, and to no surprise, a boy saw the sign and approached the owner; "How much are you going to sell the puppies for?" he asked. The store owner replied, "Anywhere from \$30 to \$50."

The little boy pulled out some change from his pocket. "I have \$2.37," he said. Can I please look at them? The shop owner smiled and whistled. Out of the kennel came a dog,

which ran down the aisle of his shop followed by five teeny, tiny balls of fur.

One puppy was lagging considerably behind. Immediately the little boy singled out the lagging, limping puppy and said, "What's wrong with that little dog?"

The shop owner explained that the veterinarian had examined the little puppy and had discovered it didn't have a hip socket. It would always limp. It would always be lame. The little boy became excited. "That is the puppy that I want to buy."

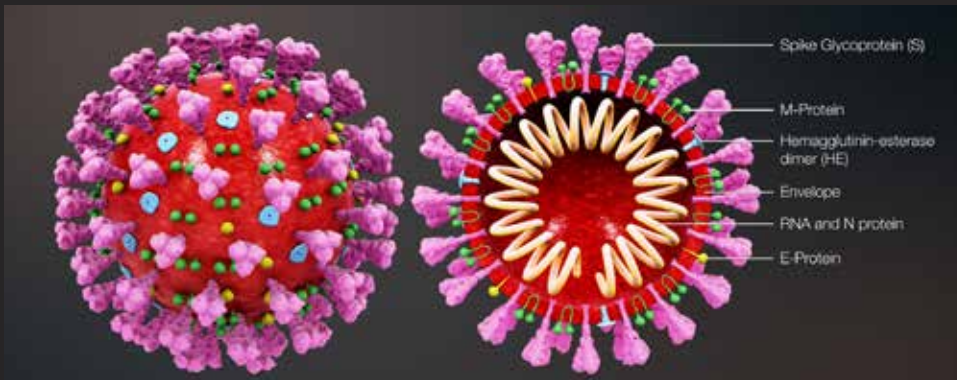
The shop owner said, "No, you don't have to buy that little dog. If you really want him, I'll just give him to you."

The little boy got quite upset. He looked straight into the store owner's eyes, pointing his finger, and said; "I don't want you to give him to me. That little dog is worth every bit as much as all the other dogs and I'll pay full price. In fact, I'll give you \$2.37 now, and 50 cents a month until I have him paid for."

The shop owner countered, "You really don't want to buy this little dog. He is never going to be able to run and jump and play with you like the other puppies."

To his surprise, the little boy reached down and rolled up his pant leg to reveal a badly twisted, crippled left leg supported by a big metal brace. He looked up at the shop owner and softly replied, "Well, I don't run so well myself, and the little puppy will need someone who understands!"

CORONAVIRUS - How it Started and Precautions



The Coronavirus, something that has pretty much stopped the functioning of the planet and throttled the thinking functions of various world leaders. We all have seen a few hundred videos on what is Corona. This article will spread light to how COVID - 19 started and the precautions you need to take.

How It All Began

I think it's pretty obvious now that this virus originated from China. We know where it came from but how did it come up?

On December 31, 2019, the World Health Organisation's (WHO) China office heard the first reports of a previously-unknown virus behind a number of pneumonia cases in Wuhan, a city in Eastern China with a population of over 11 million. What started as an epidemic mainly limited to China has now become a truly global pandemic. At the time of writing this, there have been over 4,718,215 confirmed cases and 315,283 deaths. The disease appears to have originated from a

Wuhan seafood market where wild animals, including marmots, birds, rabbits, bats and snakes, are traded illegally. Coronavirus is known to jump from animals to humans, so it is thought that the first people infected with the disease – a group primarily made up of stallholders from the seafood market – contracted it from contact with animals.

The hunt for the animal source of COVID - 19 is still unknown, although there are some strong contenders. A team of virologists at the Wuhan Institute for Virology released a detailed paper showing that the new coronavirus genetic makeup is 96 per cent identical to that of a coronavirus found in bats, while a study published on March 26 argues that genetic sequences of coronavirus in pangolins are between 88.5 and 92.4 per cent similar to the human virus. Some early cases of COVID - 19, however, appear to have inflicted people with no link to the Wuhan market at all, suggesting that the initial route of human infection may pre-date the market cases. The Chinese government responded to

the initial outbreak by placing Wuhan and nearby cities under a de-facto quarantine encompassing roughly 50 million people in Hubei province. This quarantine is now slowly being lifted, as authorities watch to see whether cases will rise again. The US is now the new epicentre of the COVID - 19 outbreak.



VIGNESH NITHYANAN
10 A

PRECAUTIONS

Well, I guess the old saying has finally proven itself 'Better Safe Than Sorry'. I mean you could possibly get the coronavirus, no one can be God here. So, what you could do to not get the disease is exactly what I'm going to tell you!

According to experts, you must take at least the following precautions, but if you can do more, you should.

To prevent COVID-19:

1. Clean your hands often. Use soap and water, or an alcohol-based hand rub
2. Maintain a safe distance from anyone who is coughing or sneezing.
3. Don't touch your eyes, nose or mouth
4. Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
5. Stay home if you feel unwell.
6. If you have a fever, cough and difficulty breathing, seek medical attention. Call in advance.

Please do follow these precautions and remember to stay safe!



