



# EPICS



MONTHLY MAGAZINE  
THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT

**E** EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

MARCH 2018



## PRINCIPAL'S MESSAGE

Dear Children,

We are in the final stage of the academic year 2017 - 18. In this edition let's discuss about some good as well as healthy habits. Mind and body is complementary to each other. To keep a good mind health is inevitable. Here are 8 simple habits that will help you to

improve your health and immune system.

### 1. Drink Plenty of Water

No matter how healthy you are and how much you are eating, it won't help much if you're not drinking enough water.

One of the benefits of drinking water is that adequate hydration has a positive effect on the immune system. Water flushes toxins out of the body and ensures that your body cells and organs are getting enough oxygen they need to function properly. Water helps to keep your digestive system strong, so that you're able to digest your food properly. Drinking water in empty stomach is good for health. The idea of drinking water on an empty stomach is originated in Japan. Typically, everyday Japanese people drink 4 glasses of water in the morning before they eat anything. They wait at least 30 minutes before they have their breakfast. This water therapy helps them to stay active and healthy. Children, you too can follow this.

### 2. Laugh Out Loud

Emotions such as anger and grief can impair health, but laughter does the opposite. Laughter can boost your immunity, which in turn will provide your body with better resistance power towards illness and diseases. A hearty laugh helps to increase the number of anti-infection antibodies as well as T-cells in the blood. In addition to this, laughter increases blood circulation, stimulates digestion, reduce muscle tension and lowers blood pressure.

### 3. Catch Some Sunrays

Sunlight helps in the production of vitamin D, which helps to improve protective immunity. If you have a low amount of vitamin D in your blood, you have a higher chance of getting infections, cancer and cardiovascular diseases. Getting just 10-15 minutes of sun exposure (without sunscreen) each day is enough to produce vitamin D and make it as a habit.

### 4. Be Positive

Being joyful and optimistic is something we all should aspire to remain

healthy. The immune system takes many of its cues from our feelings and thoughts. In fact, a positive attitude has been shown to improve immunity. At the same time, those who are positive are at a lower risk of getting stroke or heart attack.

### 5. Start Your Day with a Good Breakfast

Have healthy breakfast everyday which is good for your health. Never skip breakfast. Fruits and vegetables can double the ability of your immune systems to fight against diseases. The immune system requires quite a few nutrients in order to function well. The antioxidants, Vitamin C, E, A and selenium are just a few of the nutrients that you will get from fruits and vegetables.

### 6. Meditate

Meditation creates a positive mental environment for you to flourish. Additionally, it also boosts the antibodies that help to make the immune system's functions more efficiently. Moreover, it helps you to reduce anxiety and depression. Try to practice meditation in a quiet and peaceful place in around 10-15 minutes each day.

### 7. Take a Daily Walk

Exercise is one of the best ways to acquire good immunity. If you do not have the time for intense exercise, a 30 minute walk each day is all that your body needs to function properly. This will help you to get more attention in studies too. Walking reduces the levels of circulating inflammatory factors and oxidative stress as well as increasing the recirculation of immune cells that kill cancerous and infected cells.

### 8. Quit the Sugar

Sugar is not at all beneficial for your health. In fact, sugar dramatically reduces immune function and makes you more susceptible to the common deceases like cold, flu, and other infections. Sugar has a negative impact upon the functioning of white blood cells by competing with vitamin C for space in those cells. The white blood cells need vitamin C to function properly so that they can destroy bacteria and viruses. Therefore, the more sugar you eat, the less vitamin C will be available to the white blood cells and it will lead to the weak immune system. Therefore, you should opt the natural sweeteners such as stevia, jaggery and honey.

Wish You the Very Best in the Final Examination.

02	EDITORS' NOTE
03	PRAYAN I - NEW ACADEMIC SESSION FOR CLASS XII
05	AASHISH' BLESSING CEREMONY FOR THE OUTGOING CLASS X STUDENTS
06	BIRTHDAY ARCADE - MARCH
08	'AASHIRVAAD 2018'-BLESSING CEREMONY CLASS XII
11	PRAYAN II - THE JOURNEY BEGINS FOR CLASS X
14	WORLD IN A NUTSHELL



## UNDER 17 BOYS WINNERS @CBSE CLUSTER FOOTBALL TOURNAMENT



ICSK's rendezvous with success at CBSE Kuwait Cluster 2017-2018 was once again reached at the football tournament. The Indian Community School, Kuwait, has always aimed to be a pioneer for a holistic balance between academics and sports

for students, thereby flaunting an array of accomplished student athletes.

The boys football team of the Indian Community School, Kuwait obtained an unbeatable position at the concluded CBSE Kuwait Cluster Football Tournament. ICSK won the first place trophy under the coaching of the Physical education department led by HOD Mrs. S.Rajam. The credit of ICSK team goes to the Under-17 boys which include students of classes nine, ten and eleven.

The invincible stars of ICSK of this category championships for Under 17 boys are Aftaab Kallan, Noel George Koleth, Joel D'silva, Krishna Karthik, Emmanuel Benny, Fionn Firoz, Azam Kunchammed, Ayman Nayeem, Gomes Larsen, Favian Shaun, Jeffin Job, Fasil Mohammed, Mohammed Abdul Salam, Mohammed Kolloch, Aaron Niju John, Sharavan Ravi and Navin Zachariah. The ICSK Principal, management and staff applaud these position holders for their hard work and for their exhilarating performances.

# EDITORS' NOTE

## SILLY WILLY

"Life itself has no meaning. Life is an opportunity to create a meaning!"

In the jungle, by the river, lived a huge hippopotamus. The other animals called him Silly Willy. He had enormous teeth and he ate everything that he saw. Soon, he was the biggest hippo in the whole world.

He started off by just munching a floating log or a boat. But soon, he started eating motorboats and speedboats. Then, he started eating even ships and houses and whole trees. Things had gone too far!

The people in the town near the river were shocked. The children were frightened of Silly Willy and stayed away. The soldiers came and shot arrows at Willy to frighten him away, but he caught them and used them as toothpicks. They shot cannons and even fired a missile at him, but nothing seemed to scare Willy. He caught cannonballs and the missile and enjoyed eating them too.

The people were in despair. They did not know what to do. But Silly Willy enjoyed being the centre of attraction.

But one day, something terrible happened to Willy. One by one, his huge, beautiful, sharp teeth began to fall out. Finally, he was totally toothless.

Slowly, people stopped coming to see Willy. The children were no longer frightened of him. Nobody was interested in seeing a toothless hippo! Life became very dull and sad for poor Willy.

One day, six months later, Willy saw a woman collecting some plants near the river. She was a tourist and has a camera in her hand. Willy saw her take lots of photographs with the camera. The woman looked terrified when she stumbled on Willy resting on a rock near the river. But Willy knew that he couldn't frighten the tourist.

"Who's afraid of a gummy hippo anyway?" he thought and gave her a toothless grin instead. The woman was so happy that she smiled at Willy. She took a nice photograph of Willy with his toothless smile.

"I know just what you need," she said as she looked at the photo. "I'll send you some when I get home." Willy didn't understand what she was saying and thought no more about her.

A few months later, a large packet arrived for Willy. It was from the plant-collecting tourist. She was a dentist and she made Willy a beautiful set of sparkling white false teeth! Silly Willy put them in his mouth and smiled the shiniest smile anyone had ever seen. He was so happy.

People started flocking to see him again. The children now came in large groups to see Willy. He was once again the centre of everybody's attention and he loved it. And now all he had to do was SMILE!

