



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

DECEMBER 2020



PRINCIPAL'S MESSAGE

Dear Children,

At this time of the second midterm examination, let me wish you the very best for the exam. Once again, I am reminding you to be in the mood of celebration while writing the examination. Always have a positive feeling that you can achieve this and that will boost your confidence. Do not compare yourself with anyone, but compare your previous performances. Always keep a mindset to achieve a better score than your previous one. Dear children, you will be the winner. As you are aware, the school is organizing an online free meditation course for you from 26TH December to 1st January. Please don't hesitate to join. It will definitely be rewarding in both your studies as well as your life.

In the previous edition, we discussed 3 methods of mindfulness to improve our well being. The remaining two methods we are discussing in this edition.

1. Mindful Leisure Time - Rewire the Brain

Experts claim that about 95% of our daily actions are done on 'autopilot,' a process controlled by the 'fast brain.' The neurotransmitters that control our repetitive habits do it with such efficiency, which makes breaking a habit difficult. Mindfulness is the exact opposite of automatically giving in to habits, and when we practice it, we put our 'slow brain' to use.

The more you practice, the stronger the sense of control over the mind becomes, and new habits can be formed. But there is one problem. While our 'slow brain' is doing the work, the 'fast brain' is still trying to get us to take shortcuts. To remind ourselves that we are the one in power over our minds, we can follow several steps:

- a. **Create a Motivating Environment** - If one of your goals for the day is to stretch instead of sitting on the couch watching TV, place your workout mat in the middle of the living room. It will remind you of your decision and invite you to take action.
- b. **Mix Up Your Motivation Methods** - The previous tip might work for a week or so. After that, the 'fast brain' will prompt you to go back to your old habits, and it will be harder to resist. Therefore, you need

to freshen up how you motivate yourself to take action. For example, instead of placing the mat in the living room, stick a note on the TV screen saying '10 minutes of stretches'.

c. Intentionally Create New Patterns of Thinking -

Create a new thought pattern using the 'X means Y' model. For example. If you're nervous about making phone calls, repeat 'phone calls mean deep breaths'. This intentional conditioning will help you be more aware of your actions and behaviors by using the 'slow brain.'

2. Mindful Driving - Stay Calm On the Road

This will be useful for your parents and for you in future. There is nothing more irritating than being stuck in traffic. The thought of being late for work or just stuck for hours initiates our 'fight or flight' response. Some of us feel like we're 'going crazy' on the road and say or do things that we wouldn't have said or done normally. The worse the traffic jam is, the higher the stress level. It may not look like it, but that is actually the perfect time to try a few mindfulness techniques that might help balance your mood and change your perspective on your current situation.

- a. **First of All, Take a Deep Breath** - It might sound corny and simplistic, but inhaling oxygen into your body helps reduce stress levels. While you breathe, remind yourself that the choice is yours, and you choose to stay calm.
- b. **Ask Yourself What You Need** - If you need to regain your composure, try to notice exactly how you feel in each part of your body and find the tense parts. If it is a feeling of security that you need, remind yourself that everything will be alright even if you're late. Every problem has a solution.
- c. **Look Around at Other Drivers** - Everyone on the road wants to feel safe and calm, but not everyone manages to do so. Try to find a driver who feels the same way as you, to understand how a stressed driver looks like from the outside. You might find people who manage road stress by singing in the car or even smiling. When you spot them, you will instantly feel better.

Once again, Best Wishes for the second mid-semester examination.

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EDITORS' NOTE

Greetings from the Editorial board .

Dear children,

Let me share a story which has a profound meaning.

WHO ARE YOU?

During one of his travels, Kalidasa felt very thirsty and looked around for water. He saw a woman drawing water from a well. He went up to her and asked her for water. She asked him, "Who are you? Introduce yourself."

Now Kalidasa thought that an ordinary village woman was not worthy of knowing who Kalidasa was. So he said, "I am a traveller."

But the lady replied, "In this world there are only 2 travellers – the Sun and the Moon. Both rise and set every day and keep travelling perpetually."

Then Kalidasa said, "Alright then, I am a guest." The lady promptly replied, "In this world there are only 2 guests – Youth and Wealth. Both are temporary and hence can only be called as guests."

Intrigued Kalidasa said, "I am a Tolerant person." Now the lady replied, "In this world only 2 truly know the meaning of Tolerance – Bhoomi (Earth) and Tree. How much ever you stamp the earth or throw stones at the tree, both continue to nurture us."

Kalidasa had been patient so far, but now in anger he said, "I am a fool". Now the lady gave a wide smile and said, "There are only 2 kinds of fools in this world – a King who rules without having any capability or knowledge & a Minister who is a sycophant to such a King and lavishes praises on such a useless king."

Kalidasa realised that he had been outsmarted. He fell at the feet of the lady and when he touched her feet and then got up, whom did he see?

Mata Saraswati - the Goddess of Learning and Wisdom. She said, "Kalidasa, you are wise. But only if you know yourself do you become a Manushya (human being). A person without any awareness of self has not reached the pinnacle of being a Human."

"Children should become a Manushya and know themselves to become better human beings. Intelligence is good but wisdom achieves better results."

**Send your valuable contributions to
epicseditor@icsk-kw.com**



Mrs. Susan George



Mrs. Tintu Wilson



Mrs. Sona Sunish

SAGITTARIUS A*



ANNISHA R DSOUZA
-11 C

On October 6th 2020, the Royal Swedish Academy of Sciences announced this year's Nobel Prize in Physics to Roger Penrose "for the discovery that black hole formation is a robust prediction of the general theory of relativity" and the other half jointly to Reinhard Genzel and Andrea Ghez "for the discovery of a supermassive compact object at the center of our galaxy".

The theory that best explains the motion of large, heavy objects is Einstein's general theory of relativity. Imagine we shrunk the earth to a few millimeters, it can become a black hole. Penrose developed the Penrose process which explains the astronomical phenomenon known as quasars; extremely bright astronomical objects which emit photons.

Observing the center of our very own Milky Way galaxy is a very chaotic process because of the turbulent air currents lead to a very unclear image. To circumvent they used adaptive optics; works using the logic that our atmosphere affects the distant star and laser the same. The duo wanted to investigate the center of our galaxy and the surrounding stars which proved to be difficult as stars move slowly, so they performed observation for almost 30 years. They noticed that one particular star, S2, took less than 16 years to orbit. The researchers concluded that there must be some very massive object which holds all the other stars. By measuring velocities, they concluded that this massive object is unexpectedly small and held the same position as the quasar Sagittarius A*.

Together with Penrose's work showing us that Albert Einstein's general theory of relativity not only permits but encourages the formation of black holes, and the observations made by the duo, led to finding evidence of a supermassive black hole at the center of our galaxy with a mass of over 4 million times the mass of our sun, Sagittarius A*.

Dr. T.P Sethumadhavan Consultant to Government of India UNDP Addresses Career Awareness Program for Students of CBSE Schools

“Free the child’s potential and you will transform him into the world”

The Indian Community School, Kuwait set the stage for a Career Awareness Programme on



Mohammed, honourable Secretary, Board of Trustees ICSK, Mr. Ravi Ayyanoli Principal DPS, Mrs. Asha Sharma Principal ILOA, Mr. Arul Dharmaraj Principal IIS. Dr. V Binumon , Principal and Senior Administrator ICSK,



Dr. T.P Sethumadhavan began by sharing a real life incident. Dr. Sethumadhavan urged the children to think and dwell upon four important questions.

- [1] How do I want to manage my career?
- [2] What are my strengths?
- [3] What specific knowledge do I own?
- [4] How can my life experiences feed into long- term career success and fulfillment?



5th December 2020 via the digital platform for the parents and children of classes IX and X. The objective behind organizing the Career Awareness programme was to help the children make informed choices while focussing on their career and skill development so as to enable them to build an adaptable approach to the management of their careers with the selection of the right subject and stream.

The Chief Guest for the programme was Dr. T. P. Sethumadhavan, who is a leading education and Career Consultant in India and Abroad. He is the Consultant to the Ministry of Food processing, Government of India, World Bank, UNDP, Int’l Cooperative alliance Geneva and National Skill development Corporation. The session saw the participation of 21 CBSE schools in Kuwait.

The distinguished dignitaries who graced the occasion with their propitious presence were, Mr. Shaik Abdul Rahiman, honourable Chairman, Board of Trustees ICSK, Mr. Amir

Mr. Rajesh Nair Principal ICSK Amman, Mr. Gangadhar Shirsath Principal ICSK KHaitan, Mrs. Sherly Dennis Principal ICSK Junior, vice principals, HODs of various departments, academic supervisors, staff members, parents and their children of classes IX and X of ICSK also witnessed the informative programme.

The event unfolded with the recitation of Islamic prayer by Master Ahmed Fayiz of Class X followed by the prayer song by the ICSK choir, Swaranjali and the Kuwait National Anthem. In his welcome address, Mr. K. Gangadhar Shirshat Principal ICSK Khaitan whole heartedly lay the carpet of welcome to the Chief Guest and all the other distinguished guests. Dr. V Binumon, Principal and Senior Administrator ICSK Senior, cordially introduced the Chief Guest Dr. T.P Sethumadhavan and expressed his gratitude and appreciation on behalf of the whole school for taking some time out of his busy schedule in order to enlighten the children of ICSK.

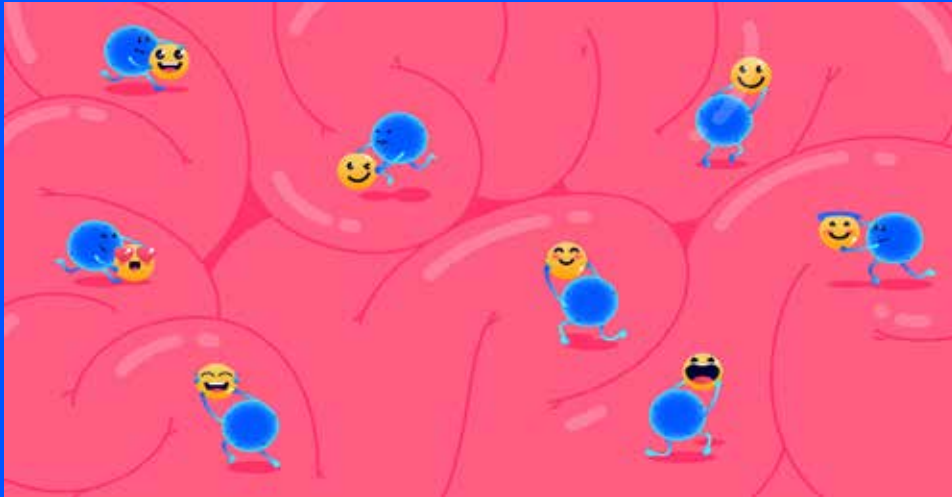
Teenagers are shaped from explorers to in-depth learners. He added that selection of stream post class 10th would greatly determine the career paths they take in the future. Many of the students realize later in life that they have made an error of a choice and are stuck with the options available or redo everything from the very start. So, decisions must be taken consciously. He advised the children to work upon the updated information, changing trends, pathways and processes. Dr. Sethumadhavan familiarized the children with innumerable number of streams and courses that they could choose matching their intellect and area of interest with the support of a content-packed power point presentation. The session was indeed knowledgeable, apprising and interactive as all the children of classes IX and X were able to seek answers to all their queries.

As a mark of recognition, acknowledgment and cognizance, Mr. Shaik Abdul Raniman, honourable Chairman Board of Trustees ICSK and Mr. Amir Mohammed, honourable Secretary Board of Trustees ICSK, presented a digital memento to the Chief Guest , Dr. T.P Sethumadhavan.

The quite valuable and comprehensive awareness session was wound up with vote of thanks proposed by Mrs. Sherly Dennis, Principal ICSK Junior followed by the Indian national anthem.