Birthday Arcade - June



HASAN SHABBIR
7F - JUN 1



YASHASVENE BASKAR
8A - JUN 1



REHAN RATHISH
8B - JUN 1



HARISH RAJU
9A - JUN 1



SAKINA MOHAMMEDI
11E - JUN 1



HELEN MARIA
11A - JUN 1



MAYA CHAUHAN
11I - JUN 2



ANUGRAHA MARY
6A - JUN 3



MYRA JULIA
7A - JUN 3



AZLAN GHANSAR
7E - JUN 3



ADITI RAJENDRA
11D - JUN 3



JOSH THOMAS
12D - JUN 3



TAJ JANNATH
10F - JUN 3



KALISTA RAJESH
7D - JUN 4



AKSHAYA JEYAKUMAR
8C - JUN 4



ZEHRA ASGHAR
9C - JUN 4



MERLIN RIYA
11J - JUN 4



AYESHA NADEEM
8E - JUN 5



PRETTY SARA
9B - JUN 5



TARUN RAJU
9C - JUN 5



AFAF ARIF
10D - JUN 5



EMAAD AKHTAR
10E - JUN 5



ANJANA REVI PRASAD
11D - JUN 5



JAMILA MUFFAZAL
11F - JUN 5



ALINA FAHAD
11H - JUN 5



ARVINTH GANESAN
12D - JUN 5



SONAL GHOSH
12H - JUN 5



SHARANJIT SINGH
8C - JUN 5



AYUSHI AISHWARYA
9C - JUN 5



JACOB KURIEN
10B - JUN 6



MAHILLYAA MOHAN
12A - JUN 6



TIASHA MAJUMDAR
12H - JUN 6



JOYAL JOBY
8E - JUN 7



MARYAM BURHAN
10D - JUN 7



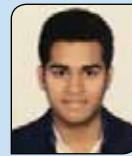
ALAN JOHN
11B - JUN 7



ASHISH QUINTUS
11B - JUN 7



TANAZ JEFFREY
12G - JUN 7



ASLAM KHAN
10G - JUN 7



SREEDEV KRISHNA
11J - JUN 7



AKSHAJ ANIL KUMAR
7F - JUN 8



AARON CLITUS
8A - JUN 8



ABHISHEK SATHEESH
8A - JUN 8



JUZER ALI
11D - JUN 8



KHADJIA KAEED
11D - JUN 8



EMIL MATHEW
12G - JUN 8



AMRITHA VENI
6A - JUN 9



SAIRA ANN JACOB
6A - JUN 9



DEEPAN RAJA
8A - JUN 9



ASHIK GEORGE
9A - JUN 9



ADHITHYAN S
10A - JUN 9



KIRTHANA SAI
10E - JUN 9



MEHNAAZ TILYET
12C - JUN 9



BATUL FAKHRUDDIN
12F - JUN 9



SHAREN PAUL
9B - JUN 10



JOSHUA DANIEL
12H - JUN 10



YUSUF MANSOOR
6A - JUN 11



SUBITH SUJITH
11B - JUN 11



DANICA WILONA
11D - JUN 11



NANDA KUMAR
12B - JUN 11



SNEHA SUSAIN
12E - JUN 11



YOHANN MATHEW
8A - JUN 12



BHARANI VISWANATHAM
9A - JUN 12



AHMAD IZHAR
11G - JUN 12



CHRIS D' COSTA
12G - JUN 12



JERRIN JOHN
8B - JUN 13



JOKAN KASTO
11D - JUN 13



LEAYA ELSA
11E - JUN 13



ADITYA SANKAR
12A - JUN 13



MUSHTAQ AHAMMED
12I - JUN 13



AYAAN KHAN
7B - JUN 14



ALAN GEORGE
7D - JUN 14



CHRIS MATHEW
8C - JUN 14



HARLEEN KAUR
8C - JUN 14



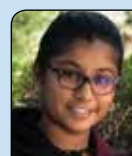
SOUMYA SARAH
9E - JUN 14



SENETH NISHAN
10E - JUN 14



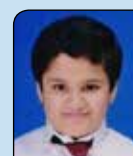
IBRAHIM HUSAIN
12C - JUN 14



NAILAH SAJITH
9F - JUN 14



NUZHA
9F - JUN 14



ADITYA ULLAS NAIR
7E - JUN 15



GUINDEEP SINGH
9C - JUN 15



RONAV PRATAP
7C - JUN 16



AURELIA SHABI
9D - JUN 16



ASHVALA ANUJ
11C - JUN 16



SANDRA SOJAN
11G - JUN 16



JONATHAN MAHESH
12A - JUN 16



ANIKETH CHARUDATH
12C - JUN 16



SAJILA
8F - JUN 16



RUTH MARY JOHN
8B - JUN 17



GLEN LESTER
9D - JUN 17



JOTHAN SURESH
10E - JUN 17



MOHAMMED BURHANUDDIN
11E - JUN 17



AHMAD HISHAM
12B - JUN 17



MAFALYANA V.
10G - JUN 17



SHON K. PEYTON
12J - JUN 17



SAKINA FAZAL
7E - JUN 18



MUFADDAL YUSUF
9C - JUN 18



JOBIN JOHNSON
10B - JUN 18



MEEVEL GEORGE
12G - JUN 18



AIDEN PETER
7B - JUN 19



AARON TONY
7E - JUN 19



ALANA MIRIAM
11F - JUN 19



SANJAY SREENIVASAN
12I - JUN 19



HIBAH FARHATH
7B - JUN 20



ROYDEN D'SOUZA
7C - JUN 20



ELITHIA CORDA
12B - JUN 20



MARYAM NISAR
12H - JUN 20



TAHA KHUZEMA
12J - JUN 20



UPPADA ABHISHEEK
12G - JUN 21



FEBA ALEX
12K - JUN 21



RAAFEY MOHIUDDIN
7E - JUN 22



LINO GEORGE
10A - JUN 22



AERYN MARY ANIL
10B - JUN 22



DHEERA RAGESH
11B - JUN 22



KIRAN SAJEEV
11F - JUN 22



DARIN K. SHAJI
12J - JUN 22



MARYAM IRFAN
9D - JUN 23



AHMED FAYIZ
10B - JUN 23



SAARA SHAIKH
10D - JUN 23



MOHAMED MAZHER
12H - JUN 23



STACY MARIA
10G - JUN 23



JOSEPH IAN
7E - JUN 24



MOHAMMAD RAYYAN
9E - JUN 24



JOHN ISSAC SAMUEL
11C - JUN 24



FARWAH HARMAIN
10F - JUN 24



HUSSAIN BEDAWALA
11C - JUN 25



PRINSTON FERNANDES
11G - JUN 25



MOHAMMED RASHEED
9F - JUN 25



DEEMA ANNA
9E - JUN 26



JAN ERINJERI
11D - JUN 26



MIREILLE VICTORIA
11G - JUN 26



ALISHA MARY ALEX
12E - JUN 26



ASHWIN SANJAY
12E - JUN 26



AARAV DODEJA
9D - JUN 27



HYFA SALEEM
10B - JUN 27



REUBEN VARKEY
12E - JUN 27



BRETT M. BIJU
12E - JUN 27



NADHA NAZEER
12K - JUN 27



ABHISHEK GEORGE
7A - JUN 28



MOHAMMAD
7D - JUN 28



FAWAZ AHMAD
8B - JUN 28



