



# EPICS



MONTHLY MAGAZINE  
**THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT**

**E** EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

**JANUARY 2017**



## PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the first edition of Epics of 2017. First let me Wish You a Happy and Prosperous new year 2017. In this new year, let's think How

can we cope up with the Negatives

*"If you don't like something, change it. If you can't change it, change the way you think about it."*

You may interact with negative people daily, may be friends, family members, or neighbors. How will you create positivity from a negative environment? The best way of dealing with life's challenges is to take a good look at ourselves and take responsibility for what we think, feel and do.

### 1. Give up the need to complain

Make sure you are taking responsibility for your feelings and mood. Don't go complaining that other people's negativity is affecting you, because it will only create more negativity. Take responsibility for your thoughts and feelings and see what you can do to make yourself feel better and change the existing situation.

### 2. Similarity Attracts

Good brings about good, bad brings about bad, and whether we want to or not, we pull into our lives events, situations and people that reflect our internal state. Ask yourself: "How am I feeling? Am I happy, or excited? You may find that you radiate misery to the environment and that part of the negative energy surrounding you is in fact a reflection of yourself.

### 3. Don't believe everything you think

This is definitely one of the hardest things to learn. Look

closely at the negative people in your life. What is it about them that gets you going? What affects you so much? Is what they are doing really that bad or is your brain playing games with you?. Remember, the brain is configured to look for trouble, and it focuses on other's negative qualities. It'll be very hard to get it to see the positive side of things, but it doesn't mean there isn't one.

### 4. Focus

Ask yourself: "Am I ready to find the good in these people? Am I able to see their good qualities?" Let the answers come naturally, and make sure you are being honest with yourself.

If you feel like you're insistent and won't change the way you are looking at people and situations, don't give yourself a hard time. This takes time and patience, and when you are ready, you'll take this step. Remember, we all have good in us.

### 5. Be part of the change you'd like to see

The world is no more than a reflection of who we are, deep inside. Try to go for a feeling of well-being, to live a positive life. We cannot change others, but only ourselves. This is the only way to change the world. Think of it this way: When you are happy, the world seems happy, and the sky is open and blue. When you are sad, the world seems sad as well, and the sky is grey and uncaring, leaving you alone to deal with your pain. Flow with life events, don't resist them, live in harmony and be the change you wish to see in the world. Always move forward with a positive mind. Let's go with good positive thoughts.

You are a dreamer, and you are an achiever.

May you dream and achieve bigger feats, with every passing year.

All the best for the new year 2017.

**02** EDITORS' NOTE

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## ICSK SENIOR STUDENTS UNLEASH CREATIVITY WITH ELAN THROUGH MANUSCRIPTS



Class magazines are useful because they have great educative value. They encourage the students to think, write and develop their imaginative skills and talent. They also ripen their power of thinking, strengthen their creativity and teach them the value of cooperation and encourage healthy competition. Every year, The Indian Community School (Senior), Kuwait, organizes a manuscript magazine competition for the different classes and magazines are made under the guidance of the class teacher with articles in various languages, drawings, cartoons, and paintings. This provides a forum for our budding poets, writers and artists for developing their creative talents. This academic year too there was a manuscript magazine competition for the classes of Secondary & Senior Secondary and the winners are :

1 <sup>st</sup> Prize 12C (Senior Secondary)	10C (Secondary)
2 <sup>nd</sup> Prize 11C (Senior Secondary)	9C (Secondary)
3 <sup>rd</sup> Prize 12A & 11I (Senior Secondary)	10A (Secondary)

# EDITORS' NOTE

Dear Children

Happiness depends upon your outlook on life - Find the good in all situations

Attitude is just as important as ability- Keep your attitude positive  
Passion, find yours this year! - Do what you love and you will never work  
Positive thoughts make everything easier- Stay focused and stay positive  
You are unique, with special gifts, use them - Never forget you have talent

New beginnings with a new year.  
Enthusiasm a true secret of success.  
Wishes, may they turn into goals.

Years go by too quickly, enjoy them- Wisdom from your elders, listen  
Energy may you have lots of it - Take care of yourself  
Appreciation of life, don't take it for granted - Live each day  
Relax take the time to relax in this coming year- Keep a balance in your life

A new year is a time to get your options clear and to make a significant decision to do what it is that makes you really happy. You must take each day as a new opportunity to keep moving towards what you want. Do not look at what will happen in a year but more what will you do each day to awake yourself to change, to move forward, to put into action knowing that each day wasted can never be found again.

A new year is often a time to commit to making changes in life for the better. It can be a time to get inspired, commit and make a new start. Making New Year resolutions has become passé. Yet, it remains a simple and effective way of bringing about change in at least some aspects of your life, be it at the personal level or whatever. The goal of our change oriented New Year resolutions isn't to just appear to be making progress; rather the goal is to improve. If there is no improvement, it is meaningless to change for the sake of change. Though your New Year resolutions are always paved with good intentions, sooner or later down the road, you could find yourself off the track. You can overcome this daunting experience if, at first, you set a small and attainable goals for the year instead of gigantic ones. Secondly, you focus constantly on what you will do, not on what you will not do. Thirdly, you ought to maintain an ongoing accountability, no matter what!

In the coming year my wish for you is that, you may find happiness, use your abilities to solve problems and challenges; hope, may you always have it, never lose it; goals, to keep you focus on your dreams; and success, by solving your problems, focusing on your goals, and always having hope, success will find you.

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**Mrs. Sicy Abraham**  
**Mrs. Priya Ashok Kurup**



# Student Editorial

Once again we find ourselves at the end of a year, eagerly awaiting the beginning of another. We all have a lot of expectations and apprehensions about the New Year but one thing is for sure; if it is going to be half as unpredictable as last year, we are in for a ride.



We might all have come up with a bunch of new resolutions. As the internet reminds us every year, "it is time to work on the resolutions you did not follow last year after making them the year before. It is not very easy to come up with realistic resolution. Resolutions are usually effective if they involve small daily tasks throughout the year. Like the 5 minute rule; if you have to do something and it can be done in less than 5 minutes, DO IT IMMEDIATELY. We can certainly observe the difference this makes in our day over time. A year has passed and left us with something. It has left us with more experience, more knowledge and inevitably more age. As we walk into a new year, we are certainly more ready than we have ever been to achieve whatever we have in mind or more importantly, to be happy.

HAPPY NEW YEAR!!!

**Mohammed Mishal**



The 365 page book titled "Opportunity" was enthusiastically opened by the students of class 11- G on 2nd January, 2017, on a divine note with the Islamic prayer and its translation, followed by the school prayer. The entire ICSK(Senior) fraternity bid farewell to 2016 and heartily applauded and welcomed 2017 as the New Year balloons were released by Dr.V.Binumon, Principal, ICSK(Senior) and Dr. Sam .T.Kuruville, Vice Principal, ICSK(Senior). A powerful speech, stressing on faith, positivity and optimism, lifted the spirits of the energetic audience. A New Year Pledge was delivered by the Vice Principal, where students resolved to transform themselves into academically and socially responsible human beings. The audience consisting of teachers and students were enthralled by a western musical extravaganza followed by a fast, rhythmic dance. The students of 11-G, accompanied by their class teacher and co-class teacher, gifted the Principal and Vice Principal with New Year greetings, floral bouquets and mementos as a token of their deep love, appreciation and gratitude. The much appreciated New Year assembly concluded on a motivational note by the Principal, inspiring and reminding the students to grab hold of all the golden opportunities that come their way in 2017.