MEET YOUR BODY'S HAPPY CHEMICALS



Let me introduce you to your happy chemicals, what they do and how you can boost them. Your body produces hormones which in simple words are chemicals produced by different glands across your body. Hormones are involved in lots of essential processes but their most important function you ask? - Helping regulate your mood. Certain hormones or chemicals promote positive feelings such as joy and excitement. There are mainly 4 types of

happy hormones-

1. Dopamine: Also known as the "feel good" hormone, this hormone is a neurotransmitter that's an important part of your brain's reward system. If you are praised by your teachers for doing a good job, you release dopamine, resulting in feelings of well-being.

2. Oxytocin: Also known as the love hormone, it is a hormone that promotes

bonding and trust. One of its lesser-known, but equally important, function is as a neurotransmitter that helps regulate stress responses and calm the nervous system.



SAALIHA ZAMEER
- 12A

3. Endorphins: Endorphins makes you happy, but not in the way you might think. These are your body's natural pain killer, which is produced in response to stress and discomfort. They work similarly to a class of drugs called opioids. Opioids relive pain and produce a sense of euphoria.

4. Serotonin: It is the mood stabilizer. This hormone helps you regulate your mood as well as your sleep, appetite, digestion, learning ability and memory.

In case you feel like your lacking these chemicals and their effects, there are ways to naturally boost each hormone:

Remember, your mental health is just as important as your physicals especially in such tough times. Take care and be kind.

Marine Life Parks deteriorate the lives of Sea Creatures



Aquariums and marine life parks were one of the most magical places a person could visit. We made some of the happiest memories of our childhood here, but sadly, our happiness was built upon the sufferings of thousands of animals.

Dolphins and orcas are social and emotional animals that live in the wild and clean waters of the earth. They live in large social groups and swim hundreds of kilometers a day. But now, many of these creatures are torn away from their families and are held captive in the chlorinated prisons of the marine life parks. This new environment often leads to adverse effects in the lives of these animals.

Massive sea creatures such as dolphins and orcas are kept hostage inside small tanks that, to them are equivalent to bathtubs. They grow up in these structures their entire lives, wrapped in stress, fear and hardships. Some of them start developing self-destructive and aggressive behaviour. There have been reports of many orcas who have been chewing on metal bars of their tanks, breaking their teeth in the process. Not only do parks hurt sea creatures mentally, but also physically. These deep swimming animals get sunburns as they are exposed to the sun for a long time. They also become victims to several diseases due to chemicals in the water. Many marine life parks and

aquariums physically and mentally torture their animals in the name of entertainment



SAKINA YUSUF
BANIYAN - 11H

Removal of these majestic mammals from their natural habitats is utter absurdity. Fortunately, in recent times, many people have started realizing that dolphins, orcas and other creatures do not belong in the madness of this captivity. Mexico City has banned the use of dolphins and other mammals for the use of shows, therapy sessions and experiments. India's ministry of environment has announced that the country would no longer let dolphins be held in captive environments as it is considered morally unacceptable. But what can we do? We must stop visiting zoos and parks that have incarcerated marine animals. Encourage your local aquariums and sea parks to stop the breeding of animals and make larger spaces for the animals to live in. You can donate to various animal welfare organizations such as Peta, The Dolphin Project, National Geographic etc. Animals are a part of the biodiversity that we live in. They have as much right as we do to enjoy nature freely.



ICSK SENIOR BRINGS SMILES ON THE FACE OF THE CHILDREN BY CELEBRATING VIRTUAL CHILDREN'S DAY COMMEMORATING CHACHAJI'S BIRTHDAY



Even in this pandemic, The Indian Community School Senior, did not forget to bring a smile on the children's face. The cast and crew of ICSK Senior celebrated the Children's Day on 16th November 2020, on the virtual platform to commemorate Chachaji's birth anniversary. On account of Children's Day, a special assembly was organized by the teachers of ICSK Senior for the children of classes 6 to 12. The Principal and Senior Administrator of ICSK Senior, Dr. V Binumon, Mrs. Susan Rajesh Vice Principal, Mrs. Mini Shaji Deputy Vice Principal, HODs of various departments, Academic Supervisors, the entire staff of ICSK Senior and the children witnessed the magnificent programme. There were around 1000 participants who had witnessed the assembly. Mrs. Priya Kurup, HOD [Dept. of English] was the host for the day. As a customary ritual, the assembly commenced with the Islamic prayer recited by Mr. Mohammed Haris [Dept. of Arabic], followed by the school prayer and the Kuwait National Anthem. Mrs. Susan Rajesh, Vice Principal ICSK Senior shared a very thoughtful 'thought for the day' and wished the children on that very auspicious occasion. In order to improve the vocabulary of the children, Mrs. Mini Shaji Deputy Vice Principal ICSK Senior, shared the word for the day.

Mr. George Swamy HOD [Dept. of Computer Science], shared the international news, Mr. Austin [Dept. of Science] shared the national news, Mrs. Sarita P. Nair Academic

Supervisor, Secondary read out the regional news, Mrs. Musarrat Parkar HOD [Dept. of Commerce] shared the sports news and Mrs. Rajam HOD [Dept. of Physical Education] shared the campus news to keep the children updated about everything around the world.

Mr. Joel, ICSK Senior's very own Chacha Nehru delivered a wonderful speech, giving a lifetime message to the children of ICSK Senior. He advised the children that life is a tough journey in which one has to be resilient, patient and at the same time courageous. Chachaji congratulated Dr. V Binumon, Principal and Senior Administrator ICSK Senior, and all the teachers and expressed his gratitude on behalf of the children of ICSK Senior. He encouraged the children to accept the challenges that come in their way.

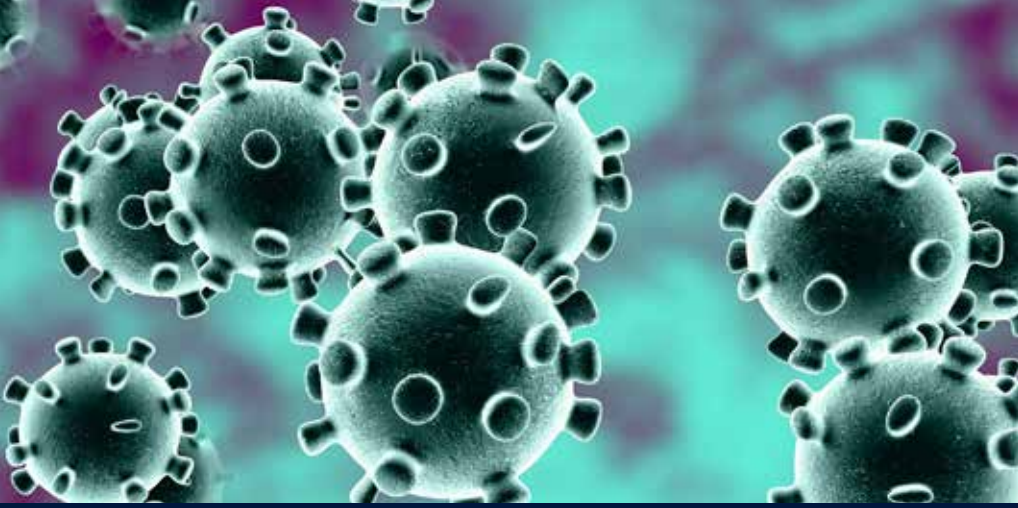
The entertainment quotient was introduced by Mrs. Sreekala Dileep HOD [Dept. of Social Science] with the rendition of a melodious

song. Mr. Francis Music Teacher played a beautiful instrumental mashup. Mr. Anurag Singh [Dept. of Science] lightened up the mood of the crowd with the rendition of a beautiful song. Mr. Suraj [Dept. of Art and Craft] exhibited his artistic creativity and talent with an enchanting piece of art work. Mrs. Trina, [Dept. of French] sang a very melodious French song that left the children excited. Mrs. Aleena [Accounts Dept.] came up as a very surprising element when she sang a very mellifluous song. Mr. Yousuf Shabbir [Dept. of Computer Science] presented a quite motivational video to the children to keep them feel motivated and encouraged.

Mr. Atiq Dhanse [Dept. of Commerce] shared the important announcements. Virtual birthday cards were presented by Dr. V Binumon, Principal to the children who celebrated their birthdays. The Principal and Senior Administrator ICSK Senior, Dr. V Binumon congratulated all the teachers for showcasing such a wonderful programme. He added to the point that every child is special and unique in his or her own way. He said that one should have strong roots and the strength for fixing confidence, which would hold one's head high. He also shared the benefits of exercising to keep one's body and mind hale and hearty.

Mrs. Shehnaz Dalvi, the Staff Secretary, proposed the vote of thanks. The Principal Dr. V Binumon administered the pledge to all and the assembly was wound up with the Indian National Anthem.

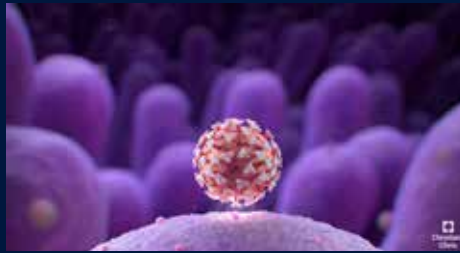




CORONAVIRUS MYTH - BUSTER

FACT: Water or swimming does not transmit the COVID-19 virus

The COVID-19 virus does not transmit through water while swimming. However, the virus spreads between people when someone has close contact with an infected person.



FACT : The COVID-19 virus can spread in hot and humid climates

There is no reason to believe that cold weather can kill the new coronavirus or other diseases. The normal human body temperature remains around 36.5°C to 37°C, regardless of the external temperature or weather. The most effective way to protect yourself against the new coronavirus is by frequently cleaning your hands with alcohol-based hand rub or washing them with soap and water.

FACT: The prolonged use of medical masks* when properly worn, does not cause CO2 intoxication nor oxygen deficiency

The prolonged use of medical masks can be uncomfortable. However, it does not lead to CO2 intoxication nor oxygen deficiency. While wearing a medical mask, make sure it fits properly and that it is tight enough to allow you to breathe normally. Do not re-use a disposable mask and always change it as soon as it gets damp.

* Medical masks (also known as surgical masks) are flat or pleated; they are affixed to the head with straps or have ear loops.



JOSHUA ALVIN
CARDOZA - 8C

FACT: Catching COVID-19 does not mean you will have it for life

Most of the people who catch COVID-19 can recover and eliminate the virus from their bodies. If you catch the disease, make sure you treat your symptoms. If you have cough, fever, and difficulty breathing, seek medical care early – but call your health facility by telephone first. Most patients recover thanks to supportive care.

People of all ages can be infected by the COVID-19 virus

Older people and younger people can be infected by the COVID-19 virus. Older people, and people with pre-existing medical conditions such as asthma, diabetes, and heart disease appear to be more vulnerable to becoming severely ill with the virus.

Stay safe, Stay home.



Quote Garden

- We can do anything we set our minds to.
- It always seems impossible until it's done.
- Smooth seas do not make skillful sailors.
- Fear is only as deep as the mind allows.
- Failure is not falling down but refusing to get up.
- Be not afraid of going slowly, be afraid of standing still.



AYUSHI AISHWARYA
PANIGRAHI - 9C

*Worry is a conversation you have with yourself about things you cannot change.
Prayer is a conversation you have with God about things He can change.*



PUBLIC SPEAKING AND LEADERSHIP PROGRAMME AT ICSK

Youth Leadership Development programmes help children develop life skills, build self confidence and also develop problem solving skills. Many children of ICSK participated in the YLP programmes that was organized by the school. It was an 8 week session which began in the month of September 2020 and culminated on 1st December 2020. On 1st December 2020, ICSK, Kuwait staged the valedictory ceremony of Public Speaking and Youth Leadership Programme phase 1 at 5pm on the virtual platform. As the children of ICSK had completed their first phase of YLP successfully, the school had arranged the valedictory ceremony for them to encourage and boost them to further participate in such programmes which would help them grow as an individual leader and set an example for others.

The guests who were present on this occasion were the Principals, Vice Principals, Deputy Vice Principal of ICSK Senior, Amman, Khaitan and Junior schools. The coordinators of the YLP programme, worthy parents and children of all the four branches of ICSK were also present to witness the programme.