EVIN ROBY
9A - JUN 28



DEENA MUSHTAK
10C - JUN 28



ADVAITH RAMESH
8B - JUN 29



BRITWIN ROY
8C - JUN 29



SREELAKSHMI LAL
11A - JUN 29



ANAGHA K.
11C - JUN 29



ALBIN VARGHESE
10F - JUN 29



DILON FRANCIS
10G - JUN 29



JEFFRIN RUBAN
10B - JUN 30



JESSLYN SARA
10E - JUN 30



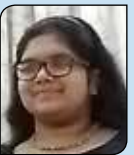
SAYEDA BUSHRA
11F - JUN 30



PRAISE ELSA BINU
9E - JUN 30



SAMREEN FATHIMA
12G - JUN 30



ANNA SUNIL
11B - JUN 4



AISHA ABDUL GANNI
11B - JUN 5



FARHAAN YOUSUF
11B - JUN 23



TALHA
11C - JUN 30



RUTH PAULINE
12F - JUN 26



MR. RIYAZ
5 JUNE



MRS. MAYSA FAVEZ
10 JUNE



MR. VEERA RAJU
15 - JUNE



MR. SRINIVAS RAO
15 JUNE



MRS. SONIA ANAND
24 JUNE





EPITravel MALAYSIA

Every man can transform the world from one of monotony and drabness to one of excitement and adventure." – Irving Wallace.

Malaysia is a land of beauty and entertainment which offers a transformation from common life stress and tensions into revealing excitement and adventures.

The name "Malaysia" is a combination of the word "Malay" and the Latin-Greek suffix "sia" which can be translated as "land of the Malays"

Geographical location:-

Malaysia is a Southeast Asian country occupying parts of the Malay Peninsula and the island of Borneo. It has the 29th longest coastline in the world. The two distinct parts of Malaysia separated from each other by the Natuna Sea, share a largely similar landscape in that both West (Peninsular) and East Malaysia feature coastal plains rising to hills and mountains.

TOURISTIC Destinations

Kuala Lumpur:-

Kuala Lumpur is the capital of Malaysia and has an exciting landscape. Kuala Lumpur is also known for its shopping and dining, with options ranging from large malls and contemporary restaurants to shops and food stall. Some of the touristic destinations are:-

Petronas Twin Tower:- These are twin skyscrapers in Kuala Lumpur, Malaysia. They are the tallest buildings in the world from 1998 to 2004, until they were surpassed by Taipei 101. Suria KLCC is upmarket retail centre at the feet of the Petronas Towers. Its attractions include an art gallery, an underwater aquarium and also a Science centre. Spanning 17 acres below the building is the KLCC Park with jogging and walking paths, The Petronas Towers remain the tallest twin towers in the world and a proud destination of Malaysia that

offers fascination to all its guests.

Batu Caves :- is a limestone hill that has a series of caves and cave temples in Gombak, Selangor, Malaysia. Rising almost 100 m above the ground, the Batu Caves temple complex consists of three main caves and a few smaller ones.



Langkawi, (the world of beautiful beaches):- Jewel of Kedah, is a district and an archipelago of 99 islands in the Andaman Sea some 30 km off the mainland coast of north-western Malaysia.

The Langkawi Cable Car, also known as Langkawi SkyCab, is one of the major attractions in Langkawi Island, Kedah, Malaysia. It provides an aerial link from the Oriental Village at Teluk Burau to the peak of Gunung Machinchang, which is also the location of the Langkawi Sky Bridge.

Underwater World Langkawi:- It a wonderful destinations offering exciting views of more than 4,000 marine creatures that includes over 500 species of fish and many other underwater life. It also showcases many different types of birds, animals and other inhabitants that are found in tropical rainforests, temperate and even sub-Antarctic regions.

George Town:- George Town is the colourful, multicultural capital of the Malaysian island of Penang. George Town is a modern city with skyscrapers and shopping malls. Verdant

Penang Hill, with hiking and a funicular railway, overlooks it all. The city is also known for its food, and vendors hawk Malay, Indian and Chinese fare at open-air stalls and Western-style food courts.

Penang Hill :- it is a hill resort comprising a group of peaks on Penang Island, Malaysia. It is located within the Air Itam suburb, 9 km (5.6 mi) west of the centre of George Town. The Habitat Penang Hill offers the most complete and educational Malaysian rainforest experience and is located less than 10km from the UNESCO World Heritage Site of George Town in Penang.