# Christmas Celebration @ICSK Senior



The Indian Community School Kuwait (Senior) celebrated Christmas on 22nd December 2016. The festive spirit was witnessed among school staff and students. The students and staff of ICSK (Senior) celebrated Christmas by exhibiting their talent through songs and dance performances. The students enthralled the audience by enacting the scene of Nativity. They emphasized the importance of caring and sharing and spreading goodness all around. The children spread cheer with their smiles and lovely attire. Dr.Sam T. Kuruvila Vice Principal praised and appreciated the efforts of the students and teachers of class IX B & C.

The students and staff celebrated Christmas as much more than just a day for opening presents, but as a day for opening hearts to holiness and godliness and many students participated in carol singing. An English skit was also enacted highlighting the spirit of Christmas and the birth and sacrifice of Jesus Christ for the sake of humanity. Children performed enthralling dances adding to the festive atmosphere. Santa of ICSK (Senior) who was dressed in red and white clothes, carried bags full of goodies and distributed candies and gifts. Children also spoke about the true meaning of Christmas.

Dr.V Binumon the Principal, expressed his delight on seeing such enthusiasm in the children who brought the spirit of Christmas to life. He commented on the occasion that happiness lies in celebrating together as a family.

## Amazing Science FACTS

1. There is enough DNA in an average person's body to stretch from the sun to Pluto and back - 17 times
2. The average human body carries ten times more bacterial cells than human cells
3. Stomach acid is strong enough to dissolve razor blades
4. At over 2000 kilometers long, The Great Barrier Reef is the largest living structure on Earth
5. A teaspoonful of neutron star would weigh 10 billion tons
6. The average person walks the equivalent of 2.5 times around the world in a lifetime
7. 20% of Earth's oxygen is produced by the Amazon rainforest
8. An individual blood cell takes about 60 seconds to make a complete circuit of the body
9. The Eiffel Tower can be 15 cm taller during the summer
10. Water can boil and freeze at the same time



RAKSHITA - IX A



# NEW YEAR

New Year is the time at which a new calendar year begins and the calendar's year count increments by one.

Many cultures celebrate the event in some manner and the 1st day of January is often marked as a national holiday.

In the Gregorian calendar, the most widely used calendar system today, New Year occurs on 1 January (New Year's Day). This was also the case both in the old Roman calendar (at least after about 713 BCE) and in the Julian calendar that succeeded it.

Other calendars have been used historically in different parts of the world; some calendars count years numerically, while others do not.

During the Middle Ages in western Europe, while the Julian calendar was still in use, authorities moved New Year's Day variously, depending upon locale, to one of several other days, among them: 1 March, 25 March, Easter, 1 September, and 25 December. Beginning in 1582, the adoptions of the Gregorian calendar and changes to the Old Style and New Style dates meant the various local dates for New Year's Day changed to using one fixed date, January 1.

The widespread official adoption of the Gregorian calendar and marking January 1 as the beginning of a new year is almost global. (The 2014 New Year celebrations held in Dubai broke the world record for the most fireworks set off in a single display,[2] lasted for six minutes and used over 500,000 fireworks.)

Regional or local use of other calendars continue, along with the cultural and religious practices that accompany them. In Latin America, various native cultures continue the observation of traditions according to their own calendars. Israel, China, India and other countries, continue to celebrate New Year on different dates.

## A PREMONITION

Death, the inevitable point of life.  
I close my eyes, a bright line shines.  
And feel the heart of the hell beneath.  
Heaven or hell its the fight after life.  
Following the light to an unknown destination  
A huge gate before me – of pure perfection.  
Desolate of its guardians, the gate opens smooth.  
I take a step ahead, unsure of what I'll face.  
Encrusted with gems, a road of gold.  
Suddenly I fall, deep into the ground.  
Blood.....blood was everywhere –  
Being dragged into inferno.....I scream!  
I feel, yet open my eyes  
Then I realize that it was just a dream.



STEPHEN - XII-D

# FOOD ADULTERATION

For good health we must have good food. By good food we mean nutritionally balanced, wholesome and safe food. Adulteration in food products is a part of under nutrition. Adulteration leads to loss of nutrition's in food products and sometimes may prove very harmful for the body. Moreover the consumer is cheated not only for his money by adulteration but also in quantity and quality as well.

## WHAT IS ADULTERATION???

Adulteration is caused due to ignorance, negligence or lack of proper facilities. To check food adulteration, Govt. of India had introduced Prevention of Food Adulteration Act (PFA) in 1954. The Act has lay down science based standards for articles of food and regulates their manufacture, storage, distribution and import to ensure availability of safe and wholesome food for human consumption and for matter and incidents connected therewith.

## The following foodstuffs should be deemed to be adulterated:

- If it is not of nature, substance, and quality which it ought to be.
- If it contains cheaper or inferior ingredients incidentally or intentionally.
- If it has been prepared, packed or kept under unsanitary conditions.
- If it is infected with insects, worms etc.
- If it contain poisonous ingredients which are injurious to health. And so on...

## Common Adulterants Presents in Food Products:

- a) Cereals and Pulses – stones, grit, mud balls, insects, kesari dal, metanil yellow, argot seeds, iron fillings in suji etc.
- b) Milk and Milk Products – water, starch, vanaspati, coconut, groundnut, mahua, etc, oil in ghee, and so on.
- c) Fats and Oils- oils with foul odour, animal fats, mineral oils, groundnut oils, mahua oil, etc.

- d) Spices and Condiments – brick powder or colored saw dust is used in spices, papaya seeds with black pepper, Asafoetida, salt with stone dust etc.
- e) Sugar, Jaggery and Honey - chalk powder, poisonous substances like saccharine or cyclamate dulsine, mud, sugar syrup in honey etc.



AYSHA SHAIKH  
- 12 G

## EFFECTS OF SOME ADULTERATIONS PRESENT IN FOOD:-

- KESARI DAL - it can cause Lathyrism (form of crippling and paralysis of both lower limbs) Argemone seeds -in this disease liver is enlarged, eyesight is lost because of glaucoma, and it may be even fatal for the person.
- METANIL YELLOW – Cancer, Abnormalities in skin, eyes, lungs and bones, Anemia etc.

## Precautions against Food Adulteration:-

- One should be aware of the rates prevalent in different markets.
- Buy commodities from the familiar shops and cooperative shops.
- Buy reliable brands of food with standard marks like ISI, Agmark, and FPO.
- Buy foods with packed and sealed form. Etc.

## Duties of a Citizen:-

- Give lawful assistance to food inspectors in drawing of adulterated food samples.
- Be ready to act as a witness and to give evidence in court in such cases.
- Offer full cooperation and help in campaign against food adulteration.
- Consumers should be aware of weighs and measures at the time of purchase.