The Presidents of all the six groups of participants, Master Joshua Alwin from the Motivators group, Ms. Faiza Hanif from the Innovators group, Master Aditya Ajit from the Pioneers group, Ms. Huda from the Challengers group, Ms. Alaina Thomas from the Superstars group and Ms. Reva Kataria from the Articulators group, disguised as various famous leaders came forward and shared successful journey and experiences, being a part of the first phase of the YLP

training programme. A very unique snapshot of the 8 week YLP programme was presented in the form of a video presentation.

All the four coordinators or mentors of the YLP program addressed the gathering sharing their experiences of mentoring the young leaders of ICSK. They also gave valuable advices to the children which would help in their long run of life.

Some of the parents of the participants also got the opportunity to share their experiences and perspective about the programme. They were Mr. Jinu Chacko Thomas, father of Ms. Alaina Thomas and Mr. Rodalf Michael father of Master Joshua Alwin. As a gratitude towards their hardwork and time, the Principal and Senior Administrator of ICSK Senior Dr. V Binumon, felicitated all the four mentors by presenting them with a digital memento. The mentors of the YLP programme also

presented the certificate of participation to all the participants of the programme. The programme came to an end with the Indian national anthem.



Birthday Arcade - December



ELJAH RICHARD
10A - 1 DEC.



JAMILA SHAMOORN
8E - 1 DEC.



JOSHUA JOHN
12K - 1 DEC.



SIDHARTH DILEEP
12E - 1 DEC.



YUSRA ASAD KHAN
12C - 1 DEC.



ZACHARIAH ALEX
12E - 1 DEC.



VAIBHAV SREEJITH
8F - 2 DEC.



ANTON K SAM
11A - 2 DEC.



MAZIN MAHIR
9D - 2 DEC.



ABEL GEORGE
11H - 3 DEC.



JESU JOEL GEORGE
11C - 3 DEC.



NIKHIL SUNIL
7D - 3 DEC.



SHAIMA RAHAMATH
8D - 3 DEC.



RHEA PINTO
11C - 4 DEC.



DAANYA BALAMURUGAN
11B - 4 DEC.



KARTHIK NANDAN
8A - 4 DEC.



MAAZ MUBIN PARKAR
8D - 4 DEC.



MOHAMED MARZOOQ
12A - 4 DEC.



RIAN SWITHIN
7B - 4 DEC.



WASIYA SULTANA
8E - 4 DEC.



ZAINAB AFZAL GORI
8D - 4 DEC.



ANNISHA RACHEL
11C - 5 DEC.



JAMIE JAYSON
11D - 5 DEC.



MUSTAFA JOOZER
8E - 5 DEC.



ROYCE NINAN PHILIP
11F - 5 DEC.



SAI SAANVI ROKKAM
7C - 5 DEC.



SANJANA KIRAN
11E - 5 DEC.



SUDEV VAZHAKKAD
10B - 5 DEC.



AARON JOE
9C - 6 DEC.



AKSHAYA BABU
12H - 6 DEC.



AML MATHEW ALEX
9E - 6 DEC.



NEBHAN IBRAHIM T.
12I - 6 DEC.



POORVA NIRMAL
10E - 6 DEC.



AARON MATHEW
9E - 7 DEC.



EMMANUEL RIYAN
8F - 7 DEC.



MOHAMMED HUSAINI
11F - 7 DEC.



RENIAL D'SOUZA
11E - 7 DEC.



RONAL SHOHEY
11C - 7 DEC.



AADIL MOHAMED
11C - 8 DEC.



FAIZA BEGUM
11H - 8 DEC.



KATHERINE MARY
11B - 8 DEC.



MARIA MOJALI
10D - 8 DEC.



MARIYAM N S
12G - 8 DEC.



SHRUTHIKA SIVAKUMAR
8C - 8 DEC.



SHARON ELZA KURIAN
8A - 9 DEC.



ACHU JOHN
11H - 10 DEC.



ADNAN JAN BHAT
12A - 10 DEC.



AISWARYA SUNIL
11B - 10 DEC.



HEBA M QAZI
12K - 10 DEC.



JASON STEPHEN
12J - 10 DEC.



SAKINA ARJAN
11H - 10 DEC.



YASH GAUR
9E - 10 DEC.



ARTHISH GANI
9E - 11 DEC.



SAAFANA ABUTHAKIR
12J - 11 DEC.



UMAIR ZAHID RAUF
10D - 11 DEC.



ALEXANDER BAIJU
10G - 12 DEC.



NIYO BIJU
8B - 12 DEC.



SNEHA K. SHAJAN
11A - 12 DEC.



MANUEL SHIBU
12D - 13 DEC.



HANA SAALIM
11B - 14 DEC.



TEHZEEB ABBAS
11E - 14 DEC.



CHRISTOPHER
12J - 14 DEC.



KHALID FAYYAZ
6A - 15 DEC.



MERIL ANN VARGHESE
12B - 15 DEC.



ZAHRA YOUSUF
10C - 15 DEC.



GAURAV JAGDISH
11I - 16 DEC.



JOHAAN STEPHEN
10G - 16 DEC.



KUPPALA RAMYA
8F - 16 DEC.



MOHAMMAD FOUAD
6A - 16 DEC.



ZOAYA JAYULHAK
7E - 16 DEC.



AHEED ALI ANSARI
7F - 17 DEC.



HIBA AHMED
7F - 17 DEC.



DEESHA
8A - 18 DEC.



MOHAMMED OMAR
11J - 18 DEC.



THAARINI BALAGA
9A - 18 DEC.



JADEN FURTADO
8A - 19 DEC.



JESSICA ANN LEJO
12E - 19 DEC.



SARAH SHAIKH
12K - 19 DEC.



ABRAHAM RUEBEN
8B - 20 DEC.



ALAN ABRAHAM
12B - 20 DEC.



SAKINA YUSUF
11H - 20 DEC.



SEHARISH KHANAM
7A - 20 DEC.



SUVARNA SURESH
12E - 20 DEC.



YUSUF ATEEB
7F - 20 DEC.



GEOFFREY GEORGE
11C - 20 DEC.



ANNA SHEJU
10E - 21 DEC.



EVELIN BERNICE
8B - 21 DEC.



GODLY VARGHESE
7D - 21 DEC.



JANE GISELLE
11E - 21 DEC.



PARTH LOHAR
7E - 21 DEC.



ROAN RIJO RAPHAEL
7A - 21 DEC.



SAFA SAJID
10D - 21 DEC.



ZAYD AKBAR ALI
12K - 21 DEC.



ANDRIYA PIGREZ
9F - 21 DEC.



HAIDER ALI ASGAR
11G - 22 DEC.



HUSAIN FARHANULLAH
12G - 22 DEC.



IMTIAZ MOHAMMED
9F - 22 DEC.



ROSHIL REJI
7A - 23 DEC.



SHABBIR BURHANI
7D - 23 DEC.



CELIN JAMES
11B - 24 DEC.



MOHAMMAD ATHAR
8A - 24 DEC.



RAYYAN ISMAIL
7A - 24 DEC.



ABHISHEK
11E - 25 DEC.



ANNA NIXON
11E - 25 DEC.



KUSAY KUTBUDDIN
11F - 25 DEC.



MOHAMMED JASEEM
12K - 25 DEC.



MOHAMMED SHAFE
7B - 25 DEC.



AMAAN SOHAIL
9B - 26 DEC.



ANGELA SARA
8C - 26 DEC.



ATHUL SHIJU
11I - 26 DEC.



ATIF BASHIR DADAN
8E - 26 DEC.



GUNKIRAT KAUR
12A - 26 DEC.



JANVI RAJESH
8B - 26 DEC.



ISRAA IBRAHIM
8D - 27 DEC.



MERINA JOE
11E - 27 DEC.



SAMUEL RENJI
12D - 27 DEC.



ANVIN SHAJI
7D - 28 DEC.



G V DHEERAJ REDDY
7F - 28 DEC.



HUZAIFA KAID JOHAR
7F - 28 DEC.



KHADEEJA MATEEN
8D - 28 DEC.



NEHA ELSA THOMAS
12F - 28 DEC.



SHRISTI BHAGAT
11G - 28 DEC.



SHURUK FIROZ
12J - 28 DEC.



SHAIKH NABILA M
12K - 28 DEC.



GLORIETA MARY
11H - 29 DEC.



KEREN ELSA
11B - 29 DEC.



NISHINTH VENKATESH
11D - 29 DEC.



NIYANTH VENKATESH
11E - 29 DEC.



RACHEL ANN JACOB
9B - 29 DEC.



EBENEZER NELSON
10C - 30 DEC.



HUZAIFA KHUZAMA
12F - 30 DEC.



MURTAZA KHUZEMA
12G - 30 DEC.



PRIYAMANI KONANKI
8A - 30 DEC.



DHANUSREE SURESH
8F - 30 DEC.



HELENA SHIJU
8C - 30 DEC.



NATHAN JOSEPH
8C - 31 DEC.



NIKITA MERLYN
11B - 31 DEC.



URVASHI
8E - 31 DEC.



SHANA SAHIR
7D - 31 DEC.



HANNAH MARY
6A - 5 DEC



ANUM IMRAN
7C - 24 DEC



MR. MURTAZA ALI
DEC. 1.



MR. NISHAD
DEC. 1.



MRS. MARIAMMA
SHAJI - DEC. 5



MRS. SUNITHA
GEORGE - DEC. 18



MRS. THASNEEM
- DEC. 21



MRS. MERINE JOBY
- DEC. 23



MRS. SUZAN ADEL
DEC. 26



MRS. INOCENCIA DSAJ
- DEC. 29



MRS. SARITHA NAIR
- DEC. 30



DID YOU KNOW?

1. The full form of WI-FI is wireless Fidelity.
2. The full form of CCTV is Closed Circuit Television.
3. Calvin Klein Cologne is used to attract tigers.
4. Your ears are active for 20 seconds after death.
5. Cuba and North Korea are the only places where you don't get coco cola.
6. Dragon breath chilli Pepper is the spiciest pepper.



NISARG A. PATEL
- 8D



The Origin of Christmas Celebrations



Christmas is celebrated on December 25 and is both a religious holiday and a worldwide cultural and commercial phenomenon. For two millennia, people around the world have been observing Christmas with traditions and practices that are both religious and secular in nature. Popular customs include exchanging gifts, decorating Christmas trees, attending church, sharing meals with family and friends and, of course, waiting for Santa Claus to arrive. December 25—Christmas Day—has been a federal holiday in the United States since 1870.

How Did Christmas Start?

The middle of winter has long been a time of celebration around the world. Early Europeans associated Christmas "Birth of Jesus Christ" as a birth of light in the darkest days of winter. Many people rejoiced during the winter solstice, when the worst of the winter was behind them and they could look forward to longer days and extended

hours of sunlight. In Scandinavia, the Norse celebrated Yule from December 21, the winter solstice, through January. In recognition of the return of the sun, fathers and sons would bring home large logs, which they would set on fire. The people would feast until the log burned out, which could take as many as 12 days.

The end of December was a perfect time for celebration in most areas of Europe. At that time of year, most cattle were slaughtered so they would not have to be fed during the winter. For many, it was the only time of year when they had a supply of fresh meat. In addition, most wine made during the year was finally fermented and ready for drinking. All these symbolized with the modern Christmas celebrations today.

Origin of Christmas Carol

Around this time, English author Charles Dickens created the classic holiday tale, A

Christmas Carol. The story's message—the importance of charity and good will towards all humankind—struck a powerful chord in the United States and England and showed members of Victorian society the benefits of celebrating the holiday.



AIDEN PETER JAMES
- 7B

Gift Exchange - A form of love and Joy to All

As Americans began to embrace Christmas as a perfect family holiday, old customs were unearthed. People looked toward recent immigrants and Catholic and Episcopalian churches to see how the day should be celebrated. In the next 100 years, Americans built a Christmas tradition all their own that included pieces of many other customs, including decorating trees, sending holiday cards and gift-giving. Although most families quickly brought into the idea that they were celebrating Christmas how it had been done for centuries, Americans had really re-invented a holiday to fill the cultural needs of a growing nation.

The Beginning of Santa Claus.