He realised his earlier actions were hurtful and restarted all over again with his new teeth.

Send your valuable contributions to

[epicseditor@icsk-kw.com](mailto:epicseditor@icsk-kw.com)



Mrs. Susan Rajesh



Mrs. Tintu Wilson

# STUDENT EDITORIAL

Let's look ahead!

Greetings to one and all!

"Hold the vision and trust the process." Almost all our exams are done. Some of us are looking forward to step into the new academic year while some of us have already started our new session. I just want to let you all know to keep your self-esteem high. Self-esteem is a very important ingredient for our development. "Self-esteem is the reputation we acquire with ourselves." A strong, positive self-image is the best possible preparation for success in life.



SUHANEESINGH  
12 G

"Always remember your focus determines your reality." Being focused in life is another important factor. We are all in an age where we tend to get distracted and lose our focus. It's pretty natural and there's nothing much to worry about it. More importantly you yourself need to keep yourself determined and motivated to remain focused. Believe it or not, if you are really motivated, there's no one who can stop your path from getting better.

"Don't fear facing struggles." Think about it in this manner, if you wouldn't have to face any challenge or difficulty in life, and everything would go very smoothly.....would it be really appealing? There might be some of you who might think yes when you first read this but when you really think about it in depth, it wouldn't be appealing. We should be all considered fortunate enough to face challenges since we get a chance to be on a roller coaster of life.

"Optimism is the faith that leads to achievement." Stay positive and train your mind to see good in every situation, thing and person too. A negative mind will never give you a positive life. Thinking positive will bring out a major impact on your lives. When you inculcate the habit of thinking positively, almost everything will seem good and will be appealing.

Finally I would say "Strive for your goals." Try the 'DBA strategy.' Dream it, Believe it and Achieve it. I hope this helps. Personally, I have applied this strategy in my life and it has taken me miles further. Aim for the best and do your part with dedication. Don't tell people about your dreams, give them a shock.

Wishing you all great success in life. Cheers!!!

## MIDNIGHT MAGIC

Did you know the magic of midnight?

The stars glowing at night,  
And the stars created so bright.

There! There goes the shooting star at night,  
Look at the constellation of a hunter created with might,  
Look at the stars at night.

This is the magic of midnight,  
With lovely glowing bodies.  
Look how beautiful it is to look at the magic of midnight.



MAY SMITH-JAMES  
=8B

# PRAYAN I - NEW ACADEMIC SESSION COMMENCES FOR CLASS XII



The new academic session for class XII commenced at the Indian Community School Kuwait on Sunday, 27th February 2018 with a blessing ceremony held at the ICSK Senior school auditorium. The children were blessed by the Chief Guest Rev. Fr. Lionel Braganza, Principal of Indian English Academy School, Kuwait and the ICSK fraternity, Principal- Dr. V. Binumon, Vice-Principal-Dr. Sam T. Kuruvilla, Heads of Departments and Teachers graced the occasion with their benign presence.

The august function shimmered in showers of blessings from all the dignitaries present. The ceremony began with invoking the blessings of the divine by lighting the lamp, emblematically denoting the journey from darkness to light. A melodious rendition of the prayer song by the members of the school choir, Sawranjali added a divine aura to the proceedings.

The congregation was ardently welcomed by Dr. Sam T. Kuruvilla, Principal - ICSK Senior, who reminded the students on the importance of a good beginning in the new academic year. He added that to achieve their goal they need to be focused and persistent in their efforts.

Principal- Dr. V. Binumon through his introductory address, instilled the spark of motivation in the receptive minds of the eager students by urging them to utilize the prime of their life to shape up their future. He reminded the students on the importance of a good beginning in the new academic year.

The Chief Guest Fr. Lionel Braganza, blessed the students and advised them to embark on the new academic year with renewed vigour. He exhorted them that failure is one of the toughest things to



deal with and happens so frequently in life on various levels. Learning to deal with it can aid how we approach all types of endeavour and to grow we must keep reaching out for these new experiences. He blessed the students for a wonderful year ahead for academic excellence and specially entreated the teachers to guide and lead them to the pinnacle of success.

Attendance registers, class logs and name lists were handed over to the class teachers thereby symbolically entrusting them with the class charge. The personal log and time table were handed over to the subject teachers.

Mr.Vinod-HOD Mathematics, Mr.George Swamy-HOD Computer Science, Mr. Manish-HOD Commerce and Mrs.Srikala Dileep-HOD Social Science Department delivered inspirational speeches on the importance of maintaining a strong passion in one's selected subject.

Mr.Yusuf Shabbir, the programme convener of Prayan 2018 delivered the vote of thanks and reminded the students that to achieve success in any task one must begin well. Divine grace, earnest blessings and sincere enthusiasm combined together to allure the occasion emboldening the belief that 'A good beginning makes a good ending'.

## Quote Garden

- "Give me a stock clerk with a goal, and I will give you a man who will make history. Give me a man without a goal, and I will give you a stock clerk." - James Cash Penny
- "I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed." - Michael Jordan
- "A mind is like a parachute. It doesn't work if it isn't open." - Frank Zappa
- "There are no traffic jams along the extra mile." - Roger Staubach
- "What is harder than rock, or softer than water? Yet soft water hollows out hard rock. Persevere." - Ovid

# CAPTAINS & VICE CAPTAINS - MARCH

<b>CLASS 12A</b>  RITHIKA RAGHUPATHY	<b>CLASS 12A</b>  TANIYA CHRISTINE	<b>CLASS 12B</b>  AHMED A. JABBAR	<b>CLASS 12B</b>  DEEPTI RAVIKUMAR	<b>CLASS 12C</b>  THINETH M.	<b>CLASS 12C</b>  SAKSHI MILIND	<b>CLASS 12D</b>  SHABNAM HARIS	<b>CLASS 12D</b>  BURHAN TAIYEB	<b>CLASS 12E</b>  SAKINA	<b>CLASS 12E</b>  NADEENA P.
<b>CLASS 12F</b>  JEFFIN JOB	<b>CLASS 12F</b>  SYEDA FATHIMA	<b>CLASS 12G</b>  KEREN MARY JOSE	<b>CLASS 12G</b>  EDMON PEREIRA	<b>CLASS 12J</b>  RASHIL	<b>CLASS 12J</b>  LOGRAJAN	<b>CLASS 12K</b>  DANISH SHAWN C.	<b>CLASS 12K</b>  FAHAD MANOWAR ALI	<b>CLASS 12L</b>  FATHIMA THUFLA	<b>CLASS 12L</b>  SHABBIR HUSEINI K.
<b>CLASS 10A</b>  SHARON BABY T.	<b>CLASS 10A</b>  SAURAV GHANSHYAM	<b>CLASS 10B</b>  HUMAIRA SALIM	<b>CLASS 10B</b>  JOSH THOMAS	<b>CLASS 10C</b>  SNEHA S. ABRAHAM	<b>CLASS 10C</b>  CEBIN BIJU PANICKER	<b>CLASS 10E</b>  SYDUL ALFIA	<b>CLASS 10E</b>  FARHAN	<b>CLASS 10F</b>  FATHIMA FAWAZ	<b>CLASS 10F</b>  GEORGE LIONAL

## Flying Robots could go beyond flying Cars



The ability to both fly and walk is common in nature. For instance, many birds, insects and other animals can do both.