# DAB?



According to Wikipedia, "The dab is a dance move in which the dancer simultaneously drops the head while raising an arm and the elbow in a gesture that has been noted to resemble sneezing." But of course, it is much more than that.

In early 2016, Jesse Lingard and Paul Pogba popularised it among much of Europe and the football loving community when they started 'dabbing' after scoring. Now children everywhere are dabbing - including Cristiano Ronaldo's son, as he congratulated his dad on winning a fourth career Ballon d'Or award The dab though, has been around for longer and quite unsurprisingly happens to be an import from the United States.

"The Dab" is generally believed to have originated from Atlanta, Georgia's hip-hop scene sometime during the first half of 2015, the question of who invented the dance move remains in dispute among several Atlanta-based hip hop artists and collectives, many of whom are affiliated with the record label Quality Control Music, including Migos, OG Maco, Skippa Da Flippa and Rich The Kid. According to Migos' member Quavo, the dance has been gaining traction in Atlanta's local hip-hop scene since as early as 2013. When asked about the origin of the word, all Quavo had to say was "It wasn't even called dab. We didn't even know it was called dab. Y'all just called it the dab."



MOHAMMED MISHAL  
- XI A

Nevertheless, dabbing caught on from hip hop artists to professional athletes to teenagers, youngsters and even politicians. On January 11 2016, Hillary Clinton 'dabbed' on national television to much criticism, clearly wishing to gain traction among the younger, more 'lit' sections of the population. It is difficult to put our finger on how and why this very simple move gained so much traction and popularity. What is not difficult to do, though, is dropping your head while raising your arm and elbow. Again ;and again; and again.

# BEST STUDENTS - DECEMBER



LEON JEREMIAH  
JOANES - 12A



MUHAMMED BASIL  
HABEEB - 12B



MEGHA MARIA  
AKASH - 12C



JOAN SURESH  
PETER - 12D



SIMRAN CHABBA  
- 12E



EARLENE CHRISSAN  
- 12F



DAVID MATHEW  
- 12G



ANJALI SANTHA  
KUMAR - 12J



ASHIN BABU  
- 12K



MIRIA JOHNSON  
- 11A



ANGELA ANN ALEX  
- 11B



MOHAMMED SUHAIB  
ALI UBAID - 11C



ADON ANTONY  
KIRIYANTHAN - 11D



RHEA JOSE  
WARTIKA - 11E



AADIL MUHAMMED  
BASHEER - 11F



VILEENA ANN  
PUNNOOSE - 11G



ENRICA GABRIELLA  
D'SOUZA - 11H



ZOHRA ASIF KHAN  
- 11I



RUQUAIYA MIRZA  
- 11J



ARJEET SINGH REKHI  
- 11K



FATHIMATHUL RAZA  
- 11L



BRENNAN C.  
FERNANDES - 10A



ZAYNEB MUSTUFA  
RAMPURWALA - 10B



LEANDER GEORGE  
- 10C



RENJIT KUMAR  
- 10E



ELBER ANTONIO  
LOURENDO - 10F



JOHANN LAJI PHILIP  
- 9A



JOEL ANTO  
- 9B



HUSSAIN MUSTAFA  
SHAFIQUE - 9C



SNEHA SUSAIN  
ABRAHAM - 8A



NIZZAR K.  
NAUSHAD - 8B



SANIYAH JAVED  
SURTI - 8C

## AIR POLLUTION IN DELHI

The air quality in Delhi since the past few weeks has deteriorated for the worst. The smog created by fireworks for the Diwali celebrations along with vehicle emissions, burning stubble etc. together contributed to an alarming rise of air pollution levels. The smog was so dense that the bright midday sun looked just like a glowing copper penny.

Around 3 million people worldwide each year lose their lives each year due to air pollution and about 20,000 people are estimated to succumb to the same in Delhi alone. Notorious particulate matters like black carbon, sulphate and nitrate mineral dust are responsible for the heart and lung problems, cardiac arrests, inflammation of the lungs, strokes and even cancer; and their concentration levels are now through the roof in Delhi's air. Another appalling fact is that Delhi is not solely responsible for its air, but the position of Delhi makes it more vulnerable to air pollution. Delhi, being a landlocked place doesn't have the privilege of clean air from the surroundings unlike other megacities like Mumbai, Chennai etc. and has to breathe the polluted air from its surrounding areas. Adding to this is the fact that Delhi is expanding beyond its critical point, both in terms of population and area, as its periphery is becoming dotted with factories and also being converted into residential areas.

Recently an Anglo-Indian collaborative team was set up to study the issue and throw light into its uncertain future. These scientists said that the problem was too big to be tackled and proper streamlined efforts supplemented by infrastructure and investments are a prerequisite for it. They also agreed that the only way to gain momentum for this movement is by changing the mentality of the people and that is what makes it the most difficult. Let us all hope for the best!



KARTHIKEYAN  
SURESH - XI C



January is the first month of the year in the Julian and Gregorian calendars and the first month to have the length of 31 days. The first day of the month is known as New Year's Day. It is, on average, the coldest month of the year within most of the Northern Hemisphere (where it is the second month of winter) and the warmest month of the year within most of the Southern Hemisphere (where it is the second month of summer). In the Southern hemisphere, January is the seasonal equivalent of July in the Northern hemisphere and vice versa. January (in Latin, Ianuarius) is named after the Latin word for door (ianua), since January is the door to the year. The month is conventionally thought of as being named after Janus, the god of beginnings and transitions in Roman mythology, but according to ancient Roman farmers' almanacs Juno was the tutelary deity of the month.