Cuisines:-

For a traditional Malay meal, rice is considered the centrepiece, with everything else considered as an accompaniment. Some of the popular Malaysian cuisines are:-

Air bandung (a cold milk drink flavoured with rose cordial syrup); Asam pedas (a sour and spicy stew of meat); Ayam goreng (a generic term for deep fried chicken); Gulai (the Malay term for a curried stew); Saltay (one of Malaysia's most popular foods, is made from marinated beef and chicken pieces skewered with wooden sticks and cooked on a charcoal grill.)

Weather:- Malaysia enjoys tropical weather year round however due to its proximity to water the climate is often quite humid. Overall, the best time to visit Malaysia is between the dry season months of December and February.

Currency:- Malaysian ringgit is the official currency in Malaysia.

NURSES: THE LIVING ANGELS



If you believe in God almighty, then he send angels to earth in the form of human beings. They are none other than NURSES. They might be your mother, father, or even your sibling. They are people who are really blessed. They are a helping hand, for those

whose hands are weak, for those whose legs are weak. They are even entertainers, for those who are seeking mental health. In short they are the living angels on this Earth.



HILAL SALIM,
- 11 A

But suddenly a Corona virus came, to destroy us, to shake the whole mankind, which even made the world to come to a standstill. But then here also they came to our rescue, risking their lives for us. They do not care about their lives, thinking about our lives. When people talk about the celebrities being affected by Covid-19, do any of us even think about the Nurses and the medical staffs who are dyeing due to this ? Does anyone of us think about their well being when we relax? It is not too late ,it would be even too less to congratulate them with an award. So to all the nurses and medical staff out there ... EPICS SALUTE & THANK YOU.

NATURE



SHEBA RACHEL SONY
- 11G

Nature is a beautiful creature
With beauty and feature
Glorious and wonderful greenery
Filled with vast scenery

Plants and trees all around the way
Fish and crab swimming in the bay
Monkeys hanging tails from their branches
Valleys going down as trenches

Lions roaring loudly for their prey
Peacocks dancing all along the way
Nature is truly wonderful
Yes! God's creation is so beautiful!

10 facts about Noah's ark



The story of Noah and the flood plays out in the the Holy Bible. Over the course of history as the children of Adam [the first man on earth] populated the earth, humans continued to disobey and go beyond the limits set for them. The aftereffect was a great flood that effectively ended all, but except one holy man who stood by the guidelines– Noah and his Family. So, for protection from flood, Noah had to build an Ark [means a big ship]. So here are some fun yet strange fact's about Noah's ark

comes from the Latin word "cubitum," or elbow. The length of a cubit is measured from a man's elbow and the tip of his middle finger.

#1 The Ark is measured in cubits, which

#3 It took over 120 years to build the Ark.

#2 At 300 cubits long, 50 cubits wide, and 30 cubits high, the volume of the ark is estimated at about 1.5 million cubic feet, which is about a third of the volume of the Titanic. The Titanic was about three times bigger than the Ark, with a volume of 4.6 million cubic feet.

At the time the Ark went off on its journey, Noah was 600 years old.

#4 The ratio of the Ark, 30.5:3, was still used for shipbuilding until the 1900s.

#5 Leading experts say there were only 16,000 animals on the Ark.

#6 The Ark had three stories and a roof with a small opening below it – but no steering wheel. It was made to float, and God steered the ship at will.

#7 Noah and his family (wife, sons and sons' wives) were stuck on the Ark for one year and ten days.

#8 Marco Polo was one of the discoverers who found the Ark after a three-day hike in the snow.

#9 Noah was 480 years old when God told him to build the ark.

#10 The Ark's wood is a mystery. The Ark was made from "gopher wood," but trees with that name do not exist today.