The researchers previously developed a robot name the “flying monkey” that could run and fly, as well grasp items. However, the researchers had to program the paths the flying monkey would take; in other words, it could not find safe routes by itself.

Now, these scientists have developed flying cars that can both fly and drive through a simulated city-like setting that has parking spots, landing pads and no-fly zones. Moreover, these drones can move autonomously without colliding with each other.

The researchers took eight four-rotor “quadcopter” drones and put two small motors with wheels on the bottom of each drone, to make them capable of driving. In simulations, the robots could fly for about 295 feet (90 meters) or drive 826 feet (252 meters) before their batteries ran out.

The roboticists developed algorithms that ensured the robots did not collide with one another. In tests in a miniature town made using everyday materials such as pieces of fabric for roads and cardboard boxes for buildings, all drones successfully navigated from a starting point to an ending point on collision-free paths.



K. DARIUS LAL  
8A

Adding the driving apparatus to each drone added weight and so slightly reduce battery life, decreasing the maximum distances the drones could fly by about 14 percent, the researchers said. Still, the scientists noted that driving remained more efficient than flying, offsetting the relatively small loss in efficiency in flying due to added weight.

“The most important implication of our research is that vehicles that combine flying and driving have the potential to be both much more efficient and much more useful than vehicles that can only drive or only fly.”

The scientists cautioned that fleets of automated flying taxis are likely not coming anytime soon. “The current system of drones certainly isn’t robust enough to actually carry people right now.” Still, these experiments with quadcopters help explore “various ideas related to flying cars.”

The scientists detailed their findings at the Institute of Electrical and electronics Engineers’ International Conference on Robotics and automation in Singapore.

# AASHISH' BLESSING CEREMONY ORGANISED FOR THE OUTGOING CLASS X STUDENTS



Community School, Senior Branch, were accorded a grand farewell on Wednesday, 14th February, 2018 in an emotionally charged atmosphere in the auditorium of Indian Community School Kuwait, Senior Branch by the class 9 students. The function began with the traditional lighting of the lamp to invoke divine blessings for a bright future of 122 students who will be passing out of Senior branch this year.

Principal Dr.V.Binumon, urged the outgoing students to face the challenges of the world by being agents of positive social change. He reiterated on the duty of every student as true alumni of the Indian Community School,

agents of social metamorphosis. He wished them all the best, for success not only in annual examination but also in their future endeavors.

Students reminisced their fun-filled days in school and expressed how difficult it was for them to go out of the portals of their alma mater. In their nostalgic speeches, they fondly remembered their school life filled with various ups and downs and successes. They also thanked all the teachers for their endearing efforts in shaping up the destiny of every child and for being there when it mattered. Dr.Sam.T.Kuruvilla, the Vice-Principal gave a thought provoking message

wherein he highlighted the importance of focus in achieving one's dream. He stressed on the importance of school life in shaping one's destiny. The teachers through their words of wisdom motivated and inspired the students through their speeches. They advised the students to wade confidently through the new waters which they would face in the imminent future.

Teachers lit the lamp of knowledge and passed it on to students. The students took a pledge to carry on the traditions of their Alma mater, while making positive contributions to society.



## CBSE APPOINTS PRINCIPAL DR. V BINUMON AS PRE-EXAM COUNSELLOR FOR STUDENTS AND PARENTS



Dr. V Binumon, the Principal of the Indian Community School Kuwait, has been selected as a counsellor for Kuwait region as part of the CBSE annual pre-examination counselling. The CBSE annual counselling is an outreach programme which caters to the heterogeneous students' population and vast geographical network of schools. The Pre-Examination Psychological counselling for students and parents will

begin from the 01st of February 2018, and will continue up to 13th April, 2018. The counselling session will be carried out telephonically and Dr. V. Binumon can be reached at the mobile number 00965 98821027 between 8:00 pm and 10 pm on all these days. Dr. V. Binumon is a trained personnel who has a brilliant record as an Education Counsellor and is empathetic to the needs of students. He has undergone courses and training in Neuro-Linguistic Programming and Hypnotherapy as well. Simultaneous to the counselling session, students and parents shall be instructed on techniques of harnessing stress and stress-related problems.

CBSE Tele-Counselling is offered by Principals and trained counsellors from within CBSE affiliated schools located in and outside India. It is a voluntary, free of cost service provided by the participants. This year 91 Principals, trained Counsellors from CBSE affiliated government and private schools, few Psychologists and Special Educators will participate in Tele-Counselling and address exam related psychological problems of the students. 71 of them are available in India while 20 are located in Nepal, Kingdom of Saudi Arabia (Al-Khobar), Sultanate of Oman, UAE (Dubai, Sharjah, Ras Al-Khaimah), Kuwait, Singapore, Qatar and Japan.

For the ninth year CBSE has arranged to provide counselling to differently abled children to take care of the needs and anxiety of special children. CBSE experts will answer queries of students through weekly Question Answer columns to be published in major national dailies during the month of February. Online Queries will also be replied at [counselling.cecbse@gmail.com](mailto:counselling.cecbse@gmail.com). Information related to examinations and techniques to cope with exam related anxiety is also provided at the CBSE website [www.cbse.nic.in](http://www.cbse.nic.in) through micro link Helpline.