# Birthday Arcade - January



AKSHAY GOPAL  
11I - JAN 1



ALITA JANICE  
10B - JAN 2



ALMA TRISA SUNIL  
8A - JAN 2



BISMIYA BEGAM  
10F - JAN 2



TAHA ABDULAZIZ  
11I - JAN 2



TARANJIT SINGH  
11E - JAN 2



ABDUL MOHSIN M.  
11H - JAN 3



FANTAN LANY  
11C - JAN 3



SAHEER AHMED  
12A - JAN 3



MOHD. SANOSH  
12K - JAN 4



AHMED KADAVIL  
11C - JAN 5



ASHISH ASHOK  
11J - JAN 5



HUSAIN TAHER ALI  
12F - JAN 5



KUSHI PAWAR  
10F - JAN 5



NAKEEYA IDRIS  
12E - JAN 5



VRITIKA VIJAYLAL  
12A - JAN 5



ABBAS MURTAZA  
12A - JAN 6



ANIKAH ANNA A.  
11E - JAN 6



HUSSAIN BANDOOCK  
10C - JAN 6



HARNAM SINGH S.  
9B - JAN 7



MARIYAM  
11I - JAN 7



RONAK KISHORE  
9B - JAN 7



SAIFUDDIN ZAKIR  
11G - JAN 7



MIR ALAMDAR H.  
9B - JAN 8



SANDRA ELSA SAJI  
12A - JAN 8



ALBIN BENNY  
8B - JAN 9



CLEONA NATASHA  
9C - JAN 9



NADEENA P.  
11I - JAN 10



SHAGUFTA KHAN  
11L - JAN 10



SIDHRATH SURESH  
10A - JAN 10



ARLENE CANDIDA  
9A - JAN 12



ASTREL REBECCA  
11H - JAN 12



DEEPAK KUMAR  
9C - JAN 12



JEWELLA D'SILVA  
8C - JAN 12



NANDHAKRISHNAN  
10C - JAN 12



TINA TONY ALAPATT  
9A - JAN 12



KARTHIKEYAN S.  
11C - JAN 13



VEVAY CLEO B.  
10F - JAN 13



ZOHRA ASIF KHAN  
11I - JAN 13



EMAN HASHIM  
9A - JAN 14



GREGORIOUS A. V.  
8B - JAN 14



JAINIL KAMLESH  
10B - JAN 14



JANESSA FERNANDES  
11A - JAN 14



VINEETH ALEXANDER  
12A - JAN 14



ASHLY MARIAM  
11B - JAN 15



BRENNAN CRISTOVAM  
10A - JAN 15



IMAD FAISAL KASIM  
10A - JAN 15



JESSICA ANNAMALAI  
9A - JAN 15



YUSUF MOHIDDIN  
11L - JAN 15



BEHLAH  
10E - JAN 16



YUSRA AFZAL  
11H - JAN 16



DAVID THOMAS  
11C - JAN 17



DEVA PRIYA N.  
8A - JAN 17



MD. AWEES HUSSAIN  
10E - JAN 17



PARMVIR SINGH  
9B - JAN 17



ABEL G. ABRAHAM  
12B - JAN 18



ZAIYAAN KARDAME  
11B - JAN 18



DHANU ACHU MANOJ  
12G - JAN 19



JESLIN ANN JACOB  
9A - JAN 19



VALERI GONSALVES  
12K - JAN 19



MANI MAHADEVAN  
12D - JAN 20



AHMED HAMDAN M.  
11H - JAN 21



ALPHIYA MUFFZSAL  
12F - JAN 21



AISHA MOHAMMED  
11E - JAN 22



BURHANUDDIN ALI  
11K - JAN 22



FATEMA BURHAN  
9B - JAN 22



HADASSAH ANGEL  
12G - JAN 22



PASU PULETI HEMANT  
10E - JAN 22



AISWARYA S.  
9A - JAN 23



CRISTINA E. SHIBU  
9C - JAN 23



MOHAMMED IZHAN  
11D - JAN 23



RASHIDA  
9B - JAN 23



VIVEK PRASAD D.  
11B - JAN 23



AANSHUL DAUDKANE  
12J - JAN 24



BREANNE BANZE  
9C - JAN 24



MANAL AMIR K.  
11E - JAN 24



DIYA MARY VARGHESE  
11A - JAN 25



SHEJIN CHRISTO  
12G - JAN 25



ASHWIN D. PHILIPS  
8B - JAN 26



JOHN V. JOHN  
11C - JAN 26



SAKINA FAKHRUDDIN  
12E - JAN 26



ASHIFA SAYED F.  
12C - JAN 27



DHRUV SHARMA  
12C - JAN 27



KESIYA SARA KOSHY  
8B - JAN 27



ABDULLA SABBIR  
12F - JAN 28



MERLIN JOHN P.  
11F - JAN 28



NIKHIL JAYAKUMAR  
11F - JAN 28



PRATEEK ARORA  
11B - JAN 28



NAFEESA SUHAIL  
10C - JAN 29



MEHREEN SAYED  
10B - JAN 30



MOIZ POONAWALA 11H - JAN 30 SOJIN C SAIJU 11L - JAN 30 BURHANUDDIN K. 11G - JAN 31 SAKINA SOEB 12B - JAN 31



MR BABY THOMAS JAN 1 MR NINS - JAN 14 ELIZABETH PHILIP - JAN 15 MR ABDUL RASHEED - JAN 15 MR MANISH JAN 16 MRS. ANITHA MURALI JAN 26 MR YUSUF SHABBIR JAN 29

# SPARSH - INSTILLING THE ESSENCE OF BENEVOLENCE AT ICSK SENIOR



Values are guiding principles or standards of behaviour, which are regarded desirable, important and held in high esteem by a particular society in which a person lives. As a premier institution in Kuwait, The Indian Community School Senior aims at convincing and humanizing the magnitude of moral values among students in this postmodern technologically advanced world. Students must love their own values in life; to build a strong character as it will help them to lead their life as it should be lead. It is an inevitable factor for the fulfillment of life's purpose.

To initiate the feelings of empathy and to instill in the students the maxim "Try not to become a man of success, rather become a man of values", the school has initiated many activities. 'SPARSH' is an activity initiated by ICSK Senior to sensitize the students on the sufferings and undue discrimination around them. Through this activity, students are encouraged to visit, share, contribute and understand the sufferings of the people around. They visit old age homes, orphanages, schools for the disabled children, cancer centres etc as a part of this. They make cards and sing and dance with them so that they can spread smiles on their faces. They distribute food, toys and clothing so that they can lend a helping hand to the disadvantaged people of the society. Short video clippings on their visits are screened and appreciated at the school to encourage

participation by all. They also take up other socially relevant activities such as planting trees, elimination of plastics, cleanliness drive, conduct health education classes, take seminar on hygiene to villagers, take classes for street children etc. Group discussions and seminars were also conducted as a part of this.

Sparsh – the value based activity envisaged and pioneered by Dr. V. Binumon, the Principal Indian Community School, (Senior) Kuwait was successfully presented on the 4th of January 2017, amidst much enthusiasm and goodwill. The motive behind such a presentation was to inculcate strong values in the young students of Indian Community School. All the videos presented were original for its reference to the values which added to the quality of life. Every single video was exceptional in their depiction of the deepest involvement of the children in the activity chosen by them. The videos also deeply affected the children present as audience in such a way that many were moved beyond words.

Three months of summer vacation were utilized to complete this project. It was not merely to imbibe values but also tone up other skills like confidence measured body language, interactive skills, team co-operation and coordination which will enhance a child's personality.

Evaluated by experienced judges who are sensitive to the cause of humanitarianism, the video presentation ushered in a new era of value based education. The Judges Mrs. Ayesha Fhamy, Mrs.Aasia Baig and Mrs. Indira Radhakrishnan shared the views on upholding values there by resulting in the culmination of an exceptional endeavor of value based education. An initiative like this from ICSK has definitely helped the students evolve into better human beings with a mind set to "give rather than to receive".

In the Senior Secondary Level, Venessa Emilia Suares of class XII C secured the First position, the Second Position is shared by Abisha Abinesar of class XI A and Sneha Sridharan of class XI D. The Third Position is shared by Anikah Anna, Bertin Paul, Meril Susan, Thansiha Khatoon class XI E and Anamika Anil Kumar class XII B. In the Secondary Level, Alma Trisa Sunil of class VIII A bagged the First Position and the Second Position was shared by two groups Sonal Ghosh, Amreen Amanullah, Cleona Fernandes, Breanne Banze, Eman Hashimof class IX & Moses Kurien, Reshma Sarah Mathews, Rithika Raghupathy, Aleena Ann Daniel, Clifton George Daniel of class X A. Abhijit Satheesh of class X C & Fiona Francis Fernandes of class VIII B shared the Third Position.