LOVIS LIZA
- 8 A



Birthday Arcade - July



SEANNA ANTHONY
10F - JUL 1



BATUL
12K - JUL 1



SHARON ANGEL
6A - JUL 1



VISHNU NARAYANAN
11C - JUL 1



AARON JACOB
7D - JUL 2



HASNAIN ALI KHAN
7E - JUL 2



TYRONE B. PEREIRA
9E - JUL 2



ZAHRA ALIASGAR
12H - JUL 2



NITUNA ISHI
9E - JUL 3



RAJ KUMAR
11E - JUL 3



TEPHY CHANDRAKUMAR
12G - JUL 3



AKSHA SARA JIJI
8B - JUL 4



ASHTON AFFOS
11C - JUL 4



AZIZ MUFAZZAL
12F - JUL 4



FAISAL KHAN
8B - JUL 4



MOIZ MUFAZZAL
12G - JUL 4



HUZAIFA ELLYAS
9C - JUL 5



JOHANN JACOB
8B - JUL 5



NABIA HANIF
9C - JUL 5



NARISSA AZAVEDO
8B - JUL 5



JOSEPH BOBBY
11E - JUL 6



PAVANI MARATHU
12G - JUL 6



AISHA NAZNIN
11F - JUL 7



BENNY DIEGO
11E - JUL 7



DARSHAN P. DINESH
11E - JUL 7



MEEKHA MARY
12F - JUL 7



MILAND JACOB
11C - JUL 7



AKHILA WILSON
12F - JUL 8



ATHER YOUNUS
9B - JUL 8



JEWEL TRESA
12G - JUL 8



KANISHKA SUSHI
11K - JUL 8



LAMIAH TARIQ
9C - JUL 8



MUSKAN NISAR
11C - JUL 8



NAFISA KAMBER
12G - JUL 8



AYIDA ASIF ALI
10E - JUL 9



MUSTAFA BURHANI
10D - JUL 9



RUTH RAJESH
12A - JUL 9



SRUTHI GADIDHALA
8A - JUL 9



MUNIRA YUSUF EZZY
7D - JUL 10



NATHAN OSWALD
11E - JUL 10



RISA MARIA BABU
9B - JUL 10



RON PHILIP IDICULLA
10A - JUL 10



HOZEFA HATIMALI
11C - JUL 11



RUTH LISA THOMAS
11F - JUL 11



SRADHA RAJ
10B - JUL 11



ASHISH C. MOHANADAS
9F - JUL 12



ABUZAR AJAZ
10D - JUL 12



ANJALI MUKESH
11D - JUL 12



HANNA JOSEPH
12E - JUL 12



SARA MARIAM SUNIL
9A - JUL 12



SYED AKBAR
9D - JUL 12



ANN MARY SAJI
8B - JUL 13



ERVIN CASTELINO
12D - JUL 13



FATHIMA BADRUDEEN
7F - JUL 13



JOHAN P. SAM
8D - JUL 13



REUBEN RENJI V.
11G - JUL 13



VAASU JINDAL
11D - JUL 13



SAM DARIO STALIN
10F - JUL 14



JEFFREY N. THOMAS
12J - JUL 14



TALHA ABDUL
12K - JUL 14



DIYA ANN CHACKO
8B - JUL 14



NIDA ABDUL
11G - JUL 14



VAISHAKH RAJEEV
8C - JUL 14



TAWHIDUL ALAM
11J - JUL 15



SAMEER MOHAMMED
12K - JUL 15



FALAK ZAMEER
10E - JUL 15



TOBY GEORGE
11H - JUL 15



AHAMED HALALDEEN
12K - JUL 16



AAMNA IRSHAD
8E - JUL 16



AMAAN JAVED
6A - JUL 16



ANN RAI JACOB
12C - JUL 16



DANNY T. GEORGE
10A - JUL 16



NICOLE PINTO
10B - JUL 16



REUBEN LAJI
12C - JUL 16



THEAJUS PRAKASH
10A - JUL 16



ABDUSSALAM KHAN
9E - JUL 17



ALI ZOHAI ALI
7D - JUL 17



CAROLIN NISHA
11K - JUL 17



FATEMA KUTBUDDIN
9D - JUL 17



KELLY BRIEN
6A - JUL 17



MARIAM KADIRI
10D - JUL 17



MOHAMMED IZZAT
12A - JUL 17



NINAN P. VARGHESE
12D - JUL 17



SHAARON VARGHESE
11H - JUL 17



SYED HAIDER ABBAS
9D - JUL 17



SHALOM PHILIP
10G - JUL 17



KISHORE PONNA
8F - JUL 18



FATIMAH ADNAN
10D - JUL 18



FIONA JANE JOSHUA
8A - JUL 18



TANISHA RICHARD
10B - JUL 18



TASNEEM MUFAZZAL
10E - JUL 18



SHEIK NOMAAN
9F - JUL 19



MOHAMMED MAAZ
11A - JUL 19



NEIL PINTO
8B - JUL 19



SANSKAR MISHRA
10E - JUL 19



ANNLIYA JERRY
10F - JUL 20



AKASH SRINIVAS
8A - JUL 20



HUMAIRA SALIM
12A - JUL 20



NUPUR MONESH
12H - JUL 20



PURVA JAIN
8B - JUL 20



SAANYA ALTAF
12B - JUL 20



SAMAIRAH ISMAIL
8C - JUL 20



QUNOOT NADEEM
8F - JUL 21



ANEQA MUJEEB
10C - JUL 21



FATHIMA NADA
12B - JUL 21



JACQUELINE LIZ
12E - JUL 21



SWETHA ACHUTHAN
9E - JUL 21



VISHAL K. SHAJI
12C - JUL 21



SANDRA BIJU
8A - JUL 22



STAN DAY PHILIP
10A - JUL 22



ADITHYAN ANANDI
12G - JUL 23



ALI HAIDER
7A - JUL 23



ALISAR SHARMA
11A - JUL 23



JEFFIN ABRAHAM
12C - JUL 23



KARTIK KALABABU
7F - JUL 23



SARAH ANN MATHEW
12A - JUL 23



ZAHRA SAYED ALI
11B - JUL 23



ZENAB HAKIM P.
11G - JUL 23



ALEENA MARY ANIL
11D - JUL 24



ALINA MARIAM
12B - JUL 24



FATHIMA IRFAN
12E - JUL 24



KARTHIK SAJIKUMAR
8C - JUL 24



MELBA ELSA JOE
11C - JUL 24



MISHAL SHANAVAS
9B - JUL 24



SARATH SUBRAMANI
10B - JUL 24



PRANAV ARUN
12C - JUL 25



SHAIKH MOHAMED
12D - JUL 25



ABHIMANYU. K. ANIL
8F - JUL 26



ALDRIEN VOENN PAIS
12G - JUL 26



ALEENA MANU V.
11A - JUL 26



GOPIKA PRAMOD
10B - JUL 26



LOKESH CHELLIBOINA
7F - JUL 26



RAIYAAN MOGHAL
11B - JUL 26



SURAJ VAIBHAV
7F - JUL 26



KEYUR BHARATKUMAR
12I - JUL 27



JEFFREY THOMAS
12K - JUL 27



ALVITA RAYNA
11F - JUL 27



BURHANUDDIN MUSTAFA
11G - JUL 27



ERICA GRETTEL
11A - JUL 27



PIYUSH DEVADAS
9D - JUL 27



SARRAH MOHAMMEDI
10C - JUL 27



KHUSHI NAGARAJ
12E - JUL 28



MOIZ FIDA HUSSAIN
9D - JUL 28



JOHAN GEORGE
12K - JUL 29



ANN MARY BIJU
10A - JUL 29



ENOCH POSNETT
10A - JUL 29



MARIA HAKIMUDDIN
8D - JUL 29



RHEA SANTOSH NAIR
11E - JUL 29



SANVI SURESH
9B - JUL 29



AYSHA NAZEER
12J - JUL 30



ABIALI ALI HUSAIN
9C - JUL 30



AMEENA HYFA