# Birthday Arcade - March



**EBIN SHJO PAUL**  
7B - MAR 1



**SAKINA FAHKRUDDIN**  
9C - MAR 1



**HAWRA HAKIMUDDIN**  
10C - MAR 1



**SIVINI SOJI**  
11D - MAR 1



**REBECCA R. JOSEPH**  
11E - MAR 1



**RANJANA RAJENDRAN**  
12A - MAR 1



**AAYUSHI C. BHATT**  
12F - MAR 1



**JOSHUA SHIBU**  
12F - MAR 1



**ZEENATHUL HASNA**  
12I - MAR 1



**MARIA NIXON**  
12C - MAR 2



**MARIYA SYED**  
12D - MAR 2



**MEHEDI IMRAN**  
12G - MAR 2



**TAHA RAFIK**  
7C - MAR 3



**MERLYN MARIA N.**  
12G - MAR 3



**ADNAN SAYED**  
12K - MAR 3



**AYESHA BATOOL**  
7A - MAR 4



**AZEEZ ABIZAR**  
7A - MAR 4



**INSIYA GULAM ABBAS**  
8B - MAR 4



**FERIK GEO**  
9B - MAR 4



**JOLIN JOSE**  
12I - MAR 4



**M.SAAD SHAIKH**  
9B - MAR 5



**ABEL BASKUTTY**  
11F - MAR 5



**SALAMUDEEN T.**  
12A - MAR 5



**BURHANUDDIN ASGAR**  
12G - MAR 5



**NORAH ZAHUR AHMED**  
7E - MAR 6



**JEMY GEORGE**  
11E - MAR 6



**RANIA**  
11M - MAR 6



**SAIF MAMIN**  
12K - MAR 6



**JEFFIN VARGHESE M.**  
7E - MAR 7



**ABEL P.SAM**  
7C - MAR 8



**SAKINA YUSUFI K.**  
10A - MAR 8



**BRIAN**  
10E - MAR 8



**SAFWAN SAUD**  
11G - MAR 8



**ABDE MANAF**  
12C - MAR 8



**ALBAN ANTONY**  
12K - MAR 8



**HABEEB SAQLAIN R.**  
8A - MAR 9



**JITHISH KUMAR**  
10C - MAR 9



**MUHAMMED NAEEM**  
11I - MAR 9



**HASSAN ALI JABIR**  
12D - MAR 9



**RUSHIL SANGANI**  
12J - MAR 9



**JEEVAN VARGHESE J.**  
7A - MAR 10



**JEFFIN JOB**  
11H - MAR 10



**ALISTAIR DIAS**  
12F - MAR 10



**FATEMA ABBAS**  
12F - MAR 10



**THANISHA KHATHOON**  
12J - MAR 10



**KANAK ANAND**  
7C - MAR 11



**BESHALLELL KINGSLY**  
7D - MAR 11



**AHMED YASEEN**  
11A - MAR 11



**ABHISHEK SREEKUMAR**  
8A - MAR 12



**SYDUL ALFIA**  
10E - MAR 12



**DEVANG DINESH**  
11D - MAR 12



**MOH'D MISHAL**  
12A - MAR 12



**RUQAYYAH SHERIFF**  
9C - MAR 12



**ASMA**  
11I - MAR 13



**MOH'D ZAKARIYA**  
8D - MAR 13



**MARWAN MANSOOR**  
7F - MAR 14



**MARIYA PAHALWAN**  
12F - MAR 14



**BATUL**  
7C - MAR 14



**IRENE TREESA T.**  
11G - MAR 14



**LARSEN GOMES**  
11G - MAR 14



**SHAFANA BANU S.**  
11E - MAR 15



**SHRAVAN RAVI**  
11C - MAR 15



**ASHBINN SATHEESH**  
9B - MAR 15



**GAYATHRI NAIR**  
12I - MAR 15



**KENDRICK FERNANDES**  
7D - MAR 16



**ZAINAB ABDUL K.**  
7F - MAR 16



**ATEKS RAJ**  
11D - MAR 16



**ASTHA VIJAY T.**  
11A - MAR 17



**KIAN ALMEIDA**  
11F - MAR 17



**SHARON SARA ALEX**  
11C - MAR 17



**AMATULLA BUNDI**  
12E - MAR 18



**AFIFA NADEEM**  
10A - MAR 18



**ALVINA CARLITA**  
12G - MAR 18



**FATHIMA JIHAN J.**  
9B - MAR 19



**S. SWASTIK PATRO**  
12F - MAR 19



**S. WASSIM AHMED**  
12J - MAR 19



**GREESHMA ELIZABETH**  
7A - MAR 20



**SAKEENA KOUSAR**  
10A - MAR 20



**MOH'D ADNAN**  
11C - MAR 20



**RITAJ FAROOQ**  
11F - MAR 20



**HASEEB ABDULLA**  
12C - MAR 20



**KLYNONA M. RODRIGUES**  
11J - MAR 21



**PHEBE ROY**  
11D - MAR 22



**AYESHA A.**  
8B - MAR 22



**AYESHA KOTAM**  
12L - MAR 22



**MARIA ROBY**  
8A - MAR 22



**VALUSHA ANTAO**  
11H - MAR 22



**SHAHID ASLAM M.**  
8D - MAR 23



**MUSTAFA ASGAR**  
11G - MAR 23



**EDMON PEREIRA**  
11J - MAR 23



ZOHAIB MOH'D ALI  
8A - MAR 23



KITTUSHEN  
8A - MAR 24



BURHANUDDIN AHMED ALI  
12H - MAR 24



HUSSAIN HAKIMUDDIN  
8C - MAR 25



SHAIKH BUSHRA B.  
12E - MAR 25



MUSTAFA HUSSAIN  
9D - MAR 27



SARA SADAF  
11F - MAR 27



TABITHA JEYAKARAN  
11D - MAR 27



ALI KURESH  
11G - MAR 28



SHAAFI HUSSAIN DIWAN  
8B - MAR 28



IMANA NAUSHAD  
12D - MAR 29



ALHIYA M. FERNANDES  
11F - MAR 30



AMITH SONI  
12B - MAR 30



FASIL MOHAMMED  
11I - MAR 30



SADIA SUFIAN KHAN  
11H - MAR 30



SANDRA SHAJAN  
10B - MAR 30



AADITHYA KRISHNA  
10B - MAR 31



ARJEET SINGH  
12G - MAR 31



IRENE MARY JOHNSON  
9B - MAR 31



MRS MANU ANN V.  
MAR 2



MR. JOSEPH FRANCIS  
MAR 4



MR. VINOD LAKSHMAN  
MAR 10



MRS. CHANDRIKA RAVI  
KUMAR - MAR 13



MRS. RACHEL SHERJY  
SYRIAC - MAR 14



MR. ATIQ DHANSE  
- MAR 18



MR. JACOB  
GEORGE - MAR 21



DR. S. EZHILVISHIAN  
MAR 28



HEPHZIBAH BADUGU  
MAR 31

# THE INDIAN COMMUNITY SCHOOL, KUWAIT LAUNCHES MOBILE APPLICATION & WEB PORTAL



The Indian Community School, Kuwait has launched its web portal and mobile application, ICSK Cloud for parents and students. This is the latest initiative by the school to induce technology into the education system. The mobile application provides an easy access to all student related matters, both academic and non-academic. ICSK is the first Indian school in Kuwait to launch a mobile application and this application is available both in the Android & IOS platforms along with the web portal. Parents can access both for getting the information by using the same password. Both the mobile application and web portal are personalized for parents and protected by user id & password.

The school is launching a mobile app & a web portal as they are essential in helping the parents manage their children comfortably. In the fast paced modern world, it is difficult for



the parents to reach the school all the time to learn about the progress of their ward. The school has planned to launch this app to give them all the details about their child quickly. Parents/students can access information like academic reports, reference material, home work material with deadlines and reminders, immediate notifications via apps or web portal in case of absence or emergencies, school bus tracking, online fees payment (to be enabled soon) and the latest news from school. Through this parents will get the first hand information about their wards anywhere in the world.

There are separate mobile applications for the parents and teachers. The teachers can use the application to track student

attendance, share and track assignments, share study materials, provide links to useful web resources, lesson plans and collaboration facilities with other teachers, messaging parents and online grade entry. This application aids in minimizing the workload of teachers as they can access it anywhere and helps them in managing their time efficiently.

The effective utilization of the app by the school includes paper free circulars, immediate communication with parents made possible via mobile apps, web portal and if need be automated SMS & emails, student academic trend analysis through integrated trend analysis tools, document management, daily operations made simple through alerts, notifications and reminders, plug and play modules. It also gives restricted access to users based on role definition and prepares comprehensive and customizable reports for academics and finance.

The software is a total school managing system. It helps in academic, H.R and finance management and provides student, parent & teacher support. With this app parents will come to know about the day to day development of their ward. ICSK hopes that ICSK Cloud application and web portal will bridge the communication gap between the school and parents.

# 'AASHIRVAAD 2018'- BLESSING CEREMONY ORGANISED FOR THE OUTGOING CLASS XII STUDENTS



The Indian Community School - Senior, organized the Blessing Ceremony for the outgoing batch of class XII on 15th February, 2018, at the auditorium. The children were blessed by the invited dignitaries and the ICSK fraternity. Good byes are always painful with reminiscences both bitter and sweet. It is not easy to bid good bye to fourteen years of laughter, tears and accomplishments but, the journey of life is always an onward march, those who are left behind, pray and wish all the best to the ones marching ahead.

The Chief Guest of the occasion was His Excellency Shri. Jeeva Sagar, the Ambassador of India to Kuwait. Members of the Board of Trustees, Principals and Vice Principals of all the other branches of ICSK, Heads of Departments; teachers, parents and special invitees were present on the occasion.