# JOURNEY OF INDIAN REPUBLIC



63 years back, a salute of 21 guns and the unfurling of the Indian National flag by Dr. Rajendra Prasad heralded the historic birth of the Indian Republic on January 26, 1950; 894 days after our country became a dominion following withdrawal of British Rule. Since then, every year the day is celebrated with great pride and happiness all over the nation.

The transition of India from a British colony to a sovereign, secular, and democratic nation was indeed historical. It was a long journey of around two decades that started with the conceptualisation of the dream in 1930 to its actual realization in 1950. A look into the journey that led to the birth of Indian Republic will make our celebrations more meaningful.

## Lahore Session of the Indian National Congress

The seeds of a republican nation were sowed at the Lahore session of the Indian National

Congress at the midnight of 31st December 1929. The session was held under the presidency of Pt. Jawarhar Lal Nehru. Those present in the meeting took a pledge to mark January 26 as "Independence Day" in order to march towards realizing the dream of complete independence from the British. The Lahore Session paved way to the Civil Disobedience movement. It was decided that January 26, 1930 would be observed as the Purna Swaraj (complete Independence) Day. Many Indian political parties and Indian revolutionaries from all over the country united to observe the day with honour and pride.

## Indian Constituent Assembly Meetings

The Indian Constituent Assembly, which was constituted as a result of the negotiations between the Indian leaders and members of the British Cabinet Mission, had its first meeting on December 9, 1946. The Objective of the

Assembly was to give India a constitution, which would serve a lasting purpose and hence appointed a number of committees to thoroughly research the various aspects of the proposed constitution. The recommendations were discussed, debated and revised many times before the Indian Constitution was finalized and officially adopted three years later on November 26, 1949.

## Constitution came into force

Though India became a free nation on August 15, 1947, it enjoyed the true spirit of Independence on January 26, 1950 when the Constitution of India finally came into force. The Constitution gave the citizens of India the power to govern themselves by choosing their own government. Dr. Rajendra Prasad, took oath as the first President of India at the Durbar Hall in the Government House and this was followed by the Presidential drive along a five-mile route to the Irwin Stadium, where he unfurled the National Flag.

Ever since the historic day, January 26 is celebrated with festivities and patriotic fervor all around the country. The day owes its importance to the constitution of India that was adopted on this day. On this Republic Day, read what the great Constitution of India, that propounds liberal democracy, has in its store. Let's also feel proud in pronouncing what the Preamble to our Constitution (External website that opens in a new window) says.

Did you know? With 395 Articles and eight Schedules, the Indian Constitution is the largest written constitution in the world.

## JAPAN - The Land of the Rising Sun. Some Interesting Facts



- The crime rate in Japan is among the lowest in the world.
- It has the highest life expectancy in the world, and its literacy rate is almost 100%.

- Japan is the 10th largest country in terms of popularity, the 3rd largest economy by nominal GDP, 4th largest purchasing power in the world.
- Japan is the most vulnerable nation to earthquakes. Each year about 1500 earthquakes are recorded.
- Japanese cities are awarded more Michelin stars than the rest of the world combined.
- Japan has the longest reigning monarchy in the world.



KEVIN -12D



GEORGE -12D

- Globally, the country of Japan is the second-largest producer of automobiles.
- Approximately 73% of the country is forested, making it unsuitable for residential, agricultural or industrial purposes.

AND MANY MORE.....



# Awakening: Lessons of Life

## 'The Need to Win' – Ramifications of Competition in Modern Times



“When an archer is shooting for nothing  
He has all his skill.  
If he shoots for a brass buckle  
He is already nervous.  
If shoots for a prize of gold  
He goes blind  
He sees two targets  
He is out of his mind!

His skill has not changed.  
But the prize divides him.  
He cares.  
He thinks more of winning  
Than of shooting  
And the need to win  
Drains him of power.”  
~ ~ Chuang Tzu (300 - 400 B.C.)

Heard this two decades ago and that really put in perspective how one should build a craft, chase mastery and most importantly, it put my action-life on track. Excellence is achievable only when you keep all your powers and focus on the task at hand, don't distract yourself with possible outcome or end result.

Strangely, a false and distorted belief is cultivated in today's societies that you will not reach your full potential unless you are in competition. This is simply untrue. When

you win a competition, you tend to believe that you have reached the peak of your life. All you want to do is to perform better than others. The human potential gets distorted. You miss out on all the other possibilities.

But when you are not in competition, you will explore numerous other possibilities of what you could do and achieve. Actually, it is only when a human being lives extended periods of joyfulness or blissfulness that he will stretch himself to the limits and moves to fullest potential. But when he's in competition, he's in fear of failure. He merely out performs other competitors, only a little better than them. In the bargain, human genius is completely missing in the endeavor.

Today the human genius is being destroyed through the process of competition in all fields, education, art, singing, dancing, politics, sports or business! Competition creates a warped view about society that there can be only one winner and all others are losers! It's an awful and disastrous way of creating a society!

When in competition we put one thing or person above the others and the remaining below the topper, we are distorting the entire perspective or vision of life and existence! There begins the process of discrimination and notion of 'higher' and 'lower', 'graceful' and 'filthy', and the like. However, in reality, even a blade of grass or a creeper is as important as a huge mango tree. The geniuses of Einstein, Bill Gates, Tesla, Ramanujam, Tagore and all the others were not created in the environment of competition!

Modern psychology has truly discovered and proven to us how negative feelings, born out of competition, struggle, opposition and combat, literally kill us. Anxiety, fear, despair, anger, revenge, hopelessness, blame, shame, are stressors that produce a chemical, Cortisol that hastens aging as well as brain degeneration. Cortisol kills, literally. Irony of today's culture is that we have created or adopted structures and systems

that create destructive stressors which in turn reduce our wellbeing.

*Here we find a unique solution:*

**'Plunge into the heat of battle, and keep your heart at the lotus feet of the Lord.'**

Here Sri Krishna is saying, I think, that the battle of life is a game – we must play it with all our heart, but we must not be attached or tethered to the outcome. In a detached state, we can be ready and open to receive wellbeing, wealth or success. We can pursue affairs of life with total energy and passion, but if we cling to them, pursue them as something of immense importance, they are likely to elude us.

**Karmanye vadhikaraste Ma Phaleshu Kadachana,  
Ma Karmaphalaheturbhurma Te Sangostvakarmani**

~ ~ Bhagawat Gita, chapter 2, verse 47

You have the right to perform your actions,  
But you are not entitled to the fruits/ outcome of your actions.

Do not let the fruit/ outcome be the purpose of your actions, and Therefore, you won't be attached to not doing your duty.

Never to consider yourself to be the cause of the result or outcome of your activities.