11B - JUL 30



CRYSTAL MERIN
11A - JUL 30



DYLAN SEQUEIRA
11E - JUL 30



JAI GIRISH MEHTA
8B - JUL 30



JULIA SUSAN
11G - JUL 30



KRITHIKA MURALI
8E - JUL 30



GODWIN CHRISTO
12A - JUL 31



JYOTSNA ASHWIN
8C - JUL 31



NIHAL K. NAUSHAD
8B - JUL 31



REUBEN ABY
12F - JUL 31



SMIT KUBAL
8D - JUL 31



SMRITI JASVINDER
8A - JUL 31



ANNA SARAH
10F - JUL 4



MARIA ROBERT
11B - JUL 6



MRS. ANITHA P.
1 JULY



MRS. SONA DIVA-
KARAN - 3 JULY



MRS GURPREET
KAUR - 14 JULY



MRS. SHIRLY T.C
20TH JULY



MRS. NEETU
BHARGAVA - 20TH JULY



MR. DAS SHYAM
SUNDER - 26TH JULY



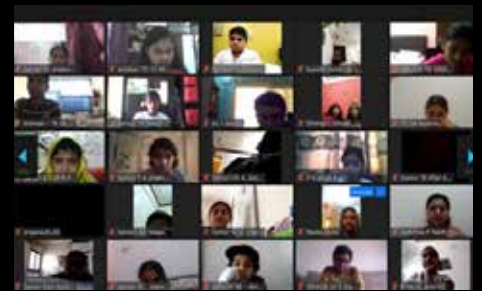
THE INDIAN COMMUNITY SCHOOL STAGES A STUDENTS' TRAINING PROGRAMME FOR CLASSES 6, 7 & 8



A students' training programme was organized by the Indian Community School for the children of classes 7 and 8 on 28th May 2020 on a virtual online platform. The renowned resource person for the training session was Mr. J C Tom Zachariahs K, who is a motivational speaker also. The session was witnessed by the honourable members of Board of Trustees of ICSK, Principals, Vice Principals, Deputy Vice Principal and Head

of Departments of all the four branches of ICSK.

The session began with a wide range of questions to the children. According to him, intelligence is a bio-psychological potential to process information. He spoke about brain process, the different lead processes, the five sense organs, the sensible use of those sense organs, the different methods of memory retention and the key element of concentration. He also spoke about creating results in different areas. An interactive



session was also organized wherein the children got an opportunity to clear all their concerns and queries.

THE INDIAN COMMUNITY SCHOOL ORGANIZES ITS FIRST VIRTUAL PARENTS TRAINING PROGRAMME



The most powerful way to change the world is to live before our children the way we would like the world to be. ICSK, Kuwait relates the children with their parents and with that noble intention, ICSK staged its first virtual parents' training programme exclusively for the parents of ICSK on 28th May 2020. The programme was witnessed by the Honourable members of Board of Trustees of ICSK, Principals, Vice Principals, Deputy Vice Principal of all the four branches of ICSK, the faculty members and parents of the whole ICSK fraternity.

was Mr. Anto Michael, who is a motivational speaker and a psychological counsellor too. Even in this ubiquitous nature of lockdowns and quarantines, children are trying to cope up with their regular studies and online classes. Dr. Amir Ahmed from IMA, the former President of Indian Doctors Forum delivered the welcome address and cordially welcomed all the dignitaries.

Dr. Renjith George, the renowned Endodontist, Ministry of Health, Kuwait, one of the parents of ICSK, introduced the resource person Mr. Anto Michael. Mr. Anto spoke about the various aspects in which

children need and urge for help from their parents. He discussed about the various ways through which parents and children can get attached to each other. In this present scenario when life has become very expensive both the working parents are not able to spend time with their kids. This creates a lot of gap between them. But Mr. Anto discussed a lot of ways and means through which the bond between the parents and children could be strengthened. An interactive session was also arranged in which the parents shared their concerns and queries.

CHARITY CONVENERS - MAY



GUNKIRAT KAUR
- 12A



EMILY ANN
- 12B



ANN RAI JACOB
- 12C



SAMUEL RENJU
- 12D



HANI ABDUL HAFEEZ
- 12E



GAUTHAM BIJU
- 12F



JERIN ANIL
- 12G



KEZIA ANN JACOB
- 12H



KEYUR
- 12I



DARSHAN
- 12J



STEPHEN JOSEPH
- 12K



ANANYA LOBO
- 11A



SHAIK ISHAQ
- 11B



BEN AJITH KURIAN
- 11C



ABEL JOSEPH
- 11D



HABEEB SAQLAIN
- 11E



PEARLYN SABITA
NAIR - 11F



SAGMA JAMIL
- 11G



ACHU JOHN
- 11H



SHREYA ANN
ABRAHAM - 10A



DEVI AJAY
- 10B



ARFANA
- 10C



SARA SHAIKH
- 10D



PRNOY SIMON
- 10E



HANIYYAH
- 10F



VALLEN JOEL
- 10G



RAGHAV UDAY
MENON - 9A



ADINATH
KANICHERI - 9B



AARON JOE
- 9C



ASMI MAHESH
- 9D



RIYON SAM D'SOUZA
- 9E



JADEN FURTADO
- 8A



ANGELA SARA
SHEDU - 8B



SHRUTHIKA SIVAKUMAR
- 8C



MAAZ MUBIN
- 8D



YUSUF - 8E



ABHINAV REMESH
- 7A



MANHA MANZOOR
- 7B



ANNS ANNA - 7C



GNANA SAI CHARAN
- 7D



ADITYA ULLAS NAIR
- 7E



ARSHA ANIL
- 7F



THARUN JANAKIRAMAN
- 6A

Bread Pudding



Ingredients

1. 6 Bread Slices
2. Sugar ½ Cup for Caramel + ½ Cup for milk
3. Milk – 1½ cup
4. Custard Powder – 4 Tbsp
5. Water – ½ cup