The legend of Santa Claus can be traced back to a monk named St. Nicholas who was born in Turkey around 280 A.D. St. Nicholas gave away all of his inherited wealth and traveled the countryside helping the poor and sick, becoming known as the protector of children and sailors. St. Nicholas first entered American popular culture in the late 18th century in New York, when Dutch families gathered to honor the anniversary of the death of "Sint Nikolas" (Dutch for Saint Nicholas), or "Sinter Klaas" for short. "Santa Claus" draws his name from this abbreviation. Today when we hear Christmas, Santa Claus is one of the main thoughts which come into our minds.

Don't downgrade your
dream to match your
reality, upgrade your **faith**
to match your destiny.

SAT 2020, CONDUCTED AT ICSK SENIOR

The SAT [Scholastic Aptitude Test], is an entrance exam used by most colleges and universities to make decisions regarding admissions. The purpose of the SAT is to measure a high school student's readiness for college and provide colleges with one common data point that can be used to compare all applicants.



ICSK Senior is indeed happy to share that this year, ICSK Senior was assigned as the centre for the SAT Examination. The exam was conducted on 5th December 2020 from 8.00 a.m to 12.50 p.m in the school classrooms. Around 131 children from all over the schools in Kuwait had registered at ICSK. The school conducted the exam by strictly following the Covid protocol and rules mentioned by the Kuwait government. All



the candidates were allowed into the school premises after checking their temperature.

The exam culminated very smoothly and was on time.

HERD IMMUNITY



“Herd immunity”, also known as “population immunity”, is a vaccination concept in which a population can protect itself against a particular virus when it reaches a vaccination threshold. Herd immunity is achieved by protecting people from a virus without directly exposing them to it.

Vaccines train our immune systems to create disease-fighting proteins called “antibodies,” just like if we were exposed to a disease. More importantly, vaccines work without making us sick. Vaccinated people are protected against contamination and transmission of the disease in question and thus break the chains of transmission.

Herd immunity is used to immunize the vast majority of the population and reduce the overall amount of viruses that can spread through the population. As a result, not all people need to be vaccinated to be protected.

How is herd immunity guaranteed?

Herd immunity can be achieved through infection and treatment or vaccination. Vaccination creates immunity without becoming infected with the disease. Herd immunity also protects those who cannot be vaccinated, such as infants and people with weakened immune systems, as the spread of the disease within the population

is extremely limited.

The percentage of individuals who need antibodies to achieve herd immunity to a particular disease varies with each disease. For instance, herd immunity to measles requires that approximately 95% of the population be vaccinated. The remaining 5% are protected by the fact that measles is not transmitted between vaccinated people. However, for polio, the limit is around 80%.



ADITI PATIL
- 11 D

Communities with lower immune coverage may have outbreaks of vaccine-preventable diseases because the percentage of individuals vaccinated is below the required herd immunity threshold. In order to achieve herd immunity through infection, enough people must be infected and cured of the disease. In this way they develop antibodies against future infections.

Achieving herd immunity with safe and effective vaccines will reduce disease and save lives. People who are not immune to a disease can still get infected with an infectious disease and have serious consequences from that disease, even when herd immunity is very high. Thus, herd immunity reduces the risk of developing a disease, but does not prevent it in people who are not immune.

Wonders and dangers of science



“Science is just a different word for curiosity.” Science is what makes our life so comfortable and easy. Science has helped man discover the answers to many of the world’s mysteries and it has helped man evolve from a savage to a civilized being.

Whilst talking about science electricity is about the first thing that comes to one’s mind.

Electricity quickly became like a lifeline for humans. Nowadays, we have become so dependent on electricity for our day to day needs. The very ground we stand on is also a product of science.

Science has also helped man in sustaining his own life by providing many cures for diseases which saved the lives of millions. Medical science has done wonders. It has given relief to the suffering human race. It has prevented and cured many fatal diseases. In many other ways science has increased human comfort, safety and happiness.

Conscious experience, along with existence itself, is the greatest scientific wonder of all. We are a part of nature that can know and experience truth, invent, love, be moral, feel indescribable emotion, and consciously plan for the future. Ideas and passion can now transform the world. As far as we know, this level of cosmic self-awareness is being realized in only one tiny fragment of the universe - in us.



Science documents our essential kinship as no other story can do - fashioned from the same stellar dust, energized by the

same star, nourished by the same planet, endowed with the same genetic code, and threatened by the same evils. We are not separate from nature or each other in some transcendent, essentialist



ALAN BOBBY
- 7C

sense. This can be a ground for a sense of belonging. Science has also helped prevent many astronomical disasters such as a meteor or a comet crashing on to earth.

Science can also be a cause for mass destruction. It is used to create weapons and bombs that not only take away the lives of many people but also affect the upcoming generations. Science has invented such disastrous weapons which can ruin everything in seconds. The inventions of laser beams, cobalt bomb and megaton bomb have increased the chances of human destruction thus if these weapons are used, they would spell disaster for the whole mankind.

Science is like a dual-faced sword it has its advantages and disadvantages. Yet in our daily life we are served tirelessly by science and scientific devices. Science is a tool to improve the well-being of humanity and increase life choices. Like any tool it can be misused - thus, it should be regulated and used carefully.



We are human. We are not perfect. We are alive.
We try things. We make mistakes. We stumble.
We fall. We get hurt. We rise again. We try again.
We keep learning. We keep growing. and ...
We are thankful this priceless opportunity called LIFE.

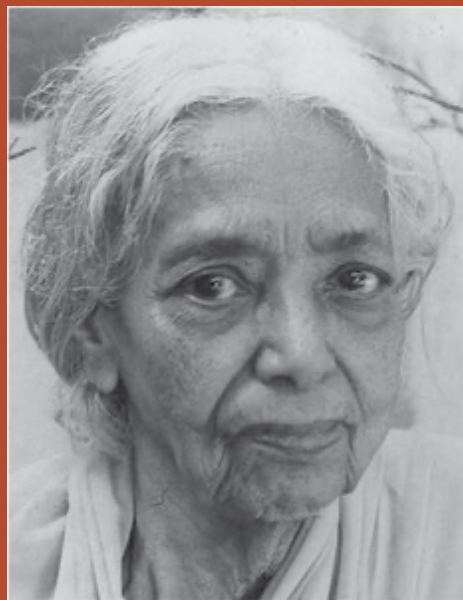


Indian Women Scientists who inspire me

India has many powerful and famous women but today I am writing about three women scientists who are an inspiration to me.

Dr. Janaki Ammal

"My work is what will survive." - Janaki Ammal



Dr. Janaki Ammal was born in Tellicherry, Kerala in India. She is one of the first Indian women to have received a Doctor of Science (DSC) degree from another country. She was the first Indian female botanist with an international doctoral degree. Dr. Janaki worked with a team of expert scientists at the Sugarcane Breeding Station in Coimbatore to make the perfect cross of sugarcane plants- sweeter and high yielding. Due to her Indian sugarcane production doubled and

its sweetness increased! Today, India is the world's second- largest producer of sugar. Dr. Janaki's many successes in the field of botany make her an incredible role model for any girl.

Tessy Thomas



Tessy Thomas was born in Thumba, Kerala. She started her career by earning an M.Tech in guided missiles from the Defense Institute of Advanced Technology, Pune. Then, she went to work at the DRDO [Defense Research and Development Organization], India's top military research organization. There, Abdul Kalam recognized her talent and picked her for the Agni missile program.

Tessy Thomas is recognized and credited for making India self-reliant in the field of missile technology. In January 2012, the prime minister (Dr. Manmohan Singh) told the Indian Science Congress that she is an example of a 'woman making her mark in a traditionally male bastion and

decisively breaking the glass ceiling.' Tessy Thomas is also known as the 'Missile Woman of India.'



JENESSA MATHEWS
- 7B

Kalpana Chawla



Kalpana Chawla was born in a small town in Haryana. She was the first Indian woman to travel into space in 1997 on Space Shuttle Columbia (STS-87). Kalpana described her first trip into space as, "Alice in Wonderland floating freely, and the Earth moving there below- as if I'd taken a 'shrink-me' pill and seen the whole world go by in no time." So when she got her second chance to fly in 2003, she grabbed the opportunity without hesitation. She and seven other astronauts embarked on their journey on board Space Shuttle Columbia (STS-107).

These three Indian women scientists are truly my inspiration and I hope to be able to follow in their footsteps in the future and be of service to my country and the world in general.

BERMUDA TRIANGLE



The Bermuda Triangle is a region in the western part of the North Atlantic Ocean in which ships, planes, and people are alleged to have mysteriously vanished. For decades, the Atlantic Ocean's fabled Bermuda Triangle has captured the human imagination with unexplained disappearances of ships, planes, and people. Many of the ships were found but without people. It has a huge capability of

sucking each and everything which is near it. Many of the compasses and electronic devices start getting crazy and stop working. The mystery of the Bermuda triangle has confused scientists for years. However, one scientist thinks that he might have the answer to the Bermuda Triangle disappearances. As per the scientists of the Southampton University, there are 1000ft rouge waves inside Bermuda triangle that may cause the ships and planes



to fall inside it.

There are still some questions regarding this alleged 'Bermuda triangle solved' theory. But stories about the Bermuda Triangle actually go back as far as Christopher Columbus, the Italian explorer who 'discovered' the New World. Columbus sailed through the Bermuda Triangle in 1492 and reported unusual events in the region. Erratic compass readings. Strange lights in the sky, "like a wax candle rising and falling in the distance". The sea mysteriously rising in front of his ship, even though there was no wind. His expedition was stuck for several days in the Bermuda Triangle region and he at last survived that.



NAINA SAHIB
- 8B



CHARITY CONVENERS - DECEMBER



STIEVE BIJU THOMAS
- 12A



AHMAD HISHAM
- 12B



AADEL MOHAMMED
RABEEQ - 12C



FAIZ MOIZ MANSOOR
ALI - 12D



SUVARNA SURESH
- 12E



AHMED HISHAM
- 12F



MURTAZA KHUZEMA
MERJI - 12G



ALLWYN REMSY
- 12H



VANSH SURESH
- 12I



SHON K PEYTON
- 12J



NADER MOHAMMED
NALEEM - 12K



SYED ATIF ASHRAF
- 11A



UMMEHANI MUSTAFA
- 11B



JOANNA ANN
MANOJ - 11C



ARSHIYA SAFDAR
- 11D



PERLINE SHRINE
- 11E



SAYEDA BUSHRA
- 11F



HANNAH ELSA
- 11G



SAKINA ARJUN
- 11H



RIONA AALIYAH
FERNANDES - 10A



PREWIL CRASTA
- 10B



ZAHRA YOUSUF
- 10C



DANIEL VARGHESE
GEORGE - 10D



MUSTAFA ANTRI
- 10E



SYED ALTAF
- 10F



WASMA ABIDI
- 10G



LENA LUKOSE
- 9A



LANCIA CHRISTIN
CRASTO - 9B



ABIALI ALI HUSAIN
BHABHA - 9C



MARYAM IRFAN
- 9D



NATHAN JOHN
- 9E



AYMAN JAVID
RAWOOT - 8A



OMEGA WILLIAM
- 8B



SUHAAN RAHUL
TANDON - 8C



MUHAMMAD ZAID
- 8D



JOYAL JOBI
- 8E



ERIC MALACHI DE
SOUZA - 7A



SRI RAM THAMARAI
KANNAN - 7B



AARON CHACKO
EAPEN - 7C



IDRIS BOHRA
- 7D



VIGNESH KISHORE
KUMAR - 7E



BURHANUDDIN
MURTUZA - 7F



YUSUF MANSOOR
- 6A

ART BLOCK



One can say that it is by far the worst thing to ever transpire to an artist, be it a traditional artist or a digital one. Art Block is where we run out of all sorts of ideas to create an original composition and also temporarily lose all motivation to do anything related to art.

Art Block surely is very frustrating but we should never allow it to get to us.

So, a question arises, "How do we get rid of this?"

Allow me to mention few ways which could hopefully help all you artists out there

- 1) Step out of your comfort zone. We are confined to a specific genre almost all of the time. This could help you think harder and come up with new compositions to create!

