



# THE INDIAN COMMUNITY SCHOOL KUWAIT



Tel: 25629583, 25659126, 25613260, 25623370 | Fax No: 25652308

Dear Parents,

The Indian Community School Senior is a top tier institution in Kuwait. In this techno savvy digital modern world, the school focuses upon imbibing and sensifying the intensity of morality and the values among the young generation. With the dictum “See with the eyes of another, listen with the ears of another and feel the heart of another”, the school tries to usher in the tenderness of empathy and courtesy in the students to build a sense of security and stronger relationships with other children and educators, positioning them well for learning. It encourages tolerance and acceptance of others. It promotes good mental health. ‘SPARSH’ is an activity launched by the school to sensitize the students on the sufferings and intemperate discrimination around them.

In this academic year also the school is conducting this activity. This year, it is a competition for students at the group and individual levels in the Secondary and the Senior Secondary categories. For this, they need to choose any one of the value based activities displayed in the class notice board or any other socially relevant activity of their choice which reflects the human values. Followed by which they should make a film/video capturing the essence of service. Once the candidate enters the competition with parental approval the school will give an authorization letter as a guarantee that your film is a part of the school’s value education.

## Rules & Regulations

1. The duration of the film should not exceed 4 minutes.
2. It should convey a social message and should reflect the human values.
3. The work presented should be original and will not be judged for its technical finesse.
4. The judges’ decision will be final.
5. The last date of entry is May 23<sup>rd</sup>..
6. The last date of submission of films/videos is September 4 (Wednesday).

The videos will be viewed and judged by a panel of judges and the best ten videos of each category will be selected and the contestants will be honoured.

We hope that an initiative like this from ICSK will definitely help the students evolve into better human beings with a mindset “to give rather than to receive”.

Link of the you tube video regarding SPARSH is given in the content page of the circular in the icloud kindly go through the video.

Dr.V.Binumon  
Principal

Date: 21.05.2019





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## SPARSH 2019-2020

### LIST OF ACTIVITIES THAT CAN BE TAKEN UP

1. Visit an orphanage and offer a meal.
2. Elimination of plastic. (Awareness programmes along with activities)
3. Clean or paint walls of a public place. (Community Hall or primary health centres)
4. Cleaning of waterbodies, keeping away pollutants and awareness on environment issues.
5. Visit old age homes and conduct some activities or entertainment programme for them.
6. Awareness of social rights and imparting a skill/knowledge to the underprivileged.
7. Separation of waste and creation of compost pit. (Awareness on recycling)
8. Conduct safety awareness programmes in orphanages.
9. Take seminar on hygiene to village children.
10. Visit special needs schools.
11. Cleanliness drive. (Social awareness and civic sense)
12. Visit anganvadi's and organize some programmes for small children.
13. Visit cancer centre.
14. Raising of core group for social activities-women & child abuse awareness.
15. Planting of trees and their care.
16. Visit mentally challenged people in asylums.
17. Help patients for treatment - financial aid.
18. Visit pain and palliative care centres and do some volunteer works.
19. Offer one day meal for medical college general ward.
20. Visit organization like CRY in village.
21. Arrange medical camp for village children.
22. Feeding bird
23. Visit street children and do some activities on them.
24. Conduct health education classes for village people.
25. Conduct a workshop on Rainwater harvesting
26. Conducting exhibitions displaying items made from waste (Wealth from Waste)
27. Street plays on Women security in India
28. Visit rehabilitation centers
29. Visit Juvenile homes
30. Perform street plays throwing light on "Female Infanticide"
31. Create online campaigns on "Social Issues"
32. Arrange a health awareness camp, focusing on the dangers of obesity.
33. To create awareness on organic vegetables - through Terrace gardens.
34. Conduct cultural programmes with donor tickets (Where money collected from entry passes goes to charity)