**कर्म करना तो तुम्हारा अधिकार है, लेकिन उसके फल पर कभी नहीं।  
कर्म को फल की इच्छा से कभी मत करो, तथा तेरा कर्म ना करने में भी कोई आसक्ति न हो।**

When there is no tension and there is no upset, all the forces within you are unleashed. Now, you will understand what true joy is: what true enthusiasm is. Now you will understand what it means to plunge into life with heart and soul – with what we call passion. You will begin to use your unique talents and abilities in ways that might astound many. You evidently experience happiness, peace, balance and harmony every day and in everything you do! Then competition becomes irrelevant!

**QUOTE  
GARDEN**

1. Excellence is a continuous process and not an accident. - A. P. J. Abdul Kalam
2. A day without laughter is a day wasted. - Charlie Chaplin
3. The secret of getting ahead is getting started. - Mark twain
4. What we think we become. - Budda
5. Nobody can hurt me without my permission. - Mahatma Gandhi

# CAPTAINS & VICE CAPTAINS - JANUARY 2017

## CLASS 12J



NOEL GIJI JACOB SUHARSH SUJITH S.

## CLASS 12K



ELIZA KURIEN SHABBIR SHOYAB

## CLASS 11A



JOSHUA VETHA SAM ABBAS ALI AKBAR

## CLASS 11B



SACHCHIT SAJEEV HASAN HABIBULLA

## CLASS 11C



ANSON ANTHONY ALMAZ HABEEBUN

## CLASS 11D



MOHAMMED IZHAN SHUAIB ELYAS

## CLASS 11E



JANNADHUL RISWANA KESHAVARDHINI

## CLASS 11F



MERLIN JOHN P. MOHAMMED SHAHPURWALA

## CLASS 11G



NITYA KAPOOR KIM AMANDAW

## CLASS 11H



RENITA DSOUZA MUFADDAL LULAWALA

## CLASS 11I



MERLYN MARIA TAHA ABDULAZIZ

## CLASS 11J



BATUL JOHAR ALI AZRA AMANULLAH

## CLASS 11K



MUSTAFA YUSUF B. FATEMA ALI AHMED

## CLASS 11L



S. ABDUL HAMID SAIF MOHAMMED

## CLASS 10A



RUTH ANN MATHEW PELISHA AGIDA VAZ

## CLASS 10B



VARUN CHITTEZHATH MURTAZA SHAMOAN

## CLASS 10C



ABISHEK VENKATESAN NAWAL MOHAMED

## CLASS 10E



FAWAZ SHAMSUDEEN MOHAMMED MAFAS

## CLASS 10F



MOHAMMED IRSHAD KHUSHI DEEPAK

## CLASS 9A



ABBAS SAMAR FATIMA

## CLASS 9B



ALI RIYAZ WASTA PARMVIR SINGH

## CLASS 9C



AVINASH KUMAR SANDRA SHAJAN

## CLASS 8A



ALMA TRISA SUNIL LIDA MARYA GEORGE

## CLASS 8B



RILLA MAHIMA ASHWIN DAN P.

## CLASS 8C



ZAHRA MUFASIR JEFFIN ABRAHAM

## The 2<sup>nd</sup> & 3<sup>rd</sup> Prize winners of Manuscript Magazine Competition



XI C



IX C



XI I



XII A



X A

# Dadra and Nagar Haveli



Established : 11 August 1961  
 Capital : Silvassa  
 Area : 491 sq. km  
 Population : 342,853 [2011]  
 Languages : Hindi, Marathi [Official] Gujarati  
 Religions : Tribal worship, Hinduism, Christianity, Islam, Jainism

Dadra and Nagar Haveli (DNH in initials) is a union territory perched on the Western Ghats in western India. It consists of two separate geographical entities: Dadra, an enclave 1 km NW surrounded by Gujarat and Nagar Haveli landlocked between Gujarat and Maharashtra. This erstwhile Portuguese colony was included in the Indian Union only in 1961. Its capital city is Silvassa.



The recent history of Dadra and Nagar Haveli dates back to CE.13th century with the Rajput Kings, followed by Marathas and Portuguese. The Marathas signed a treaty with the Portuguese in 1779 by which, as a compensation for the loss of the warship Santana, the Marathas allowed the Portuguese to collect revenue from 72 villages of Dadra and Nagar Haveli. The actual possession of the territory took place in 1783. It was liberated in 1961 and formally merged Dadra and Nagar Haveli with the Republic of India.

Dadra and Nagar Haveli is in the middle of the undulating watershed of the Daman Ganga River, which flows through Nagar Haveli and later forms the short southern border of Dadra. The towns of Dadra and Silvassa lie on the north bank of the river. The Western Ghats range rises to the east, and the foothills of the range occupy the eastern

portion of the district. The Arabian Sea, to its west, can be reached only via Gujarat.

About 43% of DNH is under forest cover. With 40% reserved forests and protected forests constitute 2.45% of the total land area. DNH has two major forest types: tropical moist deciduous forest and tropical dry deciduous forest. The major produce is khairwood/khair and general timber. Teak, sandra, khair, mahara and sisam are the major tree species in the region. The rich biodiversity makes it a habitat for a variety of birds and animals attracts tourists and wildlife enthusiasts.



Agriculture is the basic economic activity of about 60% of the working population with 48% of the total geographical area (58,380 acres) under cultivation. The main food crops cultivated in this area are paddy (40% of the net sown area), ragi, small millets, jowar, sugarcane, tur, nagli and val. Vegetables like tomato, cauliflower, cabbage and brinjal and fruits like mango, chikoo, guava, coconut and banana are also grown. The local population is also involved in forestry and animal husbandry. 92.76% of the farmers belong to the weaker sections and 89.36% of them are tribal farmers. More than 2700 small and medium manufacturing units also provide employment to the locals.

There are 72 villages, mainly inhabited by

the various tribal communities like the Varly (Varlie), Kokana, Dhodia, Koli, Kathodi, Naika, Dubla and Kolgha. The tribal communities are locally known as adivasi (which means original inhabitant). Each community has its own culture, traditions and languages or dialects. None of these languages has written literature or script until today. The tribal communities consist of approximately 60% of the population of DNH. The most prominent are Dhodia (16.90%), Kokna (16.85%) and Varli (62.94%), with small groups of Koli, Kathodi, Naika and Dubla scattered across the territory, collectively representing 3.31% of the population. Dhodias and Dublas mainly populate the northern part, whereas Koknas and Varlis are found all over the Union Territory. They worship the primary deities of Dis (Sun) and Chand (Moon), and Narandev, Kanasari, Himai, Hirva, Veer, Rangtai and Vagdev. One prominent feature of this territory is that people from all over India form a part of non-tribal residents.

Dances and music of Dadra and Nagar Haveli, portray the indigenous traditions and cultures and the lifestyles of the inhabitants of Dadra and Nagar Haveli. Such dances are generally performed during different fairs and festivals of this region. Dried vegetables and fruits, clay, gourd, wood and leather and bamboo are some of the materials which are employed to create the musical instruments. Some of the dances prevalent here are Tarpa Dance Practiced by the Koli, Kokna and Varli tribes, Bhawada Dance with the masks is performed by Kokna tribals, Tur and Thali Dance by Dublas and Dhodis, Dhol Dance by the menfolk of Kokna and Varli tribes, Gheria Dance by Dubla tribesmen.