- 2) Do some studies. This can be fun, learning how to draw a certain animal, human anatomy or landscape.



OMAIRA FARHAN
- 11F

- 3) Redraw any of your old artworks. Its always good to look back at your past and notice the clear improvement you have made.

- 4) Just doodle away. Sometimes you do not need to draw anything specific. Just let your hands move on their own.

- 5) Go out and draw anything that attracts your eyes.

Art Blocks could either be a positive or a negative thing. But why not focus on the positive? We should remember that it helps us grow. It should never demotivate us. Remember, it's only a phase and it will pass. Don't be afraid and just keep going.

THE INDIAN COMMUNITY SCHOOL TAKES PATH BREAKING INITIATIVES FOR ALL ROUND DEVELOPMENT OF THE CHILDREN

THE INDIAN COMMUNITY SCHOOL is highly concerned about the physical and mental growth of the children, especially in the present age of screen schooling. Due to this pandemic crisis, our children have been reclined to in-house schooling for a long time.

Therefore to make our children physically and mentally strong and positive, ICSK has introduced some path breaking initiatives. ICSK has introduced within the class hours, some joyful learning experiences through certain additional curricular programmes to bring the children to newer heights of learning experiences. The objective of this venture is to enhance the knowledge base of the children apart from the regular curriculum.

VIRTUAL TOUR OF THE WORLD:

ICSK had a culture of taking children on international tours annually. The pandemic has brought everything to an indefinite halt. ICSK however doesn't want to dishearten the children. So in order to give the children, the experience of learning about locations of the world through the virtual tour sessions. The objective behind this is to give the children insight into our location and experiences of diverse culture and lifestyles. This enables the children to visually and audibly enjoy the sights and sounds of the location with the help of online technologies without barriers of time, cost and location. This session is held on Thursdays, in the fourth week of every month from 1pm to 1.30 pm which started on 26th November 2020.



MY WORLD, A DOCUMENTARY SHOW:

ICSK also has incorporated documentary shows, My World, twice a month, in order to bring our children close to the realities that touch upon themes that instruct and educate our children regarding real life, some of the themes being, Our Planet, Global Warming, Plastic Waves, History of NASA, Pollution, Motivational Narratives etc. These documentaries deal exclusively with facts and real life events. The objective behind this initiative is to ensure that our children are well informed and educated about activities of the world, he/she lives in. The children would be benefitted in various ways, as it helps in increasing the memory performance, deepens understanding of the subject and adds fun to learning and creates inspiration for better living.

EXERCISE SESSIONS:

As you are already aware, the school has begun exercise sessions with the commencement of the 7 minutes Fitness Break which our children are already engaging in. The school wants to enable the children to possess a healthy mind and body and has promoted the second session of fitness programme for children through a 5 minutes exercise session during the Home Room Period that has already begun on 25th November 2020. The PE Department of the school guides the children through the session and the Class Teacher plays the fitness videos in the class which is followed by all the children during the sessions. More activities are coming up as per the guidelines of the National Education Policy. We hope and pray that your whole hearted cooperation and support would help us reach our aims.



EPITOME OF SUCCESS AZIM PREMJI



Introduction: Azim Hashim Premji, the Founder Chairman of Wipro Limited is an Indian business tycoon, investor, engineer, and philanthropist. He is also known as the Czar of the Indian IT Industry. Under Azim Premji's guidance for four decades, Wipro emerged as one of the global leaders in the software industry. Azim Hashim Premji was born on July 24, 1945, in Mumbai to a Muslim family. Azim Premji is a graduate in Electrical Engineering from Stanford University, USA. Premji married to Yasmeen and the couple has two sons - Rishad Premji and Tariq Premji. Currently, the elder son Rishad is the Chairman of Wipro Limited.

About Wipro: Wipro started as Western Indian Vegetable Products Ltd. in 1945 by Mohamed Premji, father of Azim Premji, as a manufacturer of hydrogenated cooking fats.

He expanded the company's product line to include hydraulic cylinders, soaps, and lighting products, renaming the company Wipro in 1977.

Azim Premji's Journey: In 1966, Azim Premji after his father's death took charge of the entire business which valued 2 million\$. The Western Indian Vegetable Products company was later diversified by Azim Premji into the company manufacturing bakery fats, ethnic ingredient based toiletries, hair care soaps, baby toiletries, lighting products, and hydraulic cylinders. In the 1980s, after the expulsion of IBM from India, recognized the importance of the IT industry and changed his company name to Wipro. He entered into IT industry and manufactured minicomputers under technological collaboration with an American company Sentinel computer

Corporation.

In 1999, Wipro became first Indian computer manufacturer which received Y2K-compliant certification from the National Software Testing Laboratory in the US. It also provided internet services in India with Royal Dutch Telecom (KPN).



AMEEN KHANZADA
8 E

His position: During the period of 1998-2003, Azim Premji stayed as the richest Indian. In 2000, Wipro listed itself in US through American Depositary Receipts (ADRs). It also became India's largest software exporter. It had India's second largest market cap. Wipro established itself at a peak and until today, no one could challenge the position of Wipro.

His Contributions: A person is never big from his net worth, but with his big heart. Azim Premji is India's biggest donor who has pledged 39% of Wipro shares for philanthropic activities. This currently values around \$8 billion. He is the first Indian to sign 'The Giving Pledge' started by Bill Gates and Warren Buffet.

Other than this, he has also donated an amount of \$2 billion to improve education in India. This money is donated to Azim Premji Foundation, which also runs Azim Premji University. He has his own wealth management company, Premji Invest, to take care of his angel investing and venture capitalist activities.

Benefits of exploring new places



Travelling is quite a different experience; like travelling to a new place or returning to your favorite place. It is a pleasurable experience when you visit new places and know about new things and interact with people. People around the world go to foreign countries for

various reasons-for work, to meet family and friends, or for leisure. One benefit of travelling is that it helps in keeping us physically and mentally active. Nowadays with work routines becoming tougher and hectic, it is important to seek new adventures once in a while; otherwise it will affect one's health and happiness.

Another benefit of travelling is that it gives new perspectives; you start seeing new places in a new light, especially your native country. One makes comparisons between the native land and foreign places and they get to learn a lot in the process. Visiting new places also gives birth to new ideas

and inspiration. One may come up with fresh thoughts after visiting new cities or old ruins. In the modern era, with such advancements in technology, travelling is easier, cheaper and much more convenient than it used to be. We can travel by trains, buses, airplanes and more. To conclude, travelling is the perfect source of entertainment for people of all ages. It provides many adventurous and memorable experiences. So hesitate no more; go ahead and explore the world!



MITHRA SUSAN
SHAJU - 10B





BLACKPINK
THE ALBUM



THE ALBUM is the debut Korean-language studio album by South Korean girl group BLACKPINK, released on October 2, 2020, by YG Entertainment and Interscope. It is the group's first full-length work since their debut in 2016. For the album, BLACKPINK recorded over ten new songs. "Ice Cream" with Selena Gomez, and "Bet You Wanna" featuring Cardi B. The album explores the group's mature side through the themes of love and the complexities of growing up. Musically, The Album utilizes pop, R&B, hip hop, EDM and trap elements. The Album was written and produced by Teddy, Tommy Brown, Mr. Franks, Ariana Grande, Selena Gomez, Jennie, Jisoo, Brian Lee, and David Guetta among others. At eight tracks, the album is the longest Korean material in

Blackpink's catalogue. Members Jisoo and Jennie participated in the composing and writing of "Lovesick Girls", the 3rd single and title track for the album.

We knew that our fans were waiting so much for our album that we decided to go with something that just described it the best: 'BLACKPINK: THE ALBUM' sounded straightforward. The album's digital artwork depicts the group's logo in pink font under a shining pink crown against a stark black background. "How You Like That", released June 26, 2020, serves as the lead single from The Album. The release was accompanied by a music video, directed by Seo Hyun-seung, which was released on the group's official YouTube channel the same day. The music

video amassed 86.3 million views within its first day of release, breaking the record for the most viewed video in its first 24 hours which was later broken. On July 16, a physical version was released for purchase on Blackpink's official website, featuring the song and its instrumental. In South Korea, the song debuted at number 12 on the Gaon Digital Chart. The following week, it rose to number one, earning BLACKPINK their third number-one single in the country. "Ice Cream" with Selena Gomez was released as the second single from the album on August 28, 2020. The single was then serviced to Contemporary hit radio on September 1. It peaked at number 13 on Billboard Hot 100, becoming BLACKPINK's highest-charting single in the US. The song also reached number 8 in its second week in South Korea.



ZOYA DEEPAK
KELKAR - 11 F

Gingerbread Cookies



- 3 tsp ground ginger powder
- 1 tsp ground cinnamon powder
- ½ tsp ground nutmeg or grated nutmeg
- 1 tsp baking soda
- ¼ tsp salt
- 1-1/2 cups unsalted butter at room temperature
- 1 cup white sugar
- ¼ cup honey
- 1 egg
- 1 tsp vanilla extract
- ¼ cup white powdered sugar, for sprinkling (optional)
- Icing (optional)

Instructions

1. In a bowl, mix flour, ginger, cinnamon, nutmeg, baking soda and salt.
2. In another large bowl, mix butter

- and sugar until well combined. Mix in the honey, egg and vanilla.
3. Add the flour mixture to the liquid mixture and mix until combined.
4. Shape the dough into a rectangle and wrap it in a plastic wrap. Refrigerate for at least 2 hours or overnight.
5. Preheat the oven to 350F (180C).
6. Line a baking sheet with baking paper.
7. Roll out the dough on a lightly floured surface until it is ¼-inch thick (3mm).
8. Cut out the gingerbread cookies using the cookie cutters.
9. Put the cookies on a baking sheet and bake for 10-12 minutes.
10. Remove the gingerbread cookies from the oven and set aside to cool.
11. Sprinkle with white sugar or decorate with icing of your choice.



DEON DSOUZA
- 11H

What better way to jingle into the holiday season than with the classic gingerbread cookies?

Ingredients

- 3 cups all-purpose flour (Maida)

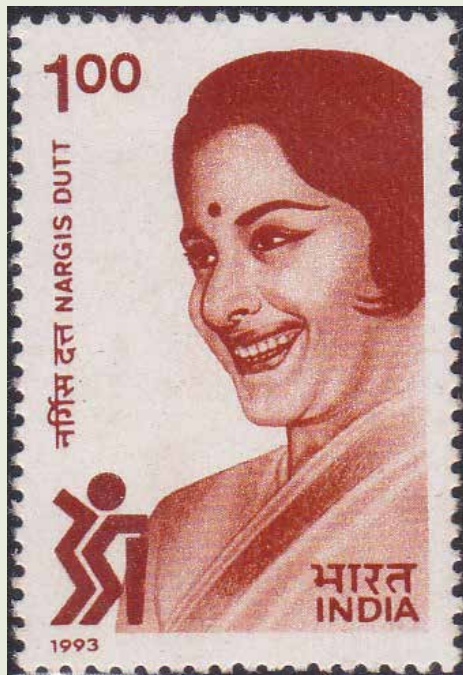
EPHILATELY

India has a long and varied postal history and has produced a large number of postage stamps. These have been produced by a variety of techniques including line engraving, typography, lithography, photogravure and web-offset. Stamps have been produced both for postage and for service or revenue. Definitives and commemoratives have been issued. A commemorative stamp is often issued on a significant date such as an anniversary, to honour or commemorate a place, event, person, or object. The subject of the commemorative stamp is usually spelled out in print. Let us take a look at some of the commemorative stamps issued in honour of famous actors and actresses.

Nargis Dutt

Denomination - 100 paise

Date of Issue - December 30th 1993



Nargis Dutt, born as Fatima Banu was an Indian film actress, who starred in classic films of Bollywood. Regarded as one of the greatest actresses in the history of Hindi cinema, she made her screen debut in a minor role at the age of 5. In a career that spanned three decades, Nargis appeared in numerous commercially successful as well as critically acclaimed films. Her best-known role was that of Radha in the Academy Award-nominated Mother India (1957),

a performance that won her the Filmfare Award for Best Actress. She was married to renowned actor Sunil Dutt and passed away in 1981 due to pancreatic cancer.