Dr. V. Binumon, the Principal of ICSK Senior welcomed the gathering with warmth and gratitude. He welcomed all the invitees to

the grand event and addressed the students affectionately with tenderness and emotion. While wishing the students success for the upcoming examination, he reminded them to be the torch bearers of their alma mater in the years to come and persuaded the students to think beyond their grades. He exhorted students to dream big, providing an impetus to excel in every phase of life. Everything begins from a small spark of light, so was the magnificent evening with the lighting of the ceremonial lamp. The invocation of the divine, by lighting the ceremonial lamp, filled the atmosphere with serenity and solemnity appropriate to the occasion.

The school was honoured to have the magnanimous presence of The Chief Guest, His Excellency Shri. Jeeva Sagar, the Honourable Ambassador of India to Kuwait. He advised the students that to achieve success in life, everyone's blessings were as important as the hard work one put in. The address was power packed with earnest advice on life. He emphasized upon the importance of

respecting and valuing one's elders especially teachers and parents. The students were reminded of the importance of having an aim in life but very judiciously with a few alternative plans because life is full of surprises and disappointments. He told the eager students that for them life is at its easiest phase but as they move ahead numerous uncertainties and difficulties are in store for them. The students were also told to uphold high moral values to reach great heights.

Mementoes that represent the blessings and good wishes of the teaching fraternity, were presented to the students by the dignitaries. 420 mementoes were given away to the students of Class XII. Students, along with their proud parents, accepted the mementoes. With hopes, expectations, aspirations and a sense of pride, each one of the students walked on to the stage to accept the honour from the dignitaries present. The subject toppers of each stream were honoured with certificates of merit and the students who gained 100% attendance were also acknowledged with the same. The programme was telecasted live through the web for the members who could not attend the function.

Nostalgia rained in as student representatives shared their reminiscences of school life. Sweet and bitter memories shared in the tanginess of tears of separation left the





audience emotional. The reminiscences shared by the student representatives, Master Aneez Ahmed – the School President, Ms. Gayathri Nair, Master Aditya Narayan, Ms. Shreya Sajeer and Ms. Sakina Abbas brought back the images of bygone years into the minds of all the distinguished members and talked of the bitter sweet memories of the past 14 years at the school. All of them talked eloquently of their dear school and teachers. The expressions with definite clarity of vision and expectations of future electrified the audience with feelings profound.

Mr. George Swamy, Coordinator for Aashirvaad - 2018 rendered the vote of thanks to all the invitees and the ICSK fraternity. The soft notes of farewell song echoed further creating the right mood of bidding good bye.

Candle lights symbolic of knowledge was passed from teachers to the students flooding the whole place in the golden hue of candle lights. The Exhortation ceremony followed, in which students promised to abide by the laws and values imbibed by the school. The Vice Principal, Dr. Sam T Kuruvilla, read out the oath upon which the students promised to follow.

As the students took oath, they received the lit candles that also signify the dispelling of darkness of ignorance as also conveyed by the ICSK motto 'From Darkness to Light'. The young promises then moved out of the auditorium ready to step out of school and face the outside world, through a corridor of blessing where all the teachers showered their love and blessings for a happy and peaceful life ahead. Though specked with

glitter of tears and strong emotions, the farewell was well said. It is the tryst of destiny which brings each batch at a threshold to bid farewell from school life. These formative years of learning never come back in every one's life and therefore farewell usually becomes tearful gathering. The end of this memorable event marked the beginning of a new journey.



## WOMANHOOD CELEBRATED INTERNATIONALLY ON MARCH 8<sup>TH</sup>

International Women's Day (IWD) is celebrated on March 8 every year. It is a focal point in the movement for women's rights.

While the first observance of a Women's Day was held on February 28, 1909 in New York, March 8 was suggested by the 1910 International Socialist Woman's Conference to become an «International Woman's Day.» After women gained suffrage in Russian 1917, March 8 became a national holiday there, but has lost all political context through the time, becoming simply a day to honor the women and feminine beauty.] The day was then predominantly celebrated by the socialist movement and communist countries until it was adopted in 1975 by the United Nations.

March 8 sees the annual IWD campaign theme kick off for the year ahead, although

many groups around the world adopt and promote the campaign theme from early in the year. The IWD campaign theme provides a unified direction to guide and galvanize collective action. The campaign theme does not end on International Women's Day. It's just the start. Throughout the year many groups worldwide adopt the IWD campaign theme for further campaign work, gender-focused initiatives, continuing activity and events. A great example of this was in 2017 when the USA Women's Hockey Team went on to adopt the #BeBoldForChange IWD campaign theme to later rally for equal pay, boycotting the national finals unless a suitable deal was struck. Many fans and further teams supported the campaign.

Now, in 2018, more than ever, there's a strong call-to-action to press forward and progress gender parity. A strong call



to #PressforProgress. A strong call to motivate and unite friends, colleagues and whole communities to think, act and be gender inclusive.

International Women's Day is not country, group or organisation specific. The day belongs to all groups collectively everywhere. So together, let's all be tenacious in accelerating gender parity. Collectively, let's all Press for Progress.

# BIRTHDAY CUM CHARITY FUND

## BALANCE SHEET FOR THE MONTH OF FEBRUARY 2018

INCOME (JANUARY)	KD	EXPENDITURE (FEBRUARY)	KD
Balance c/f from January	3155.780	Money given for Amnesty through Indian Embassy	400.000
			400.000
Balance c/f from January	2755.780		
Contribution from students (February)	130.410		
Contribution from Staff & Well Wisher (February)	42.000		
Balance in hand	<b>2928.190</b>		

### BIRTHDAY FUND AND CHARITY FUND COLLECTION - FEBRUARY 2018

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
X A	-	2.420	2.420
X B	-	1.645	1.645
IX A	1.000	0.750	1.750
VIII A	-	19.490	19.490
VIII B	-	12.865	12.865
VIII C	3.750	8.050	11.800
VII A	-	6.350	6.350
VII B	-	9.000	9.000
VII C	-	12.380	12.380
VII D	-	3.350	3.350
VII E	-	14.710	14.710
	<b>4.750</b>	<b>91.010</b>	<b>95.760</b>
<b>AFTERNOON</b>			
VI A	-	1.325	1.325
VII F	1.350	-	1.350
VIII D	-	6.325	6.325
X E (NIOS)	-	2.465	2.465
X F (NIOS)	-	1.250	1.250
XII J (S)	-	6.485	6.485
XII K (COM)	-	10.645	10.645
XII L (COM)	-	4.805	4.805
	<b>1.350</b>	<b>33.300</b>	<b>34.650</b>
<b>Grand Total</b>	<b>6.100</b>	<b>124.310</b>	<b>130.410</b>

## ICSK Senior Adopts Empathetic Approach to its Fellow Citizens



“There is no exercise better for the heart than reaching down and lifting people up.” Evolving its take on charity, the Indian Community School (Senior) Kuwait, has sustained its energies in bettering the burden of the less comfortable, through financial donations. ICSK Senior has committed itself to this worthy cause since 2014, and continues to instil a charitable heart in all of its students. The staff and students of the school unfailingly participate in this endeavor through its many offshoots such as the ‘Birthday Charity Fund’. The school offers

students with the unique opportunity to give. In response to the large monetary requirements of the expatriate exodus, the ICSK Senior family generously contributed toward this special need an amount of KD four hundred to Shri. Sibi U. S., Second Secretary, Labour Wing, Indian Embassy of Kuwait, which would enable around thirty expats to meet their travel expenses. This initiative has come under the leadership of the Principal Dr. V. Binumon and the staff and student charity representatives.