Recipe

1. Put ½ cup sugar in a pan and caramelize it. Wait until dark brown, immediately transfer it into a 6-inch pan. Spread evenly.
2. Cut the bread into small pieces and grind it.
3. Take a bowl and put 4tbsp custard powder. Add ½ cup water. Mix well.
4. Put 1½ cup milk in a thick vessel. Add ½ cup sugar. Bring it to a boil.
5. Add the custard mixture in the milk. Keep stirring until it thickens.
6. Gradually add the bread crumbs into the mixture. Keep stirring
7. Transfer the mixture into the 6-inch pan. Tap it. Even the top. Cover it with aluminum foil.
8. Pour some hot water into a vessel. Place a stand and keep the pan on the stand.
9. Steam it for 12-20 minutes. Bring it to room temperature and then keep it in the fridge for 2 hours.
10. Now enjoy your bread pudding.



AKSHITA CHARUDATH
7F

WORLD in a Nutshell

MAY 2020



Nepal thanks India for providing medical supplies to fight COVID-19:

Nepal's Foreign Affairs Minister Pradeep Gyawali thanked India for providing "medical logistics and testing kits" as part of ongoing cooperation to fight coronavirus pandemic. India's Ambassador Vinay Mohan Kwatra handed over the Pathodetect COVID-19 Qualitative Reverse Transcription Polymerase Chain Reaction (RT-PCR) test kits manufactured in India to Nepal's Minister for Health and Population Bhanubhakta Dhakal. The consignment, as a gift from the people of India to the people of Nepal, will enable Nepal's health professionals to conduct PCR tests on about 30,000 people, according to a statement by the Indian embassy.



126 lakh tonnes of food grains supplied to States: FCI:

The Food Corporation of India (FCI) has supplied around 126 lakh tonnes of food grains, almost equivalent to two-and-a-half months' supply in normal situations, to States and Union Territories during COVID-19 lockdown.



Chess | China wins Online Nations Cup:

China won the inaugural \$180,000 FIDE Online Nations Cup following a 2-2 draw against USA. China, which lost to USA in the concluding league match, was declared the winner on the basis of topping the points table in the round-robin stage. China won \$48,000, USA \$36,000 and others received \$24,000 each.



Nod likely for National School of Drama centres in Jammu, Maharashtra:

New centres of the National School of Drama have been proposed in Jammu and Maharashtra and are likely to be approved by the government soon, NSD director-in-charge Suresh Sharma said. Apart from its Delhi campus, the NSD has four centres — in Bengaluru, Agartala, Gangtok and Sikkim. Mr. Sharma said the NSD, which is an autonomous organisation of the Union Ministry of Culture, had prepared proposals for two new centres in Jammu and Maharashtra.



History in the making: SpaceX propels two NASA astronauts into orbit :

WASHINGTON: A rocket ship built by Elon Musk's SpaceX company successfully blasted off with two NASA astronauts into orbit from the US state of Florida on their way to the International Space Station, marking the dawn of a new age in commercial space travel. The blastoff from Kennedy Space Center in Florida also assumes significance as it marks the launch of humans into orbit from US soil for the first time in nearly a decade. With the liftoff, SpaceX became the first private company to launch people into orbit, a feat achieved previously by only three governments: the US, Russia and China.



'Samudra Setu' posed unique challenges, says Vice Chief of Navy:

On the heels of the Navy embarking on seaborne repatriation of Indians stranded overseas owing to the COVID-19 pandemic, Vice Admiral G. Ashok Kumar, Vice Chief of the Naval Staff, said that the force was at the ready for evacuation of Indians from abroad or for movement of stranded islanders within India, as and when ordered by the Government of India.



IIT-JEE top rankers offer free doubt-solving sessions for JEE, NEET aspirants :

A group of Indian Institute of Technology-Joint Entrance Examination (IIT-JEE) top rankers has offered free doubt-solving sessions for students aspiring to crack the JEE and National Eligibility-cum-Entrance Test (NEET) for medical courses. The announcement made Edvizo, a Guwahati-based start-up, launch a 30-day online initiative to help JEE and NEET aspirants clear their doubts. Clearing uncertainties related to their approach to the examinations is the responsibility of 18 top-rankers in the group. The top-rankers include IITians, doctors and senior subject experts.



Microsoft cuts editorial staff, to replace them with AI:

Microsoft is reportedly laying off at least 50 news production workers and replacing them with artificial intelligence (AI)-based algorithms to perform their editorial duties. According to a report in the Seattle Times on Saturday, the roughly 50 employees contracted through staffing agencies Aquent, IFG and MAQ Consulting have been notified "that their services would no longer be needed beyond June 30". These news production contractors work with Microsoft News, the company's news content arm that operates MSN.com and other properties.



India Among 88 Countries To Miss Global Nutrition Targets By 2025:

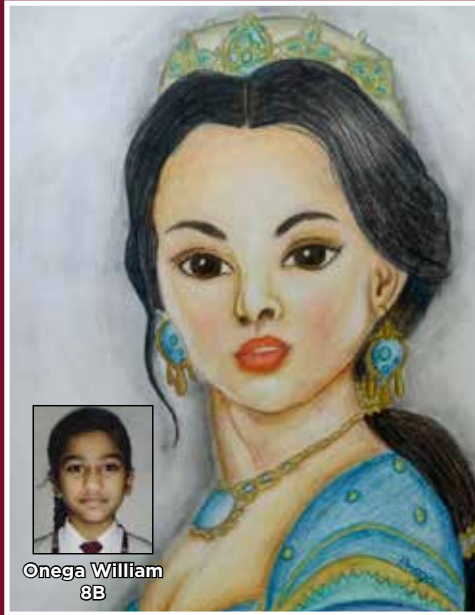
With COVID-19 pandemic threatening systems around the world, it has become an immediate concern for government businesses and civil societies to address the global nutrition crisis in all forms. According to the report, India, with one of the highest rates of domestic inequalities in nutrition, is among the 88 countries to miss global nutrition targets by 2025. It stated that malnutrition is still one of India's biggest challenges.