Nutan Bahl

Denomination – 500 paise

Date of Issue – February 13, 2011

Nutan Samarth better known as Nutan, was an Indian film actress. In a career spanning



nearly four decades, she appeared in more than 70 Hindi films, many in starring roles. Regarded as one of the finest female actors in the history of Indian cinema, Nutan was noted for playing unconventional parts and her performances often received praise and accolades. Nutan holds the record of five wins of the Best Actress award at Filmfare, which was held only by her for over 30 years. In 1974, she was awarded the Padma Shri by the Government of India. Nutan was married to naval Lieutenant-Commander Rajnish Bahl from 1959 until her death from breast cancer in 1991.

Raj Kapoor

Denomination – 400 paise

Date of Issue – December 14th 2001



Raj Kapoor was an Indian film actor, producer and director of Indian cinema and was the son of Prithviraj Kapoor. He is widely regarded as the greatest showman in the history of Indian cinema and entertainment. He received multiple accolades, including three National Film Awards and 11 Filmfare Awards in India. The Filmfare Lifetime Achievement Award is named after Raj Kapoor. He was a two-time nominee for the Palme d'Or grand prize at the Cannes Film Festival for his films Awaara (1951) and Boot Polish (1954). His performance in Awaara was ranked as one of the top ten greatest performances of all time by Time magazine. His films attracted worldwide audiences, particularly in Asia and Europe. Raj Kapoor passed away at the age of 63 due to complications from asthma.



AAREFA ABIZAR
SANJELIWALA - 6A

Mehmood

Denomination – 500 paise

Date of Issue – May 3, 2013



Mehmood Ali, popularly known simply as Mehmood, was an Indian actor, singer, director and producer best known for playing comic roles in Hindi films. During his career of more than four decades, he worked in over 300 Hindi films. He is known as India's national comedian. Mehmood received 25 nominations for filmfare awards, 19 for 'Best Performance in a Comic Role'. Prior to that Mehmood also received 6 nominations for 'Best Supporting Actor'. Mehmood was one of the most respected and loved entertainers in the Indian film fraternity.

BEST STUDENT - NOVEMBER



HUMAIRA SALIM
PARKAR - 12A



FATHIMA NADA
- 12B



CHRIS D'COSTA
- 12C



ARAVIND GANESSAN
- 12D



SNEHA SUSAIN
ABRAHAM - 12E



FATHIMA NADA
- 12F



MEEVEL GEORGE
- 12G



MOHAMED MAZHER
MOHAMED - 12H



DEONA TREASA
- 12I



DONAL TOMS
SHIBU - 12J



SAKSHI VAIRAMUTHU
- 12K



FUAD FARHAN
MERCHANT - 11A



DAANYA BALAMURU-
GAN NAIDU - 11B



VISHNU NARAYANAN
VINODKUMAR - 11C



ADITI RAJENDRA
PATIL - 11D



RACHEL SUZEN
CIBHU - 11E



IMAN FAWAZ MOOSA
- 11F



BURHANUDDIN
MUSTAFA - 11G



ALLEN IYPE EAPEN
- 11H



TAHA RAFIK CHIKTE
- 10A



JEFIN VARUGHESE
MATHEW - 10B



ANEEQA MUJEEB
- 10C



JOHAN COLACO
- 10D



JESSLYN SARA
VARGHESE - 10E



CRISLY JOHN
VARGHESE - 10F



HAURA ABDUL
RASAKK - 10G



ABHINAV MANI
KANDANA - 9A



RISA MARIA BABU
- 9B



ILHAM IQBAL RAUT
- 9C



AURELIA SHABI
- 9D



SOUMYA SARAH
- 9E



AABIDA RAFIK
CHIKTE - 8A



ZINIYA AFROZ
- 8B



SAMAIRAH ISMAIL
BHANGRE - 8C



ALRIYA JAYCE
QUADROS - 8D



MURTAZA HUSSAIN
- 8E



ANDREW
THAMARAVELIL - 7A



NADIRA YASMEEN
- 7B



AFRAH
- 7C



SRAVAN REDDY
BUCHIREDDY - 7D



TAHA ROKADIA
- 7E



HARSH PATEL
- 7F



IRENE BOBBY
- 6A

CHILD PRODIGIES OF ICSK SENIOR, WIN ACCOLADES IN ESSAY WRITING COMPETITION ORGANISED BY THE INDIAN EMBASSY



SWETHASAI VEERA
BABU - 9B



GOKUL SREENIVASAN
- 10 B



JOSHWA ALVIN
CARDOZA - 8 C



ALEFIYA ABBAS
- 12E

The Indian Embassy of Kuwait had organized an Essay writing competition on 'Mahatma Gandhi Self Sufficiency Model and Aatmanirbhar Bharat' for the children of all Indian schools in Kuwait on account

of Ayurveda Day 2020. Many children had participated in the competition. ICSK Senior, is proud to inform you that Swetha Sai Veerababu of class 9B has grabbed the first position in the competition. Master Gokul Sreenivasan of class 10B and Master Joshwa Alvin of class 8C of ICSK Senior secured the second and third position in the competition respectively.

Alefiya Abbas of class 12F of ICSK Senior also has been selected as the winner in the Elocution competition that was organized by the Indian Embassy.

The Indian Embassy has organized a prize distribution ceremony on 18th December 2020 at 5.30pm. All the children and their parents have been invited to attend the ceremony. ICSK Senior is proud of them.

Train your mind to keep calm and stay positive even in negative situations

EPITRavel GREECE

Geographical location

Greece or Hellas is a small country located to the south east of Europe, mainly consisting of mountains and peninsular regions. It is also called as one of the most mountainous country in Europe. The capital of Greece is Athens.

Greece consists of a vast number of islands out of which many are inhabited. The most popular and the largest island is called Crete. Other islands are Euboea, Rhodes.

Places to visit

ATHENS

Athens is the capital of Greece. It is blessed with rich cultures and historical past. It has experienced every form of government, even the democracy was established around 500B.C. It represents many of the architectural styles. It is a centre for many of the art forms present there. Athens has very strict height restriction laws, so you will notice the absence of the tall buildings.



ACROPOLIS

The word Acropolis in Greek means "Upper city". It is the highest and the outermost city of Greece. It was built upon an area of elevated ground, because it was the perfect place for defense. Acropolises had a function of religious sanctuary with sacred springs, highlighting its religious significance. It's a prominent landmark with very ancient pasts. The Acropolis of Athens



was completed in the fifth century and is currently an archeological site.

CENTRAL MACEDONIA

Central Macedonia is one of the most popular tourist destinations which is not an island. The Chalkidiki peninsula is the most famous beach; it is a sandy beach with dense forests. It is also an important center for religious tourism.



THESSALONIKI

Thessaloniki, also known as Thessalonica is the second largest city in Greece and has over 1 million inhabitants. Thessaloniki is a popular tourist destination and most popular destination for street photography in Greece. It has conducted many festivals and has hosted many events. This city holds a lot of culture and diverse history, there are many museums with artifacts from different eras.



MYTHOLOGY

The Greek mythology is very famous around the world. The principal gods of the ancient Greek religion were the twelve gods, who live in the mount Olympus. The most important of them is Zeus, the king of the gods. And some other important gods are Ares, Poseidon, and Apollo. Apart from these gods Greeks also have other mystical beliefs such as nymphs and other magical creatures.



ASHVALA ANUJ
-11C

CLIMATE OF GREECE

The climate of Greece is featuring mild, wet winters and hot dry summers. These extreme features of climates mostly occur along the coastline of Greece. The mountain ranges over there have an influence on the climate conditions over there.

Tourist time and currency in Greece

The best time to visit is from late April to early November. August is the busiest month. The currency used is euros.

CUISINE

The cuisine of Greece is common with the other cuisines of Mediterranean, mainly consisting of wheat, olive oil, and wine, grains, fish, and meat.