The financial support that ICSK Senior extends comes through as an inspiration in an austere moment, and also trains young minds towards empathy for larger cause. Student conveners, staff and parent representatives graced the event, and Dr. V. Binumon, Principal ICSK (Senior), applauded the students and staff for their efforts towards charitable generosity.

## CHARITY CONVENORS - MARCH



ASTHA VIJAY TAKAR  
-12A



ABEL GEORGE ALEX  
-12B



RHYTHM SHAH  
-12C



ABITAMIM  
-12D



NOOREEN KAUR  
CHADHA -12E



ALI KURESH -12F



AFRAH MOHD  
FAROOQ -12G



WASSIM  
-12J



SAIF MOHAMMED  
-12K



SHAGUFTA KHAN  
-12L



KAVYA V.  
-10A



AMALA JAISON  
-10B



ALDRIN VOENN  
-10C



SHAHEED  
-10E



WALEED ZAHOOR  
-10F

# PRAYAN II - THE JOURNEY BEGINS FOR CLASS X AT ICSK



The Indian Community School (Senior) Kuwait, held a special ceremony, Prayan 2018, for the students of class X before the commencement of the new session. The Chief Guest, Sister Violette A.C, Principal of Carmel School, Kuwait, Dr. V. Binumon, Principal- ICSK Senior, Dr. Sam T. Kuruvilla, Vice-Principal-ICSK Senior, class teachers and subject teachers graced the occasion with their benign presence.

Dr. Sam T. Kuruvilla, the Vice- Principal of ICSK Senior, welcomed the august gathering and reminded the students to utilise the given opportunity to scale greater heights. The dignitaries lit the ceremonial lamp to invoke the blessings of the Almighty.

Dr. V. Binumon, the principal ICSK (Senior) emphasized in his speech that the primary objective of ICSK is to provide educational resources for a safe, challenging, tolerant, and supportive environment in which students are actively encouraged to participate. He also advised the educators to have a buoyant

vision to partake in the formation of students dynamically.

The Chief Guest, Sister Violette A.C, blessed the students at the outset and exhorted them to undauntedly accept the challenges of this world. She emphasized on determination, hardwork and perseverance to achieve success in life. The Chief Guest, handed over the class logs and the attendance registers to the X standard class teachers before they resumed their duties. She also distributed personal logs to the subject teachers. Chocolates were also distributed to the students, adding sweetness as they embark on this arduous journey of excellence.

The function which shimmered with the soulful music of Swaranjali, the musical band of ICSK, concluded with the vote of thanks proposed by the coordinator of Prayan - 2018, Mrs. Jayabala Jayaram, igniting the young minds to fathom the ocean of knowledge boldly; for the journey of a thousand miles begins with a single step.

## A PUPILS PROMISE

Each day I my best,  
And I won't do any less!

My work will always please me,  
And I won't accept the mess!

My writings will be neat,  
And it will be better than the rest!

I will always do my homework,  
And try my best on every test!

Our teachers give us the best knowledge,  
And it is our duty to Treat them the best!

I won't forget this pupil promise,  
To do the very best!



SAPAN BYNDEA  
- 8B



## The Art of JAZZ

Jazz – a unique type of music with Afro - American origin characterised by improvisation, syncopation, and a regular rhythm, which typically played on brass and woodwind instruments.



Benjamin  
Theodore - 8C

The beauty of jazz, is that it reproduces, amplifies and alters the sounds produced time after time, in ways that speak directly to the heart and ears of the listener as no other music does. What is unique to jazz is the way these elements are combined to produce the sound of jazz. One thing that most jazz musicians and writers agree on is that jazz "swings", by which is not meant the "swing" style of the 1930s and 1940s, but something that jazz has but cannot be adequately described. Famous jazz composers are Louis Armstrong, Herbie Hancock, Ray Brown, etc. This is why, in my view, jazz is able to touch each person so deeply and immediately. When I hear jazz played, the notes played and sounds produced not only tells me about the skill and beauty of the individual or individuals playing, but I hear and feel the history out of which they have emerged, the experience of people's live.

"Jazz is something you have to feel, something you have to live." - Ray Brown



## MATT STEFFANINA

Executive producer of dance tutorials live who serves as a choreographer, teacher, and dancer on his two enormously popular YouTube channels Matt Steffanina and Dande

tutorials live. He began to teach himself how to dance when he was 18 years old. The first YouTube video he uploaded was

a dancing performance at the paramount theatre that he choreographed. He has worked with top artists such as snoop Dogg, Chris brown, LMFAD. He grew up in Virginia and moved to Los Angeles in

2010. A couple of his most viewed dance tutorials on YouTube are choreographed to Jaison Derulo songs.



ERICA GRETTEL - 8C

# BEST STUDENTS - FEBRUARY



AFROZ SHAIKH  
- 12 J



AYUSH KUMAR  
- 12K



MELITA STEPHANIE  
FERNANDES - 12L



JOHN HARSHITH K.  
- 10A



SHRUTHI UDAY MENON  
- 10B



SYED YASIR  
- 10C



MUBARAKA  
- 10E



MAMIDI MANASA  
- 10F



RACHEAL PINHO  
- 8A



MUSKAN NISAR  
- 8B



MIRELLE VICTORIA  
- 8C



GAYATHRI PREM  
- 8D



AERYN MARY ANIL  
- 7A



JOSHUA SHAJAN  
- 7B



LINO GEORGE  
- 7C



KASHVI ALPESH  
- 7D



HARSIMAR KAUR  
- 7E



BHUMI ALPESH  
KUMAR - 7F



KHADIJA KHALID  
- 6A

## DID YOU KNOW?

- The Bible is still the bestselling book in the world available in 2454 languages
- New born babies can only see in black and white for few months
- Mosquitoes prefer blood type O more than any other
- The right ear is better at hearing speech and the left ear is better at hearing music.
- When a person dies they have 7 minutes of brain activity left. It's the mind playing back the person's memories
- The smallest bone in the human body is found in the human ear
- Venus is the only planet that rotates clockwise
- An adult's tongue has about 10,000 taste buds while babies have about 19,000 taste bud
- Astronauts on the International Space Station witness around 15 sunrises and 15 sunsets every day.
- 2520 is the smallest number that can be exactly divided by all the numbers from 1 to 10.
- The bigger the animals brain, the longer it will yawn.
- Every week, London underground escalators travel the equivalent of twice around the world.
- In rich countries, obesity is ore common among the less educated, but in poor countries obesity is more common among highly educated people.



ALISHA MARY ALEX  
9 C

## FRIENDS

A true friend is a best friend,  
A best friend keeps the secret  
of a friend.  
A friend in need  
Is a friend in deed.



CHRISTINE SHINE  
- 9A

She is so cute,  
She is so fair.  
She is so loving,  
She is so caring.

She plays with me,  
She walks with me.  
She eats with me,  
She travels with me.

I like her  
She likes me  
We share everything  
She is my best friend.