# CHARITY FUND

## BALANCE SHEET FOR THE MONTH OF DECEMBER 2016

INCOME (NOVEMBER)	KD	EXPENDITURE (DECEMBER)	KD
Balance c/f from November	4220.890	Mrs. Sreeja Kumari	150.000
		Mr.Mohammed Shaheed	150.000
		Mrs. Theresita Estrella	150.000
		Mrs. Anameti Ramelu	150.000
			600.000
Balance from November	3620.000		
Contribution from students (December )	313.255		
Contribution from French Department (Food Fest)	235.500		
Contribution from Staff (December)	65.000		
Balance in hand	4233.755		

## BIRTHDAY AND CHARITY FUND FOR DECEMBER 2016

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
XII A	-	-	-
XII B	-	-	-
XII C	-	-	-
XII D	-	-	-
XII E	-	1.500	1.500
XII F	-	3.500	3.500
XII G	-	-	-
XII J	-	9.350	9.350
XII K	-	1.680	1.680
XI A	-	31.220	31.220
XI B	-	15.720	15.720
XI C	-	13.190	13.190
XI D	-	11.600	11.600
XI E	2.000	26.100	28.100
XI F	-	8.645	8.645
XI G	2.000	10.030	12.030
XI H	10.000	1.770	11.770
XI I	-	6.180	6.180
XI J	0.500	2.600	3.100
XI K	-	4.505	4.505
XI L	1.000	4.500	5.500
X A	20.000	9.205	29.205
X B	10.000	10.390	20.390
X C	5.000	16.275	21.275
X E	-	3.490	3.490
X F	-	10.375	10.375
IX A	0.500	2.500	3.000
IX B	1.000	14.165	15.165
IX C	-	7.155	7.155
VIII A	1.000	8.300	9.300
VIII B	1.000	9.530	10.530
VIII C	-	15.780	15.780
Sub Total	54.000	259.255	
Total			313.255



**GOOD WILL  
AMBASSADORS**



**NEELANJANA BEHJU**  
11A (SENIOR SEC)



**AKHIL JOSE ANTHONY** - 10B (SEC)

# La Grande Fête Française 2017 at ICSK Senior



On 5th January 2017, the French Club members organized "The French Food Festival" - ("La Fête de la Gastronomie Française") along with a Garage Sale (Les Soldes). All the items were prepared exclusively by the students for this fete. It was organized with the sole purpose of donating the proceeds to charity.

The fête saw lip smacking French cuisine like Crêpes sucrées et salées, Mousse au chocolat, Croque Monsieur, Soupe d'ognion, Soupe du poulet, Gâteau au chocolat, Gâteau du Banane and the list goes on.... It was a feast to the eyes where hundreds of students gathered to buy the French food prepared by the students. There were more than seven

teams which participated in this food fiesta and it gave an opportunity for the students to showcase their culinary skills.

Les Soldes (garage sale) saw the sale of handmade cards, terracotta & quilled earrings, printed jute bags, portraits of famous personalities, French music CDs etc.

The planning for this event started one month back and more than 50 students worked hard in making this fête a resounding success. It is noteworthy that the students also got the opportunity to learn the secrets of business world by trading these goods. It also helped in their personality development and instilled in them a feeling of team spirit.



The aim of this fête was to create awareness among our children the necessity of helping the people in need. With the support of the Principal, parents and teachers, the French Festival was a grand success.

## CHARITY CONVENORS - JANUARY 2017



SHADMAAN KHAN  
- 12J



MUSTANSIR  
- 12K



ANISH KUVELKAR  
- 11A



TAHER ALI  
- 11B



AMMAR RAJ  
- 11C



SYED ALI RAZA  
BILGRAMI - 11D



SARAH ASAD  
RAZA - 11E



SYED SHAH ALI  
HUSSAIN - 11F



MERIN ANNS  
MATHEW - 11G



DONA AJAY - 11H



ARSHIDA ABDUL  
KADER - 11I



PANIWALA  
RUKKAIYA - 11J



NIHA ANN SAM  
- 11K



M.D. HASEENA  
- 11L



JAIMY ELSA  
JOSE - 10A



NAWAF IBRAHIM  
- 10B



EDMON PEREIRA  
- 10C



THEEKSHANA  
NILUPAL - 10E



MOHAMMED ALI  
- 10F



FAHMEEDA SYED  
ALI - 9A



ABIGAIL MARY  
YANG - 9B



VYSHNAV ANOOP  
KUMAR - 9C



HIBA HAMEED  
- 8A



CRISTY SAJJAN  
KOLLAKARAN - 8B



SUHAIB ABDUL  
SAMAD - 8C



**Nancy Pelosi re-elected House minority leader:** Ms. Pelosi (76), a Californian who has been in Congress for 30 years and led the party in the House for 14 of them, defeated Tim Ryan (43), a seven-term representative from the Youngstown area of northeastern Ohio in a 134-63 vote.



**Fidel Castro's ashes buried in Santiago de Cuba:** Cuba's former president Fidel Castro, one of the world's longest-serving and most iconic leaders, has died aged 90 and his ashes have been laid to rest in the Cuban city of Santiago, nine days after his death.



**Pakistan, China start direct rail and freight service:** China, Pakistan launch direct rail & sea freight service between Kunming and Karachi.



**Chinese firm starts building full-sized Titanic replica:** The 300-metre vessel being built by the shipbuilding company Wuchuan Group will be completed at the end of 2018 and will remain permanently docked as a tourist attraction in landlocked Sichuan province.



**Thai Crown Prince proclaimed new King** Vajiralongkorn, 64, accepted the throne of politically troubled nation following an invitation from the head of the National Legislative Assembly (NLA), becoming the 10th monarch of the Chakri dynasty that dates back to 1782.



**Japan PM Shinzo Abe make a historic visit to Pearl Harbour** Abe, visited the site of the surprise Japanese attack on December 7, 1941, that began World War II in the Pacific.



**Pakistan honours first Nobel laureate Abdus Salam, reversing years of neglect :** The office of Prime Minister Nawaz Sharif said it had given approval for the National Centre for Physics at the Quaid-i-Azam University in Islamabad, the capital, to be renamed after Salam.



**Bernard Cazeneuve replaces Manuel Valls as French PM :** French Interior Minister Bernard Cazeneuve was named the country's new Prime Minister after Manuel Valls resigned.



**Kofi Annan on a peace mission in Myanmar:** Kofi Annan, former Secretary-General of the UN and chairman of Myanmar's Advisory Commission on Rakhine State, where Rohingya Muslims were killed and displaced recently, expressed concern about the alleged human rights violations.



**World's highest bridge opens in China:** The Beipanjiang Bridge soars 565 metres (1,854 feet) above a river and connects the two mountainous provinces of Yunnan and Guizhou opened to traffic in China, connecting two provinces in the mountainous southwest and reducing travel times by as much as three-quarters.