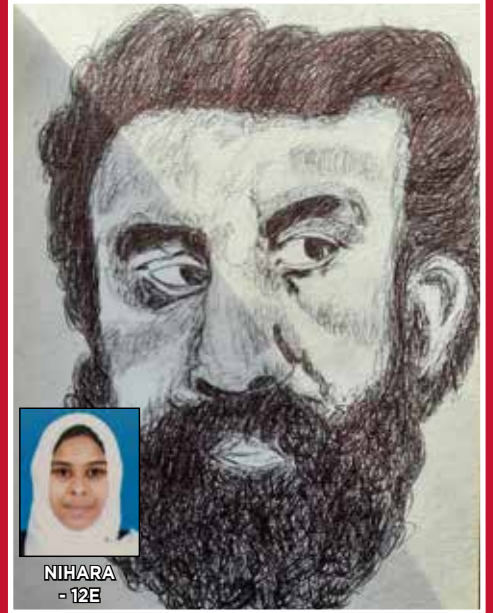
Art Gallery Senior Secondary



ANANYA LOBO
- 11A



ATHUL GEORGE
- 11 I



NIHARA
- 12E



DANYAA
BALAMURUGAN
- 11 B



ASHVALA ANJU
- 11C



FAIZA FAROOQ
- 12 H



MANASA
MANOJ - 11 A



UMAIMA KAZI
- 11 H

CAPTAINS & VICE CAPTAINS - DECEMBER

CLASS 12A



LEANN GABRIELLE



LIYAN GIGI MATHEW



NEHA RAFI



SAANYA ALTAF



NOEL JACOB BIJU



YUSRA ASAD KHAN



ISHRAT FATEMA



MUSTAFA MUHAMMAD



RON SHAJU



SHEREEN FATHIMA

CLASS 12F



AZIZ MUFAZZAL



HUSAIN BADRI



QASAM HAKIM AZIZ



GAUTAM KRISHNA



SUSAN JACOB



CHRISTINE SUSAN



AKHIL BINU KOSHY



FATHIMA ZAIBA



SHURUK FIROZ



ROSHAN REJI

CLASS 12G

CLASS 12H

CLASS 12I

CLASS 12J

CLASS 12K

CLASS 11A

CLASS 11B

CLASS 11C

CLASS 11D



CASSIDA CENNIRA



SARAH SHAIKH



ANNETTE SUNDER



ANANYA LOBO



SUHEERA MUJEEB



LENA ELEZABETH



ALEENA MARY ANIL



RACHEL ALEX



SUHEERA MUJEEB



ANJALI CHANDWANI

CLASS 11E

CLASS 11F

CLASS 11G

CLASS 11H

CLASS 10A



VALENTEENA LOBO



VEDANSHI BHATT



OMAIRA FARHAN



MOIZ HANAN MAMU



FATEMA MUSTAFA



HRISTUN FERNANDES



SAKINA YUSUF



LYDIA ROY



JANICE AVENA



STEFI MARIA SUNIL

CLASS 10B

CLASS 10C

CLASS 10D

CLASS 10E

CLASS 10F



SRADHYA RAJ



ROHAN EASO



HUDA FATIMA



SAAD FAISAL



PRANAV AJAY



BATUL HASAMUDDIN



NABILAH NOWSHATH



AISHWARYA



DEVIKA RAJESH



GRACE HANNAH

CLASS 10G

CLASS 9A

CLASS 9B

CLASS 9C

CLASS 9D



VYSHNAV SATHIS



SWINTON D'SILVA



HANNAH KURIAN



ARON RAJESH



RACHEL ANN JACOB



JUSTIN SAMUEL



GUIDEEP SINGH



NABIA HANIF



ANAS ATIF KHANZADA



FATHEMA ZAHRA

CLASS 9E

CLASS 8A

CLASS 8B

CLASS 8C

CLASS 8D



IMAN JAVID



ISHAAN SHARMA



ASHIK SUNISH



ANSIYA SUHITHA



JANVI RAJESH



NEIL PINTO



JOANN SHERLYN



MOHAMMED FADHIL



KHADEEJA MATEEN



SHAIK RAYYAN

CLASS 8E

CLASS 7A

CLASS 7B

CLASS 7C

CLASS 7D



KRITIKA MURALI



JAMILA SHAMOON



ROSHIN ANNA BINU



GOPINATH RAJASEKARAN



ANDERS SEQUEIRA



BRITNEY JOHN



SHAOLIN THOMAS



NIKITA KINGSLEY



KALISTA RAJESH



MAHAMMED SHOUKATH



CLASS 7E



AWAIS IRFAN KADIRI ANJALI DILEEP

CLASS 7F

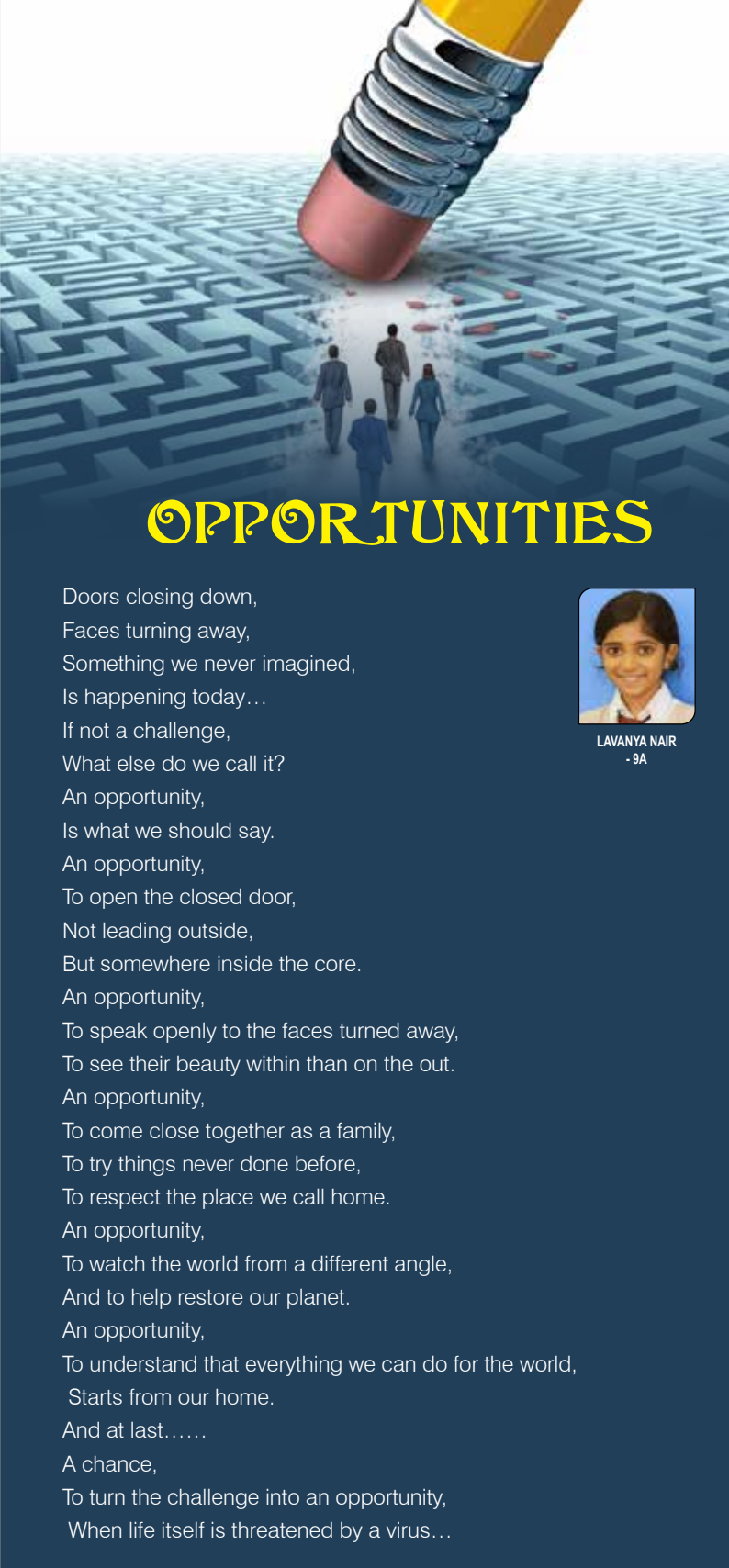


ABDULLAH AHEED ALI ANSARI

CLASS 6A



ABIAH JJI KHALID FAYYAZ



OPPORTUNITIES

Doors closing down,
 Faces turning away,
 Something we never imagined,
 Is happening today...
 If not a challenge,
 What else do we call it?
 An opportunity,
 Is what we should say.
 An opportunity,
 To open the closed door,
 Not leading outside,
 But somewhere inside the core.
 An opportunity,
 To speak openly to the faces turned away,
 To see their beauty within than on the out.
 An opportunity,
 To come close together as a family,
 To try things never done before,
 To respect the place we call home.
 An opportunity,
 To watch the world from a different angle,
 And to help restore our planet.
 An opportunity,
 To understand that everything we can do for the world,
 Starts from our home.
 And at last.....
 A chance,
 To turn the challenge into an opportunity,
 When life itself is threatened by a virus...



LAVANYA NAIR
- 9A



देश है भारत मेरा ,
 मेरी राष्ट्रभाषा हिंदी है ।
 हिमालय के गोद मे खेलती है,
 खेतो खलियानोंमे झूलती है ,
 धरती की खुशबू महकाती ,
 आसमान को छूती है।
 देश है भारत मेरा, मेरी राष्ट्र भाषा हिंदी है।
 मधुर शब्दोंकी माला है,
 अभिव्यक्त भाव उजाला है ,
 भावनाओंके स्नेहबंद को ,
 एकता में संजोती है।
 देश है भारत मेरा,
 मेरी राष्ट्रभाषा हिंदी है।



वर्द नितिन
भारस्कर - ८ डी

रंग भिन्न , संस्कृति भिन्न है ,
 खानपान परिधान विभिन्न है,
 विविधता के मुकुट में सजता ,
 ये अनमोल एक मोती है ।
 देश है भारत मेरा ,
 मेरी राष्ट्र भाषा हिंदी है ।

कश्मीर से कन्याकुमारी ,
 जोड़ती सबकी हिंदी है ,
 मातृभूमि के माथे पर चमकती ,
 गौरव शाली बिंदी है ।
 देश है भारत मेरा ,
 मेरी राष्ट्र भाषा हिंदी है ।



DISCOVER india GUJARAT

“Every man can transform the world from one of monotony and drabness to one of excitement and adventure by enjoying Mother Nature’s beauty” – Irving Wallace.

Gujarat is a land of beauty and entertainment which offers a transformation from common life stress and tensions into excitement and adventures with a touch of Indian Nature. It is a region where nature herself has painted the vibrant landscape, hillocks, woods, brooks and streams, flora and fauna. Gujarat has a beautiful story to narrate starting from the Indus valley civilisation, reign of Asiatic Lions and mesmerising flamingos, the birth of the Father of our Nation, our Mahatma Gandhi, various movements and struggles of freedom whose footprints still lay in its villages and nature’s voices of comfort and love.

Let’s together start our voyage to explore Gujarat’s landscape.

Laxmi Vilas Palace :- The private residence of Maharaja Sayajirao Gaekwad III, Laxmi Vilas Palace is one of the grandest places to visit in Vadodara. Known to be the largest private residence in the world, the Palace is four times the size of the Buckingham Palace. The Palace premises houses the Moti Bagh Palace and the Maharaja Fateh Singh Museum, which contains an extraordinary collection of paintings done by Raja Ravi Verma. The Palace also houses several different sculptures of bronze and terracotta, making Laxmi Vilas a wonder to marvel at.



Silvassa:- it was formerly a Portuguese colony but now it has become a site flushed with wildlife sanctuaries, scenic destinations and beaches. Due to its rich Portuguese heritage, it is also a famous spot for history enthusiasts who wish to explore the hidden treasures of this city. The Lion Safari Wildlife Park, spread over 25 hectares of land, is home to the majestic Asiatic Lion. The Vanganga Lake is a dainty reserve with flowers and gardens blooming around it.



Dholavira:- Witness this archaeological site and travel to a world of the past which is worth harking back to. Dholavira is also famous for its water management system. It is spread over a 100 hectares of land and shows continuous evolution.



Kutch Museum:- Originally established as the Kutch School of Arts, the Kutch Museum is replete with folk arts, ancient artefacts and insights about the tribal people. With an Italian Gothic architecture, the palace welcomes you with eleven major galleries catering to varied sections and is one of the prominent places to visit in Kutch. With an Italian Gothic style architecture, the museum captures your attention as soon as you lay your eyes on it.

The 11 major galleries in the museum cater to different sections, like anthropology, archaeology, textiles, weapons, music instruments, shipping and stuffed animals.



JOVEN C. JOSE
- 11A

Khambhalida Caves:- Located near Gondal town are the popular Khambhalida caves also known as the Rajkot Caves. Discovered by the renowned archaeologist, Shri P. P. Pandya, these Buddhist caves are a major attraction among the tourists. Three caves had been cut out of limestone rocks in the 4th – 5th century AD. The central cave where according to popular belief Buddhist monks had meditated during ancient times. The entrance of the chaitya has two large sentinel sculptures.



Nal sarovar Lake:- An idyllic getaway for nature lovers, Nalsarovar Lake is known as one of the critical wetlands in India. It has a vast population of waterfowl and is a host to many species of birds. The universally acclaimed wetland is a rejuvenating getaway near Ahmedabad. It is also renowned for being one of the largest bird sanctuaries in India. It is one of the most beautiful places to visit in Gir Gujarat if you are a nature lover and like to indulge in bird watching. Winter season serves the best time of the year to have a visit to this extraordinary lake filled with life and beauty.

“There is no better designer than nature”. Gujarat’s beauty proves this quote of Alexander McQueen.

Believe you can
and you're halfway there.

Theodore was walking home after school. He was alone when suddenly a pair of hands came over his shoulder. He jumped in shock. "It's just me buddy," his friend, Ryan said. "Don't scare me like that!" "Anyways, for what did you give me a heart attack," Theodore said. "Well, me and the guys are going ice skating. We were hoping you could join?"

Terror masked Theodore's face, but just for a fraction of a second before it returned to its normal poker face. He then thought, what will they think of me if I told them no. The last few times I had to say no because of my dad. I can't keep using the same excuse. But how will I survive there? All the memories of mom will come back. He was deep in thought while he felt Ryan poking his shoulder. He told him he didn't have to come and that it was ok. But Theodore thought that maybe if he went

there, maybe, just maybe he would get a bit of closure.

He said, "Fine" a part of him giving in to peer pressure, while another, small part of him, wanted to be there, to finally let go of his pain. "Cool! Meet us at the rink in half an hour," Ryan said. He went home and greeted his sister. "Where are you going," his sister Tiana asked him. "To the ice rink" Tiana was shocked, but let him go because she knew he had to move on. He reached the ice rink and finally got to his friends. When he got on the ice, his heart was beating very fast and he was nervous. At first he slipped a little and was about to give up, but then he had a flashback. He remembered coming here with his mom and her telling him, "Never give up. Whatever happens never give up?" He remembered himself asking, "even if I get

hurt?" his mom chuckled and said, "even if you get hurt." "Ok mom! I promise!"



KALISTA RAJESH
PARAKKOTH - 7D

He closed his eyes and muttered never give up under his breath and he calmed down. He actually had fun, and for a while, his stoic behavior was gone. Before going home, he went to the hospital. His mom had died in that hospital, his father was still in a coma, and the doctors said there was little to no hope for him. He still visited every day and believed. Today he went and told his father everything. "I felt closer to mom than ever before today dad. I think I'm going to be ok," he said when he suddenly felt his dad's hand moving. He called for the doctor.

The doctor told him to wait outside and his sister came in 15 minutes. After around one and a half hour, the doctor came to them. "How is he doctor?" Tiana asked. "It might take him a few weeks to wake and maybe even a year to recover, but he is going to be fine. Hope bloomed in Theodore's heart once again as he hugged his sister. He finally knew it was going to be alright

Moral: be strong and of good courage, do not be dismayed, just believe in yourself.