## GOODWILL AMBASSADORS



CAROLIN FERNANDEZ  
- 8A



HUSSAIN IMTIAZ  
- 10E



ABISHAH  
- 12J



## Sheikh Sabah Ahmad Al-Jaber Al-Sabah: The greatest leaders of all time

Sabah was honored by the United Nations Organization on September 9, 2014 and named leader of humanitarian work.[2]. On March 2017, he has been awarded the Honorary Doctorate from Kuwait University for his humanitarian and global role. [3]

Al-Sabah was born on 16 June 1929.[4] He received primary education at Al Mubarakya School during the 1930s and then completed his education under tutors. He is the half-brother of the previous Emir of Kuwait, Sheikh Jaber Al-Ahmad Al-Sabah, who appointed Sabah as Prime Minister in July 2003, replacing the Crown Prince of Kuwait, Sheikh Saad Al-Salem Al-Sabah. He had previously been Foreign Minister for 40 years, from 1963 to 2003, making him one of the longest-

serving foreign ministers in the world.

Sabah was a pillar in the restoring the country after the Iraqi Invasion. He was also First Deputy Prime Minister while serving as Foreign Minister.[6]



SYED ATIF ASHRAF  
- 8C

The ruling family then chose Sheikh Sabah as the new Emir of Kuwait. On 24 January 2006, Kuwait's parliament voted Emir Saad out of office, moments before an official letter of abdication was received.[10] The Kuwaiti Cabinet nominated Al-Sabah to take over as emir. He was sworn in on 29 January 2006 with the National Assembly's approval.

Sheikh Sabah Ahmad Al-Jaber Al-Sabah (born on 16 June 1929)[1] is the 15th Ruler and 5th Emir of Kuwait and the Commander of the Kuwait Military Forces. He was sworn in on 29 January 2006 after confirmation by the National Assembly. He is the fourth son of Sheikh Ahmad Al-Jaber Al-Sabah. His Highness the Amir of the State of Kuwait Sheikh Sabah Al-Ahmad Al-Jaber Al-

## THE BEAUTY OF BEING DIFFERENT



One of the things that has been the hardest for me to grasp is how I create my own reality in every moment of every day. I get that each choice I make has a profound effect on my life, with ripples on down the road and outward into the rest of the Universe. And I understand that all of my reactions to what happens in my life are all my responsibility and they largely determine whether I am enjoying my life or feeling unhappy about it. But when it comes to accepting my power to be in charge of how my life works out, that is, within the parameters of earthly existence, then I find myself balking a bit. There is something in me that resists that power and responsibility. And the thing that seems to be blocking me the most is accepting all of who I am. I don't think that I'm all that different from most people in this. When I look around I see most people struggling to compensate for things that they are ashamed of, or find too difficult to face outright. It seems like we should be able to take up our power without having to go through all the nasty stuff that we've been avoiding for most of our lives. But it doesn't seem to be possible; we seem to have to learn to be okay with who we are if we want to really become the powerful beings we

were born to be. Some of the most troubling of this stuff are the ways that we are different from what we perceive as "normal."

When we are struggling to understand and feel all our energies, for example, then to see that we are dealing with energies and feelings that don't seem to be just like other people's is very confusing and disturbing. It then becomes easy to point out the differences in those around us. When we criticize the behavior or characteristics of other people, it seems to make us feel a little better about our own differences. But we often forget that when we are not okay with those who are different, then we lose the safety of being different ourselves. How can it be safe for us to be who we are if it isn't safe for anyone else to be immune to criticism or ridicule? So it becomes imperative that we be accepting of others in order to find the safety to be ourselves. It isn't even a matter of being tolerant of others' differences. That only means we're holding our noses until they pass. If we really want to fully accept who we are, and thus enjoy all the wonderful feelings of being whole, then we have to accept the reflections of ourselves that we see in others. So, in order to be powerful, not only do I have to accept myself, I have to accept everyone else.

Wow! This is becoming a much more complicated enterprise than just a simple effort to be more powerful. But it is in this moment of self-acceptance that I can consciously and fully create my own reality, knowing that everyone else is doing the same. Now I know that not everyone will be doing it consciously. In fact, quite the opposite seems to be true. Just the

same, the key to being effective in creating our own reality seems to be in first recognizing our own uniqueness and individuality. By seeing that no other being has our special perspective on life, that no one else has exactly the same experiences that we do, and that no one else creates the same meanings and rules we do, we then can be clear about our own reality and let the others create their own. To be different and to be comfortable in that perceived difference gives us the freedom to act from our core or our most authentic self. Without a sense that we are different and that that's a good thing, we can't trust the most subtle and profound messages coming from within. We don't have to measure what we are or what we desire by any other standard than our own sense of what works for us and what doesn't.

It's slowly becoming clear to me that becoming sufficiently powerful to accept my ability to create my own reality, consciously, isn't about drawing in that power, or even drawing it up. Just the opposite; it's about stopping all my efforts to restrict and block my power. I simply have to let go of all the ways I hold myself back with judgments and criticisms so that my natural power can express itself. By just being who I am, I release the most powerful version of myself that there can be. So I now make an effort to create my life from the perspective that this life of mine is like a painter's palette and canvas. I can do this anyway I choose, and my painting will be different from anyone else's. That's what makes it art.



ASHLY PHILIPPOSE  
8C



### Indian-American group marches in support of Trump's immigration policy:

At least 800 Indian-Americans participated in a march outside the White House on Saturday raising slogans in support of U.S. President Donald Trump's proposal

to implement a "merit-based" immigration system in the country and demanding discontinuation of country quotas for Green Card approvals. Indian applicants are at a disadvantage under the current approval system that limits the number of Green Cards issued to individual countries at 9,800, while more than 50,000 of them newly join the queue each year.



### Now, gold-standard coaches in trains 'patronised by poor':

The railways will now deliver gold-standard coaches, meant for Rajdhani and Shatabdi trains, to trains "patronised by the poorest of the poor", a note from a meeting of senior railway board

officials has said. The upgradation work will be done under the project Swarna, which was launched last year to refurbish railway coaches, but covered only the premium Rajdhani and Shatabdi trains. "Project Swarna will be extended to the second level of trains. While selecting the trains, the approach must not be elitist. The trains which are patronised by the poorest of the poor must also be identified," says the minutes from a meeting of senior railway board officials earlier this month. Under the project, the railways gave its zones a free hand to spend as much as ₹ 50 lakh per rake (set of coaches), which usually takes around ₹ 30-35 lakhs, to develop and create "aesthetic" and "passenger friendly" coach interiors, officials said.



### School students set to present social projects at U.N:

For the first time, a group of Indian students who have worked on grassroot-level social projects for creating jobs will present their proposals to international diplomats and policy-makers

from around the world at the U.N. headquarters. The programme is part of the "Future Leaders" initiative of 1M1B, an Indian not-for-profit organisation which seeks to train over the years one million young entrepreneurs for creating jobs for one billion people. After a six-month-long curriculum and fellowship programme, 1M1B selected 10 students from India who will be present at the United Nations Headquarters in New York on March 19. The top three students among them will make a presentation on their respective projects before a gathering of diplomats and representatives of the media, foundations and others.



### CBSE tweaks pass criteria for Class X:

The Central Board of Secondary Education has tweaked the passing criteria for Class X students writing their final board exams from March 5. A notification on Tuesday said the current batch, which has chosen five

main subjects, will be exempted from the mandatory separate pass criteria in subjects that have 20 marks for internal assessment and 80 marks for the board examination. "They need to secure an overall 33% (both taken together) to pass," the notification stated.



### Meet Avani, first Indian woman to fly a fighter aircraft solo:

Scripting history, Flying Officer Avani Chaturvedi has become the first Indian woman to fly a fighter aircraft solo, an IAF official said. "Chaturvedi became the first Indian woman to fly a fighter aircraft solo when she flew a MiG-21 Bison," the official said.