**Graduating from refugee to Afghanistan's second female pilot:** From a childhood as a refugee, Captain Safia Ferozi fly a transport plane for Afghanistan's air force as the country's second female pilot, a sign of the efforts to bring more women into the armed forces.



**Mao's birthplace - the heartbeat of Red Tourism :** At the base of the abundantly green Mount Shaofeng, is Shaoshan village — the birthplace of Mao Zedong, where Red tourism thrives, channelling ideological fervour into a commercial success story.



**Rupert Murdoch expands TV empire :** Rupert Murdoch's 21st Century Fox sealed a \$14.8-billion cash deal to take control of pan-European pay-TV giant Sky and create a global entertainment titan.



**Author E.R. Braithwaite no more:** Guyanese author, educator and diplomat E.R. Braithwaite, who authored the bestseller To Sir, With Love has died at age 104.



**Bangladesh celebrates 1971 liberation war victory:** Bangladesh celebrated the 45th anniversary of its victory against Pakistan in the liberation war with India's support.



**China's 1st aircraft carrier carries out live-fire exercise :** The aircraft carrier, destroyers and frigates carried out exercises covering air interception, sea-based attacks and air-defense as well as reconnaissance, early warning and anti-missile systems.



**Russian ambassador to Turkey shot dead in Ankara :** The ambassador, Andrei Karlov, was several minutes into his speech at the embassy-sponsored exhibition in the capital, Ankara, when the gunman fired at him.



**Astronomer Vera Rubin passes away at 88 :** Vera Rubin, a pioneering astronomer who helped find powerful evidence of dark matter died at 88.



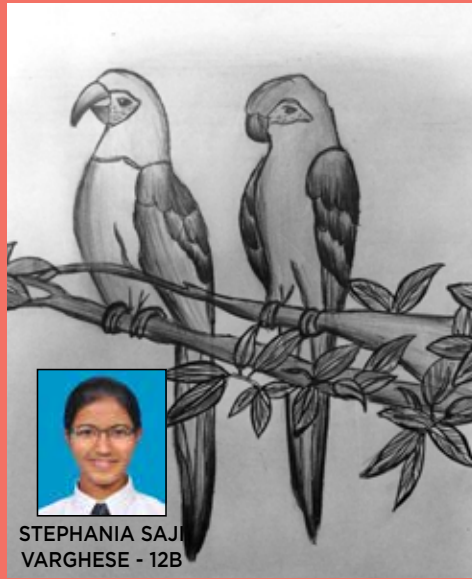
ANEEZ MOHAMMED  
KOOLIYATTAYIL-11C



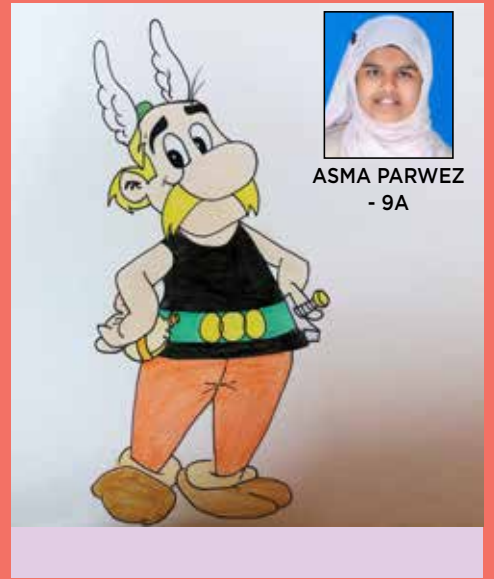
KHADIJA NISAR  
- 11E



RANJANA  
RAJENDRAN - 11A



STEPHANIA SAJI  
VARGHESE - 12B



ASMA PARWEZ  
- 9A

## EPICTIONARY

1. ABROGATE - Abrogate means to abolish or avoid.  
USAGE: Our city needs to abrogate outdated laws.

2. CANDOR - Candor usually means the quality of being open, honest, and sincere.  
USAGE: She was never quite sure how to respond to Martha's candor though the two continued to be best of friends.

3. MENDACIOUS - A mendacious person is one who tells lies habitually and intentionally.

USAGE: Always straightforward and honest, Rose couldn't be mendacious even if she wanted to.

4. PERNICIOUS - Pernicious means harmful and subtle.  
USAGE: The pernicious weed has spread all through the flower bed.

5. RIFE - Use the adjective rife to mean "full of" or "widespread," especially when you're talking about something negative.  
USAGE: Talking about Corruption is rife in India.

Student Name: .....

Class : ..... Section: ..... Roll No.: .....

Serial No.



## ACKNOWLEDGEMENT

I, the parent of ..... studying in class ..... section ..... hereby, acknowledge the receipt of the January, 2017 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: ..... Date: .....

Name: .....

## USHERING IN A NEW DAWN



**ALISTAIR DIAS**  
- 11 G



**MUNIRA SHABIR**  
- XI G

New Year brings with it a great change into our lives. It spells the magic of newness on us and every person welcomes it with utmost positive attitude. It is the time to recollect the memories that made us the strong person we are now. It lays a platform for us to thank and pay our gratitude to those who were there for us in every situation of life. It is the time to express our inner feelings to those we have a special place in our hearts. It is the time to start a new life with a new set of dreams and goals.

On the occasion of New Year, every person should need the inspiration to become the person they dream of. It is not possible to become the one we dream of unless and until we have the determination. In order to get the determination, we need to get the inspiration first. Inspiration comes in different ways. Sometimes people around us inspire us, sometimes the lives of people inspire us, sometimes the words and actions of people inspire us. The inspiration we get from others is the best thing that will drive us on the path of success.

May everyone gathered here have the inspiration to see great heights in life. We need inspiration in every moment of our life. With inspiration and faith, we can move mountains. Without it, we can never challenge ourselves and grow great. Don't think about the opportunities you have missed in the last year instead, just think that you have a whole New Year waiting for you in which you can cash and seize every opportunity that comes your way.

2017 has given us another chance to live our life in the best way possible, to set things right and to open a new chapter in our lives.

# BEST CLASSES DECEMBER 2016

### Senior



**FIRST - 11A**



**SECOND - 11E**



**THIRD - 11B**



**THIRD - 11G**

### Secondary



**FIRST - 8C**



**SECOND - 9B**



**THIRD - 10A**

### NEW MEMBER



**Karthik Ramesh - 11B**  
Epics Editorial



## Forth coming Events

- Award Ceremony for Classes X & XII – March 2016
- AISSCE Practical Exam for Class XII
- 2nd Model Exam for Class XII
- 2nd Semester Exam for Class XI
- AASHIRVAD- 2017



**THE INDIAN  
COMMUNITY SCHOOL  
KUWAIT**

#### The Indian Community School (Senior) Salmiya

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Fax No: 25652308  
Website: www.icsk-kw.com  
Email: senior@icsk-kw.com

#### The Indian Community School Khaitan

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Email: khaitan@icsk-kw.com

#### The Indian Community School (Junior) Salmiya

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Email: junior@icsk-kw.com

#### The Indian Community School Amman St.

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