Aarogya Setu app mandatory for travel on 15 special trains: Railways:

The Railways ministry has made it mandatory for passengers taking special trains beginning operations Tuesday onwards, to have the Aarogya Setu app on their mobile phones, after having "advised" to use the app. According to the government, the Aarogya Setu mobile App is developed to help citizens identify their risk of contracting COVID 19 (Coronavirus).

Art Gallery



EPictionary

1. **Perilous** - full of danger or risk.

Used in sentence: She promised to climb up the perilous peak along with her friends, but she chickened out at the last moment.

2. **Cataclysmic** - a sudden disaster or violent event in the natural world

Used in sentence: US intelligence reportedly predicted corona virus to be a cataclysmic event.

3. **Nepotism** - favoritism (as in appointment to a job) based on kinship

Used in sentence: she was accused of nepotism when she made her nephew an officer of the firm.

4. **Salubrious** - favorable to health or well being

Used in sentence: Vegetables are salubrious foods which provide essential nutrients.

5. **Jarred** - a jolt or shake; a vibrating movement.

Used in sentence: The sound of the alarm jarred him.

6. **Dwindle** - diminish gradually in size

Used in sentence: The traffic has dwindled to a trickle.

7. **Solace** - something that gives comfort, consolation

Used in sentence: The only solace of the day was to make food and relish it.

8. **Peregrinate**-to travel or journey, especially to walk on foot

Used in sentence: A peregrination of the huge mall left us all with throbbing feet.

9. **Ostentation** - the pretentious or showy display of wealth and luxury, designed to impress

Used in sentence: Her lifestyle was remarkably free from ostentation.

10. **Euphoria** - a feeling or state of intense excitement and happiness

Used in sentence : They were carried along on a tide of euphoria.

11. **Ameliorate** - to make better of more tolerable

Used in sentence: Ameliorate your singing by taking a few vocal lessons.

12. **Candour** - the quality of being open and honest in expression; frankness

Used in sentence: Olivia has such candour and magnanimity, that I must admire her!

DO YOU KNOW?

1. The Eiffel Tower is shorter in winter than in summer. The Eiffel Tower is made of iron, which expands in heat and contracts in the cold. In warm weather, the tower grows by as much as 6 inches, and also leans slightly away from the sun.



FAIZA FAROOQ
XI H

2. There are more than 200 dead bodies on Mount Everest. In total, 295 people have died climbing Mount Everest. Most of their bodies are still on the mountain, since bringing them down is too dangerous and demanding. Some bodies have been there for decades. Many have been given nicknames and are used as trail markers by other climbers

3. There are 2,000 thunderstorms in progress at any given moment. About 16 million thunderstorms happen around the world every year, though only about 10% of those are considered severe. While they're most common in the evening in spring and summer, thunderstorms can happen anywhere and anytime.

4. September 5th is Be Late for Something Day. Not a particularly punctual person? You'll be thrilled to learn there's a holiday just for you! Established by the Procrastinator's Club of America, this day was founded to help people slow down and worry less about time.

5. Did you know the active ingredient in dynamite is used to treat heart attacks? Nitroglycerine, which is the explosive compound in dynamite, is also kept in tablet form in hospitals for use in heart attacks and other cardiac emergencies. When taken orally, it relaxes the muscles and blood vessels, increasing blood flow and oxygen in the heart.

6. The scientific name for a stomach grumble is "borborygmi". The noise your tummy makes when you're hungry is actually caused by fluid and gasses moving forward through the intestines. Your stomach always makes these noises, but the food absorbs the sound when it's full so you don't hear it as loudly.

7. Flamingoes aren't really pink. When flamingoes are born, their feathers are gray or white. The pink hue is acquired over time from the food they eat. The fish and algae they consume contain chemicals called carotenoids that dye their feathers.

8. Cows have accents. Cows from different herds have slightly different moos, and they retain their regional "dialect" when moved to a different herd. These variations are believed to develop in the same way as human accents, through calves mimicking the moos they hear growing up.

9. It rains diamonds on Jupiter. Much of this gas giant's atmosphere is comprised of methane, which is turned into carbon by electrical storms. As this carbon falls in toward the planet, the pressure forms it into diamond hailstones up to a centimeter in diameter

10. Mercury is shrinking. Already the smallest planet in the solar system, Mercury is continuously shrinking. Iron shrinks as it cools, and Mercury's iron core is still in the process of cooling 5 billion years after the planet was formed.



**THE INDIAN
COMMUNITY SCHOOL
KUWAIT**

The Indian Community School (Senior) Salmiya

Tel: 25629583, 25659126, 25613260, 25623370

Fax No: 25652308

Website: www.icsk-kw.com

Email: senior@icsk-kw.com

The Indian Community School Khaitan

Tel: 24717193, Fax No: 24717192

Website: www.icsk-kw.com

Email: khaitan@icsk-kw.com

The Indian Community School (Junior) Salmiya

Tel: 25613344, Fax No: 25652308

Website: www.icsk-kw.com

Email: junior@icsk-kw.com

The Indian Community School Amman St.

Tel: 25624405 / 25624397 Fax No: 25624318

Website: www.icsk-kw.com

Email: amman@icsk-kw.com