Elon Musk: Defining His Dreams



Elon Reeve Musk, born June 28, 1971, is a business magnate, industrial designer and an engineer. He is the founder, CEO, CTO and chief designer of SpaceX; early investor, CEO and product architect of Tesla Inc.; founder of The Boring Company; co-founder of Neuralink; and co-founder and initial co-chairman of OpenAI. Ranked 25th on the Forbes list of The World's Most

Powerful People, and was ranked joint-first on the Forbes list of the Most Innovative Leaders of 2019. As of November 15, 2020, his net worth is US\$ 90.8 billion, making him the 5th richest person in the world.

Musk briefly attended the University of Pretoria before moving to Canada when he was 17 to attend Queen's University. He transferred to the University of Pennsylvania two years later, where he received dual bachelor's degrees in economics and physics. He moved to California in 1995 to begin a Ph.D. in applied physics and material sciences at Stanford University, but dropped out after two days to pursue a business career. He co-founded Zip2, a web software company, which was acquired by Compaq for \$307 million in 1999. Musk then founded X.com, an online bank. During his childhood, Musk was an avid reader. At the age of 10, he developed interest in computing. By the age of 12, sold the code of a BASIC-based video game he created called Blastar to PC and Office Technology

magazine for approximately \$500.

Musk, who was influenced by the Foundation series, views space exploration as an important step in preserving and expanding the consciousness of human life, and argues that multi planetary life may serve as a hedge against threats to the survival of the human species. Space X's goal is to reduce the cost of human spaceflight by a factor of 10. In a 2011 interview, he said he hopes to send humans to the surface of Mars in 15 years' time.

Elon Musk is an example of indomitable perseverance, having endured the harshest times and emerging to become one of the most powerful people in the world. He goes on to show that:

"Success is not final; failure is not fatal. It is the courage to continue that counts"



GOKUL SREENIVASAN
- 10B





Joe Biden to be 46th president of United States with Kamala Harris as his deputy: Joe Biden emerged victorious in the race of the 46th Presidential elections of the US. Born in Pennsylvania in 1942, the 77-year-old got elected to the Senate for the

first time in 1972. At 77, Biden would be the oldest first-term president in history. He has spent five decades in Washington and served two terms in the White House as former president Barack Obama's vice president. The result also provided a history-making moment for President-elect Biden's running mate, Senator Kamala Harris of California, who became the first woman, and first woman of color, on a winning presidential ticket.



NASA Selects Indian-American Astronaut Raja Chari For Manned Mission To Moon: Raja Jon Vurputoor Chari, an Indian-American US Air Force colonel, is among 18 astronauts, half of them women, who have been selected by

NASA for its ambitious manned mission to the Moon and beyond. The modern lunar exploration programme will land the first woman and next man on the Moon in 2024 and establish a sustainable human lunar presence by the end of the decade.



COVID-19 vaccine: Serum Institute to make 10 crore doses each month from next year: Serum Institute of India plans to make up to 10 crore doses of coronavirus vaccine each month, starting next year, said chief executive officer Adar Poonawalla. Pune-

based drugmaker partnered with global pharma giant AstraZeneca to produce COVID-19 vaccine by University of Oxford for low-and-middle income countries. Dubbed as Covishield, the COVID-19 vaccine is currently in the Phase III clinical trial in India.



China's first domestically made nuclear reactor, the Hualong One, goes online: China has powered up its first domestically developed nuclear reactor - the Hualong One - a significant step in Beijing's attempts to become less dependent on

Western allies for energy security and critical technology. The reactor, which was connected to the national grid, can generate 10 billion kilowatt-hours of electricity each year and cut carbon emissions by 8.16 million tons, according to China National Nuclear Corporation (CNNC). This marks China breaking the monopoly of foreign nuclear power technology and officially entering the technology's first batch of advanced countries.



US Elections 2020: NASA astronaut casts vote from space: Along with Americans in the US, NASA astronauts in space too cast their votes for the highly tumultuous US Presidential elections.

American space agency NASA informed that its astronaut Kathleen Rubins, cast her vote from the International Space Station, which is 250 miles from Earth's surface. This was not the first time Rubin cast her vote from space, she had also voted from the International Space Station during the 2016 elections.



Saudi Arabia announces plans to improve foreign workers freedom:

Saudi Arabia announced new plans to ease foreign workers' contractual restrictions, improving a controversial seven-decade-old sponsorship system known as kafala.

The plans, to take effect in March 2021, aim to make the Saudi labour market more attractive, the deputy minister for human resources said, by granting foreign workers the right to change jobs and leave the country without employers' permission. Saudi Arabia, which chairs the Group of 20 major economies (G20) this year, is seeking to boost its private sector, part of an ambitious plan to diversify its oil-dependent economy.



INS Airavat reaches Sudan with 100 tonnes of food aid:

Indian Naval Ship (INS) Airavat reached Mombasa port in Kenya with food aid for the people of South Sudan amid the coronavirus pandemic.

"The Mission Sagar-II is aligned with the Prime Minister's vision of SAGAR (Security and Growth for All in the Region) aimed at providing assistance to friendly foreign countries to overcome natural calamities and Covid-19 pandemic. Under Mission Sagar-II, INS Airavat will deliver food aid to Sudan, South Sudan, Djibouti, and Eritrea. Mission Sagar-II follows the first Mission Sagar which was undertaken in May-June 2020, wherein India provided food and medicines to Maldives, Mauritius, Seychelles, Madagascar and Comoros.

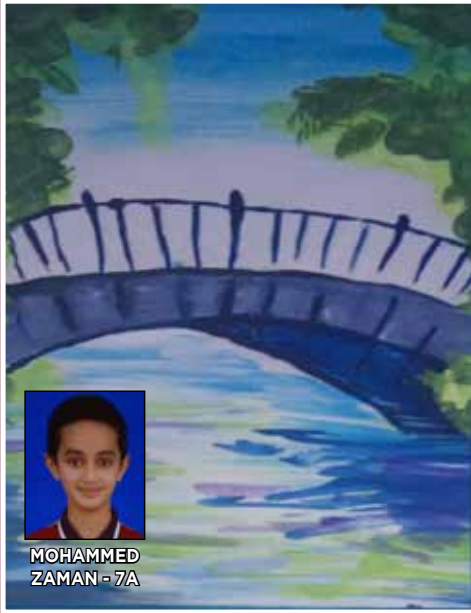


Prasar Bharati signs MoU with Electronics and IT Ministry to launch 51 education TV channels:

India's public broadcaster Prasar Bharati entered into an MoU with the Ministry of Electronics and Information Technology to launch 51

direct-to-home (DTH) education TV channels. Under the ambit of this MoU, 51 DTH education TV channels comprising Swaymprabha (22 channels) (M/o Education), e-Vidya for classes 1 to 12 (12 channels) of NCERT, Vande Gujarat (Govt. of Gujarat) (16 channels) and DigiShala under M/o Electronics and IT (1 channel) shall be available as DD co-branded channels to all DD FreeDish viewers. This move aims to bring quality educational programmes to every household, including those in rural and remote areas. The services will be available free of cost for all the viewers 24x7, in line with government's commitment towards skill development and providing quality education to the last person in the country.

Art Gallery Secondary



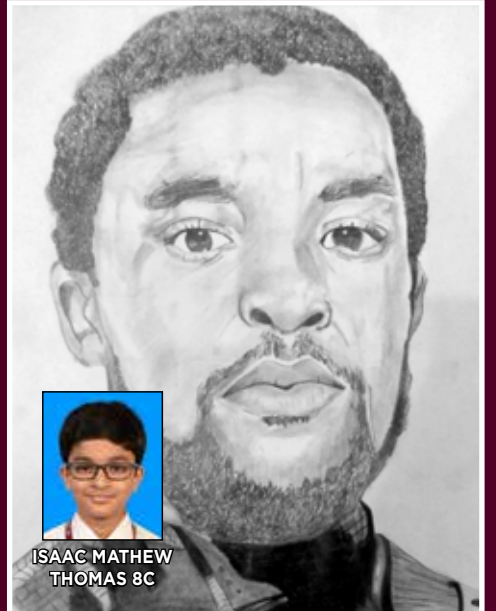
MOHAMMED
ZAMAN - 7A



SHRUTHIKA
SIVAKUMAR 8C



KULSUM SYED
8F



ISAAC MATHEW
THOMAS 8C



BERYL
- 10B



HUSAINA
- 8D



AZEEZ ABIZAR
- 10C



EPIctionary

- 1. Brusque** - Abrupt, Dismissive
Used in a sentence: His brusque nature is not at all appreciated by his friends
- 2. Dichotomy** - A difference between two opposite things or ideas
Used in a sentence: The huge dichotomy between the rich and the poor is one factor which separates the country.
- 3. Adulation** - Great praise for someone, often more than what is deserved
Used in a sentence: It is obvious that most of the billionaire's adulation comes from people who are simply after his money.
- 4. Seraphic** – Angelic
Used in a sentence: When the children put on their angel costumes, they look seraphic.
- 5. Respite** – Brief interval of rest or relief
Used in a sentence: In most places summer brings a much needed respite to teachers and students alike.
- 6. Albeit** - Even though or Although
Used in a sentence: The day albeit a bit cloudy, is perfect for a barbecue.
- 7. Sedulous** – Diligent, Hard working
Used in a sentence: All the students must be sedulous, to get the best result.
- 8 Avarice** – Excessive greed
Used in a sentence: If you let avarice take over, you will be left with a life focused only on material things.
- 9. Cajole** – To urge
Used in a sentence: She landed up going to the party, because she was cajoled by her friends.
- 10. Winsome** – Charming or Pleasing
Used in a sentence: Although I am not a kid, I am still drawn to winsome toys like building blocks and dollhouses.

THE BIG BOSS BRAIN



You've heard for much of your life that the human brain is amazing. It's true. That soft, squishy blob between your ears - the blob that runs your life - its pretty amazing. The brain may well be our body's most mysterious organ. Unbelievably complex, utterly fascinating, and notoriously difficult to study. It is the most complex organ in your body. It acts like a storage device that keeps your most cherished and important memories safe. It influences the way you behave, think, and speak.



YASHILA VEERAMANI
- 9A

The brain is constantly working; it operates with a high level of structural cooperation; and seemingly simple processes, like learning to read, are actually highly complex. This dynamic and versatile structure is unlike anything else on earth. That may be why we are so attracted to the study of the brain - it evokes both wonder and curiosity. At the simplest level, the brain is an organ that we are all born with, and we'll explore that concept first. The human brain is capable of creating more ideas equivalent to that of the atoms of the universe. The human brain is made up of more than 10 billion nerve cells and over 50 billion other cells and weighs less than three pounds. ... The human Brain uses 20% of our body energy and makes up only 2% of our body weight. The brain serves you with ample physical and cognitive abilities. You may have thought that the rest of your body can become fat, but not your brain.

Facts About the Brain

1. Multitasking is impossible

When we think we're multitasking, we're actually context-switching. That is, we're quickly switching back-and-forth between different tasks, rather than doing them at the same time.

2. About 75% of the brain is made up of water

This means that dehydration, even as small as 2%, can have a negative effect on brain functions. Dehydration and a loss of sodium and electrolytes can cause acute changes in memory and attention. To prevent any loss of body or brain function, take steps to keep your body properly hydrated.

3. The brain can't feel pain

There are no pain receptors in the brain itself. But the meninges (coverings around the brain), periosteum (coverings on the bones), and the scalp all have pain receptors. Surgery can be done on the brain and technically the brain does not feel that pain.

4. The human brain gets smaller as we get older

Human brain keeps developing until you are in your late 40s. It is the only organ in the human body to undergo development for such a long time. It also sees more changes than any other organ. Around mid-life, the brain will begin to shrink. However, size doesn't matter in the brain. There is no evidence that a larger brain is smarter than a smaller one

5. The human brain contains approximately one hundred billion neurons

This is about the same as the number of stars in the Milky Way galaxy. These neurons are connected by trillions of connections, or synapses. Experts call this a "neuron forest". That being said, neurons only make up 10% of the brain.



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