She undertook the sortie from IAF's Jamnagar base.



### Three women pilots -

Ms. Chaturvedi, Bhawana Kanth and Mohana Singh - had undergone strenuous training programme to fly fighter jets. They were commissioned as Flying Officers in July 2016, less than a year after the government decided to open

the fighter stream for women.



### Rustom-2 UAV successfully test-flown:

India's under-development Unmanned Aerial Vehicle Rustom-2 was successfully test-flown by the Defence Research and Development Organisation (DRDO). "This flight assumes significance because of the

fact that this is the first flight in user configuration with a higher power engine.



### World's largest glasshouse to reopen in May:

A gleaming monument to the ambition and creativity of its age, the world's largest Victorian glasshouse will once again welcome visitors to see some of the world's rarest plants following a lengthy facelift.

"Temperate House" in London's Kew Gardens is large enough to house three jumbo jets, and was home to around 1,000 species of plants from around the world before it was shut in 2013 after falling into a state of disrepair.



### New India needs women as equal partners in development:

Modi; Prime Minister Narendra Modi on Sunday, addressing the 41st edition of Mann Ki Baat, stressed the need to have women as equal partners in the development of

the country. "Today the country is moving forward from the path of women development to women-led development," he said in his radio address. The Prime Minister said a woman's power today underlined inner fortitude and self-confidence, which made her self-reliant.



### India offers support for reconstruction of Iraq:

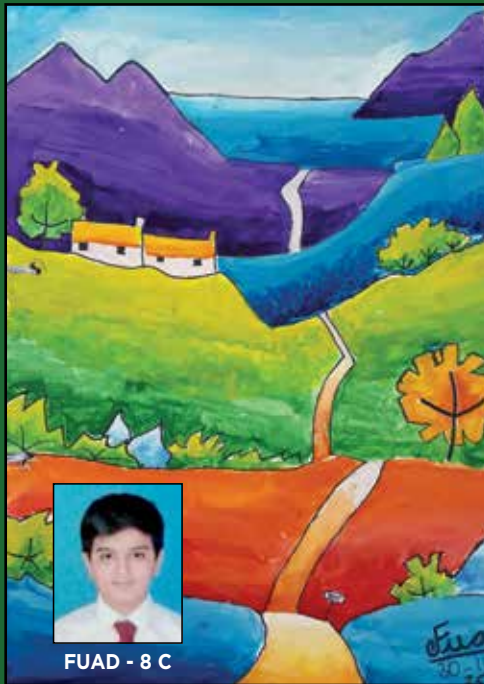
India has called for a comprehensive political settlement and reconciliation in Iraq at the International Conference for Reconstruction of Iraq in Kuwait, where major world powers are meeting to chalk

out a plan of recovery for the country.

# Art Gallery



ANAGHA V.S  
- 7 B



FUAD - 8 C



CHRISTINA VIHI - 7 E



CHARMAINE - 9 A



REUBEN RENJI - 8 C



SAMAH RAHIMAN - 12 F



## WORDLE OF THE MONTH

A wordle is a visual depiction of the words contained in a piece of text, as exemplified within the citation above. Generated by a web-based tool of the same name, a wordle is created by manipulating the words of an input text and arranging them into a kind of graphic. This month we've chosen the word "Engaging".

Student Name: .....

Class : ..... Section: ..... Roll No.: .....

Serial No.



## ACKNOWLEDGEMENT

I, the parent of ..... studying in class ..... section ..... hereby, acknowledge the receipt of the March, 2018 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: ..... Date: .....

Name: .....

# EPICTIONARY

1. Youthquake - is defined as 'a significant cultural, political, or social change arising from the actions or influence of young people'.

"Youthquake behind Labour elections surge divides generations."

2. Photobomb - To move into the frame of a photograph as it is being taken as a joke or prank.

I can't believe that almost all of our wedding photos were photobombed by a crazy pigeon.

3. Facepalm - To cover one's face with the hand as an expression of embarrassment, dismay, or exasperation.

Found primarily in real-time text communication on the Internet, often involving image macros or ASCII art of someone facepalming.

4. Commodify- to treat or consider something as a commodity (= a product that can be bought and sold):

An attempt to commodify the world's fresh water

## Say **NO** to Drugs!

Few people deny the dangers of drug use, while many teens are curious about drugs. They should stay away from drugs because drugs affect our health, lead to academic failure, and jeopardizes safety.

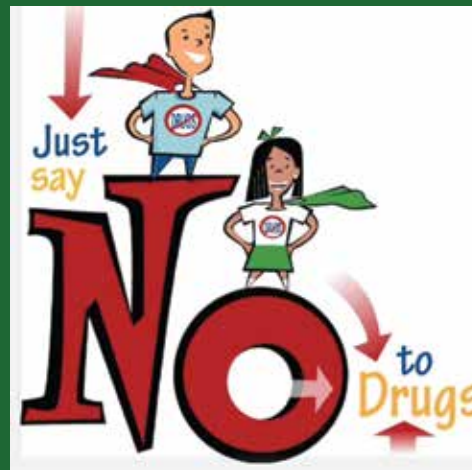


ZOYA KELKAR - 8B

Drugs are used from a long period of time in many countries. The concentration of drugs has increased from late 1960's and 1970's. Drugs can quickly takeover our lives. Friends and acquaintance have the greatest influence of using drugs during adolescence.

Drugs are chemicals that change the way a person's body or mind works. Drugs are not good for health as they have many side effects and damage our brain, heart and other important organs. Drug is a depressant that slows down the functions of the central nervous system

Young people use drugs because of curiosity, peer pressure, boredom, finance problem and for pleasure. The person's behaviors tend to self-destructive activities and are often harder to think clearly and make good decisions. Whatever be the reason, it is essential to understand that drug abuse only aggravates the problems rather than solving them. It is thus wise to stay away from it. Those who have already fallen prey to this problem can seek expert guidance to overcome it. Proper medication, support from loved ones and strong will power can take one out of the dark world of drug abuse. The treatment for drug Just say



## BEST CLASSES - FEBRUARY

### Secondary



FIRST - 8C



SECOND - 7C



THIRD - 7E

### FOUR STEPS TO ACHIEVEMENT :

**PLAN  
PURPOSEFULLY,  
PREPARE  
PRAYERFULLY,  
PROCEED  
POSITIVELY,  
PURSUE  
PERSISTENTLY.**

WILLIAM A. WARD



## Forthcoming Events

- New Session of NIOS : X & XII
- Declaration of Result KG - XII
- Award of Excellence
- Class XI entrance text.
- Class XI orientation
- Result Declaration For Classes 6, 7 and 8



**THE INDIAN  
COMMUNITY SCHOOL  
KUWAIT**

#### The Indian Community School (Senior) Salmiya

Tel: 25629583, 25659126, 25613260, 25623370  
Fax No: 25652308  
Website: www.icsk-kw.com  
Email: senior@icsk-kw.com

#### The Indian Community School Khaitan

Tel: 24717193, Fax No: 24717192  
Website: www.icsk-kw.com  
Email: khaitan@icsk-kw.com

#### The Indian Community School (Junior) Salmiya

Tel: 25613344, Fax No: 25652308  
Website: www.icsk-kw.com  
Email: junior@icsk-kw.com

#### The Indian Community School Amman St.

Tel: 25624405 / 25624397 Fax No: 25624318  
Website: www.icsk-kw.com  
Email: amman@icsk-kw.com